

NAAC Criterion 2: Teaching Learning and Evaluation

2.5 Evaluation Process and Reforms

2.5.4: The Institution provides opportunities to students for midcourse improvement of performance through specific interventions.





PES Institute of Medical Sciences & Research

Kuppam- 517 425, Chittoor Dist., Andhra Pradesh

Tel: 08570 - 277999, 277799, 277666

Email: principal@pesimsr.pes.edu Web: www.pesimsr.pes.edu

Re-test and Answer sheets



PES INSTITUTE OF MEDICAL SCIENCE AND RESEARCH
DEPARTMENT OF PHYSIOLOGY
I MONTHLY TEST - I MBBS Date: 29.11.2023

Time: 4.00pm – 5.30pm

Total marks=50 M

LONG ESSAY:

1x15=15M

1. Define HEMOSTASIS. Write the steps of hemostasis. Explain both intrinsic and extrinsic mechanism of clotting in detail. Add a note on hemophilia. (1+2+10+2)

SHORT ESSAY:

7x5=35M

2. Explain the factors affecting erythropoiesis.

3. Define IMMUNITY. Classify immunity. Explain any one type of immunity in detail (1+1+3)

4. Define Action potential. Explain all the phases of action potential in detail with a neat labelled diagram.

5. Name the body fluid compartments. Write its normal values. Explain How to measure ECF ?

6. Name the types of neuroglia. Explain the functions of neuroglia with diagrams.

7. Write about intercellular connections with neat labelled diagram

8. A 3 month old baby presented with H/O of yellowish discolouration of skin since a few days after birth. O/E the baby has severe pallor and edema and shows decreased activity, his mother is Rh-negative blood type (1+3+1)

a. What is the likely diagnosis?

b. Discuss the pathophysiology of the disease

c. How can it be prevented?

PES Institute of Medical Sciences and Research
Department of Physiology
Monthly test-II

Date-28-02-24

Time: 4.00PM-5.30PM

Long Essay questions (1x15=15Marks) (draw diagrams wherever necessary)

1. Define Cardiac cycle & write its normal value. Describe the events of cardiac cycle with normal values. Describe the pressure volume changes of left ventricle in detail (2+8+5)

Short Essay questions (7x5=35Marks)

2. Describe the factors affecting Cardiac output.
3. Short term regulation of blood pressure
4. Describe Conducting system of heart
5. Cardiac arrhythmias
6. Explain Lead II ECG with a neat labeled diagram
7. Heart sounds
8. A 45 year old man met with an RTA & had severe bleeding. On examination he was restless, BP was 80/50mm Hg, HR was 120 /min, RR was 18 /pm. His skin was cold and clammy & he had thready pulse
 - a. What is the diagnosis? 1M
 - b. Describe the stages 2M
 - c. Describe the treatment for the above condition. 2M

PES Institute of Medical Sciences and Research
Department of Physiology
Monthly test-III

Date-28-03-24

Time: 4.00PM-5.30PM

Long Essay questions (1x15=15Marks) (draw diagrams wherever necessary)

1. Define Glomerular filtration rate & write its normal value. Describe the factors affecting GFR and how is it regulated. Add a note on measurement of GFR (3+5+4+3)

Short Essay questions (7x5=35Marks)

2. Special features of renal circulation
3. Explain the mechanism of HCl secretion
4. Deglutition reflex
5. Regulation of pancreatic secretion
6. Describe the digestion and absorption of fat
7. Types of small intestinal movements
8. A 40 year old business executive complained of severe epigastric pain since last 6 months which increased with intake of food. He had few episodes of vomiting with blood and of late his work is stressful due to which his meals are irregular.
 - a. What is the likely diagnosis? 1M
 - b. Describe the pathophysiology of the disease 2M
 - c. Describe the treatment for the above condition. 2M

PES Institute of Medical Sciences and Research
Department of Physiology
Monthly test-IV

Date-28-05-24

Time: 4.00PM-5.30PM

Long Essay questions (1x15=15Marks) (draw diagrams wherever necessary)

1. Define synapse. Classify synapse. Explain transmission of impulse with the help of diagram. Explain any four properties of synapse. (2+3+6+4)

Short Essay questions (7x5=35Marks)

2. Corticospinal tract
3. Muscle spindle
4. Pain pathway
5. Spermatogenesis
6. Hormonal regulation of menstrual cycle
7. Types of cutaneous receptors with diagram
8. Dorsal column pathway

PES Institute of Medical Sciences and Research, Kuppam

Department of Physiology Monthly test-1 Date-24-01-23, Time:2.15-3.45pm

Long Essay questions (1x15=15Marks)

1. Define Erythropoiesis. Explain the steps of Erythropoiesis with a neat labeled diagram. Add a note on factors and regulation of Erythropoiesis. (2+8+5marks)

Short Essays questions (5x7=35Marks)

2. Describe the functions of Plasma proteins. Add a note on Edema

3. Draw a neat labeled diagram of Cell. Add a note on Peroxisomes.

4. Explain the stages of Phagocytosis with diagram.

5. Name the Body Fluid Compartments. Describe the methods of measurement of ECF. Add a note on characteristics of ideal substance.

6. What is RMP. Explain the Ionic basis of Resting membrane potential.

7. Define Homeostasis. Explain the types of feedback mechanisms with examples.

8. Define Anaemia. Explain with diagram Morphological classification of Anaemia.

2

PES INSTITUTE OF MEDICAL SCIENCE AND RESEARCH
DEPARTMENT OF PHYSIOLOGY
First -MBBS /Monthly test/ March 2023
THEORY PAPER

Time: 1 hour and 30 Min
Maximum marks: 50

Draw diagrams wherever necessary

LONG ESSAY:

- 2X15marks=15marks**
1. A young female aged 24 Years presents with complaint of drooping of eyelid and double vision especially in the evenings, weakness in the jaw muscles, upper arms. Her symptoms become worse after climbing stairs.
- What is the probable diagnosis and give your reasoning(2)
 - How can you confirm your diagnosis(1)
 - Where is the location of the lesion? (1)
 - Explain the events that occur at the location with neat diagram (4+2)
 - Name the drugs/toxins that act on the location and describe their mechanism of action(3)
 - Name the drug that can help her condition(1)
 - Describe other diseases that occur here(1)

SHORT ESSAYS:

- 7X5 marks =35**
1. Explain lung pressure during breathing cycle with help of diagram
 2. Describe non-respiratory functions of lungs.
 4. Draw and explain the diagram of Sarcomere before and after muscle contraction.
 5. Explain the functions of platelets.
 6. Explain isometric and isotonic contraction with diagram and give example.
 7. What are divisions of autonomic nervous system? Briefly explain their functions
 8. Briefly explain enterohepatic circulation

PES INSTITUTE OF MEDICAL SCIENCE AND RESEARCH
DEPARTMENT OF PHYSIOLOGY
I-MBBS 2022-2023
THIRD MONTHLY TEST

Max marks: 40

Draw diagrams wherever necessary

Time: 1 hours and 30 Min

LONG ESSAYS:

1X15marks= 15marks

1. Explain transport of Oxygen in Blood. Draw and explain Oxygen Hemoglobin dissociation curve. What is the significance of the shape. What are the factors that affect it
(3+6+2+4)

SHORT ESSAYS:

5X5marks=25marks

2. Patient aged 45 year-old male comes with h/o breathlessness, cough and tightness of chest. On examinations rhonchi is heard bilaterally. The doctor requested spirometry to confirm diagnosis
 - a. What is your probable diagnosis? (1)
 - b. What Spirometry tests will help in this diagnosis(1)
 - c. What do you expect to find in the spirometry results? (2)
 - d. What is the principle behind the treatment?(1)
3. What is Acclimatization? Explain the changes that occur.(1+4)
4. Explain chemical regulation of respiration.(5)
5. What is CPR? When do you initiate CPR? Describe the steps of doing CPR in detail. (1+1+3)
6. What is Cyanosis? What is the cause of Cyanosis? Describe the types of Cyanosis. How do you assess Cyanosis by clinical examination?(1+1+2+1)

PES INSTITUTE OF MEDICAL SCIENCE AND RESEARCH
DEPARTMENT OF PHYSIOLOGY
IV MONTHLY TEST - I MBBS Date: 06.06.2023

Time: 4.00pm – 5.30pm

Total marks=50 M

LONG ESSAY:

1x15=15M

1. Define Cardiac cycle and name the events with the help of a diagram. Describe the volume and pressure changes in detail and its relationship to ECG and heart sounds (1+2+12)

SHORT ESSAY:

7x5=35M

2. Describe the salient features of coronary circulation.

3. Explain Frank-Starling law and how does it affect cardiac output?

4. Dysbarism (Decompression sickness)

5. Define Compliance and explain factors affecting it. Name two conditions in which it is altered and give reasons? (3+2)

6. Explain neural regulation of respiration with a diagram.

7. A 45 year old office assistant one morning as she woke up late, she panicked and jumped out of the bed. She felt lightheaded and thought she might faint. She felt her heart racing. On walking she noticed her light-headedness disappeared and the rest of the day was uneventful.

a) What is the above condition called? (1/2marks)

b) What are the sequence of events that caused this condition? (1 ½ marks)

c) Her light-headedness was transient because of a reflex. What is this reflex and explain it in detail? (3 marks)

8. Explain Triple response in detail.

PES INSTITUTE OF MEDICAL SCIENCE AND RESEARCH
DEPARTMENT OF PHYSIOLOGY
V MONTHLY TEST - I MBBS Date: 27.07.2023

Time: 4.00pm – 5.30pm

Total marks=50 M

LONG ESSAY:

1x15=15M

1. Define synapse. Classification of synapse. Explain the steps of transmission of synapse. Explain any four properties of synapse in detail? (1+2+4+8=15M)

SHORT ESSAY:

7x5=35M

2. Explain Dorsal column medial lemniscal pathway with a neat labelled diagram?
3. Physiological actions of Glucocorticoids
4. Addison's disease
5. Physiological actions of parathormone and add a note on tetany
6. Explain any six properties of Receptors
7. Describe the types of pain and pain pathway in detail? (10M)

PES INSTITUTE OF MEDICAL SCIENCE AND RESEARCH

2021 - 2022

DEPARTMENT OF PHYSIOLOGY

I MONTHLY TEST

Date: 26:05:2022

Time: 4:00 to 5:30pm

Max marks:50M

DRAW NEAT LABELLED DIAGRAMS WHEREVER NECESSARY

LONG ESSAY :

1X15=15M

1. Define Erythropoiesis. Explain steps of erythropoiesis in detail. Add a note on factors regulating erythropoiesis.

SHORT ESSAYS : WRITE IN BREIF

5X5=25M

2. Role of feedback mechanisms in Homeostasis
3. Active transport mechanism
4. Classify Anaemia based on etiology and morphology. Explain Pernicious anaemia.
5. Cell mediated immunity
6. Explain the genesis of RMP

SHORT ANSWERS : WRITE IN SHORT

5X2=10M

7. Apoptosis
8. Name the body fluid compartments and mention their normal values.
9. Functions of plasmaproteins
10. Steps involved in phagocytosis
11. Nerst equation

PES INSTITUTE OF MEDICAL SCIENCE AND RESEARCH

DEPARTMENT OF PHYSIOLOGY

II MONTHLY TEST

Date: 28.07.2022

Time: 4:00 to 5:30pm

Max marks:50M

DRAW NEAT LABELLED DIAGRAMS WHEREVER NECESSARY

LONG ESSAY :

1X15=15M

1. Describe the action potentials in heart? Explain the refractory period in a cardiac muscle and its importance.

SHORT ESSAYS : WRITE IN BREIF

5X5=25M

2. Define Hypoxia? Classify and explain the different types of Hypoxia.
3. Explain Conducting system of heart with a neat labelled diagram.
4. Compare and contrast Cardiac muscle and Skeletal muscle.
5. Define Acclimatization.Explain the changes during Acclimatization.
6. Explain Chemical regulation of Respiration.

SHORT ANSWERS : WRITE IN SHORT

5X2=10M

7. What is AV nodal delay?What is its clinical significance.
8. Draw a labelled diagram of ECG?
9. What is PR interval.What is its importance.
- 10.What is cyanosis?What are its types.
- 11.Give the normal value of total body water.Which substance is used to measure ECF.Give 2 properties of an ideal substance.

PES INSTITUTE OF MEDICAL SCIENCE AND RESEARCH

DEPARTMENT OF PHYSIOLOGY

III MONTHLY TEST

I MBBS August 2022

Date: 25.08.2022

Time: 4:00 to 5:30pm

Max marks:50M

DRAW NEAT LABELLED DIAGRAMS WHEREVER NECESSARY

LONG ESSAY :

1X15=15M

Define Cardiac cycle. Explain the pressure volume changes in the left ventricle with the help of a neat labelled diagram. Add a note on heart sounds.

SHORT ESSAYS:WRITE IN BRIEF

4X4=20M

1. Describe the factors affecting cardiac output?
2. Describe the short regulation of Blood pressure?
3. Describe the waves and intervals of typical ECG and its importance with the help of neat labelled diagram?
4. What are the phases of gastric secretion. Describe the mechanism of gastric HCL secretion in detail with diagram?

SHORT ANSWERS : WRITE IN SHORT

2X2=10M

1. Write four peculiarities of coronary circulation?
2. Describe the functions of Saliva?

VERY SHORT NOTE:

1X1=1M

1. What is stroke's Adam's syndrome?

PES INSTITUTE OF MEDICAL SCIENCE AND RESEARCH

DEPARTMENT OF PHYSIOLOGY

I MONTHLY TEST

Date: 02:03:2021

Time: 4:00 to 5:00 pm

Max marks:30

Short Notes

3x5=15

1. Describe the steps of Erythropoiesis
2. Define Action Potential, Explain nerve action potential its ionic basis.
3. Genesis of Resting Membrane Potential

Short answers

5x3=15

4. Define Simple Diffusion, Facilitated Diffusion Osmosis
5. Function of plasma proteins
6. Define Homeostasis, Name the control mechanism involved in Homeostasis
7. Define Rheobase, Chronaxie, Utilization Time
8. Neuroglia

PES INSTITUTE OF MEDICAL SCIENCE AND RESEARCH

DEPARTMENT OF PHYSIOLOGY

II MONTHLY TEST

Date: 30:03:2021

Time: 4:00 to 5:00 pm

Max marks: 30

LONG ESSAYS

2X10=20

1. List the clotting factors. Describe the intrinsic and extrinsic pathway of clotting. Add a note on anticoagulants.
2. Draw a labeled diagram of a sarcomere and sarcotubular system. Explain in detail the molecular basis of skeletal muscle contraction.

Short answers

5x2=10

3. Landsteiner's Law
4. Haemophilia
5. Gamma globulins
6. Motor unit
7. Starling's law of muscle contraction.

✓

PES INSTITUTE OF MEDICAL SCIENCE AND RESEARCH

DEPARTMENT OF PHYSIOLOGY

I MBBS 2020-2021 BATCH- MONTHLY TEST - III

Time: 4.00 - 5.30 PM

Date: 28.10.2021

Draw diagrams wherever necessary

LONG ESSAY

1X15=15

1. Name the functional divisions of cerebellum. Describe their connections and functions. Add a note on cerebellar lesion.

SHORT ESSAY (WRITE BRIEFLY ON)

7x5=35

2. Role of hypothalamus in the regulation of food intake.

3. Structure and functions of the muscle spindle.

4. Referred pain

5. Diseases involving Basal Ganglia

6. Non-rapid eye movement (NREM) sleep.

7. Explain a) types of Aphasia

b) Kluver - Bucy syndrome.

8. Differences between signs of UMN and LMN lesion

PES INSTITUTE OF MEDICAL SCIENCE AND RESEARCH

DEPARTMENT OF PHYSIOLOGY

IV MONTHLY TEST

Time: 4.00 - 5.30 PM

Date: 25.11.2021

LONG ESSAY

1x15-15M

1. Describe the biosynthesis, regulation of secretion and actions of thyroid hormone. Discuss the effects of hyposecretion of thyroid hormone.

SHORT ESSAY (Write briefly)

7X5=35M

2. Effects of hypersecretion of Growth hormone.
3. Actions of ADH
4. Mechanism of action of protein/peptide hormone
5. Actions of parath hormone
6. Cushing's syndrome
7. Neuro endocrine reflex
8. Regulation of secretion of aldosterone

PES INSTITUTE OF MEDICAL SCIENCE AND RESEARCH
DEPARTMENT OF PHYSIOLOGY
I MONTHLY TEST - I MBBS Date: 27/9/2019

Time: 4.00pm – 5.30pm

Total marks=50 M

LONG ESSAY:

1x15=15M

1. Define HEMOSTASIS. Write the steps of hemostasis. Explain both intrinsic and extrinsic mechanism of clotting in detail. Add a note on hemophilia. (1+2+10+2)

SHORT ESSAY:

7x5=35M

2. Explain the factors affecting erythropoiesis.
3. Define IMMUNITY. Classify immunity. Explain any one type of immunity in detail (1+1+3)
4. Define Action potential. Explain all the phases of action potential in detail with a neat labelled diagram.
5. Name the body fluid compartments. Write its normal values. Explain How to measure ECF ?
6. Name the types of neuroglia. Explain the functions of neuroglia with diagrams.
7. Write about intercellular connections with neat labelled diagram
8. A 3 month old baby presented with H/O of yellowish discolouration of skin since a few days after birth. O/E the baby has severe pallor and edema and shows decreased activity, his mother is Rh-negative blood type (1+3+1)
 - a. What is the likely diagnosis?
 - b. Discuss the pathophysiology of the disease
 - c. How can it be prevented?

PES Institute of Medical Sciences and Research
Department of Physiology
Monthly test-II

Date-01/11/2019

Time:

4.00PM-5.30PM

Long Essay questions (1x15=15Marks) (draw diagrams wherever necessary)

1. Define Cardiac cycle & write its normal value. Describe the events of cardiac cycle with normal values. Describe the pressure volume changes of left ventricle in detail (2+8+5)

Short Essay questions (7x5=35Marks)

2. Describe the factors affecting Cardiac output.
3. Short term regulation of blood pressure
4. Describe Conducting system of heart
5. Cardiac arrhythmias
6. Explain Lead II ECG with a neat labeled diagram
7. Heart sounds
8. A 45 year old man met with an RTA & had severe bleeding. On examination he was restless, BP was 80/50mm Hg, HR was 120 /min, RR was 18 /pm. His skin was cold and clammy & he had thready pulse
 - a. What is the diagnosis? 1M
 - b. Describe the stages 2M
 - c. Describe the treatment for the above condition. 2M

PES Institute of Medical Sciences and Research
Department of Physiology
Monthly test-III

Date- 17/03/2020

Time: 4.00PM-5.30PM

Long Essay questions (1x15=15Marks) (draw diagrams wherever necessary)

1. Define Glomerular filtration rate & write its normal value. Describe the factors affecting GFR and how is it regulated. Add a note on measurement of GFR (3+5+4+3)

Short Essay questions (7x5=35Marks)

2. Special features of renal circulation
3. Explain the mechanism of HCl secretion
4. Deglutition reflex
5. Regulation of pancreatic secretion
6. Describe the digestion and absorption of fat
7. Types of small intestinal movements
8. A 40 year old business executive complained of severe epigastric pain since last 6 months which increased with intake of food. He had few episodes of vomiting with blood and of late his work is stressful due to which his meals are irregular.
 - a. What is the likely diagnosis? 1M
 - b. Describe the pathophysiology of the disease 2M
 - c. Describe the treatment for the above condition. 2M

PES Institute of Medical Sciences and Research
Department of Physiology
Monthly test-IV

Date-25/6/2020
4.00PM-5.30PM

Time:

Long Essay questions (1x15=15Marks) (draw diagrams wherever necessary)

1. **Define synapse. Classify synapse. Explain transmission of impulse with the help of diagram. Explain any four properties of synapse. (2+3+6+4)**

Short Essay questions (7x5=35Marks)

2. **Corticospinal tract**
3. **Muscle spindle**
4. **Pain pathway**
5. **Spermatogenesis**
6. **Hormonal regulation of menstrual cycle**
7. **Types of cutaneous receptors with diagram**
8. **Dorsal column pathway**

1. SYNAPSE

Synapse/neurosynapse is a specialized function between the presynaptic neuron and to the axon, soma, dendrite of post synaptic neuron.

If it is in a muscle = Neuromuscular Junction

In gland = neuroglandular junction.

It is of 3 types namely:—

- (1) chemical synapse
- (2) Electrical synapse
- (3) Mixed synapse

} functional classification.

⊗ It is anatomically & functionally of many types

⊗ Anatomical classification!

- (1) Axodendritic = carry ^(most common type) excitatory signals
- (2) Axosomatic = carry inhibitory signals
- (3) Axoaxonic
- (4) Dendrodendritic
- (5) Dendrosomatic

chemical synapse

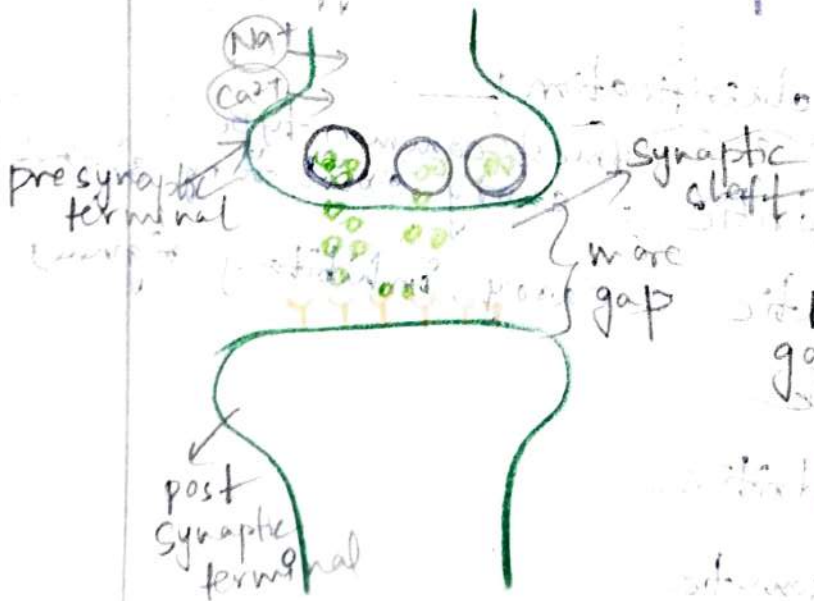
(1) Presence of neurotransmitters, synaptic vesicles and receptors.

(2) Space between the pre synaptic terminal and post synaptic terminal.

(3) common

(4) Slow transmission of impulse

(5) no special channels.



Electrical synapse

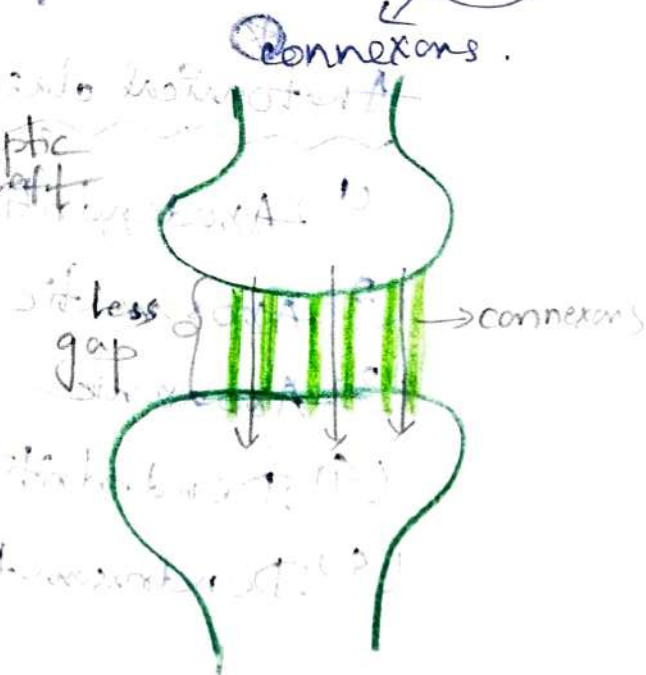
(1) No synaptic vesicles and receptors

(2) No space.

(3) Rare

(4) fast impulse transmission.

(5) Presence of channels / proteins



Steps of transmission of synapses

on stimulation of the pre-synaptic terminal of a neuron

↓
opening of the Ca^{2+} channels and release of Ca^{2+} ions.

↓
This causes the opening of synaptic vesicles to release neurotransmitters.

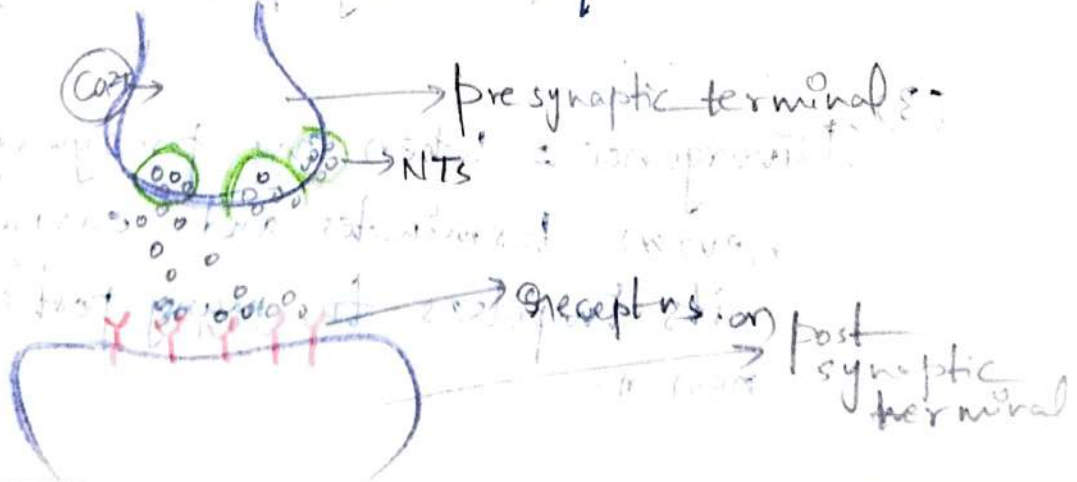
↓
Neurotransmitters are released via Ca^{2+} mediated channels by Exocytosis into the synaptic cleft.

↓
Binding of the neurotransmitters to the post-synaptic receptors

↓
cause opening of Ion channels

↓
cause generator/receptor potential

↓
cause action potentials.



Properties of Synapse are

(1) Mode of forward conduction =

The impulses are always transmitted in one direction (one way direction)

from pre synaptic neuron to post synaptic neuron

(orthodromic conduction)

Reason = As the neurotransmitters are present only in the vesicles in pre synaptic neuron

(2) Synaptic delay

= There is a delay of 0.5 ms for the conduction of impulses from one neuron to other.

⇒ Only in chemical synapses

Reason = due to delay in release of NTs from synaptic vesicles.

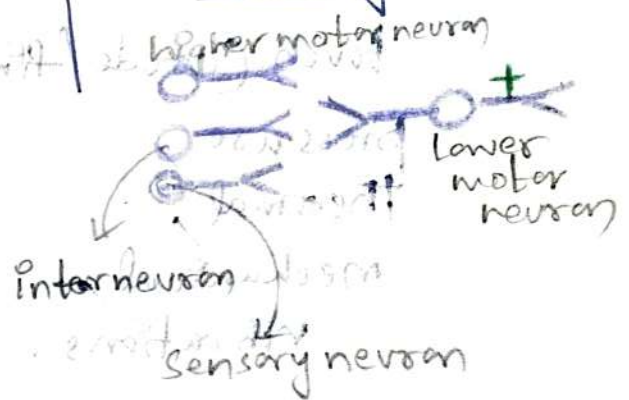
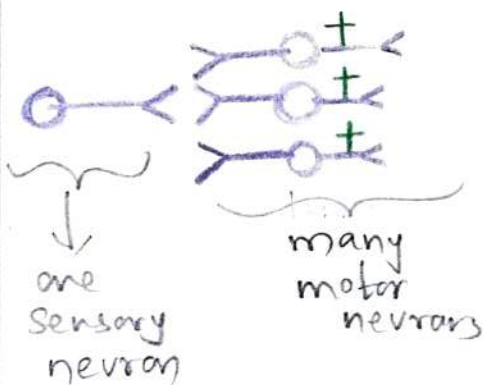
(3)

Divergence = when one presynaptic neuron terminates and carries its impulses to many postsynaptic neurons.

ex = Pain receptors carrying impulses
(withdrawal reflex)

(4) convergence → when many post synaptic neurons give/transmit their impulses to many post sy. only one pre synaptic neuron.

(ex) → of divergence | of convergence



(5) Inhibition = It is of many types namely

(1) presynaptic inhibition = due to inhibition from inhibitory interneuron

(2) postsynaptic / Reciprocal / direct

inhibition = from interneuron which inhibits at post synaptic neuron level.

(3) -ve feed back / Renshaw cell inhibition.

= due to inhibitory interneuron on receiving collaterals from

various motor neurons, starts inhibiting the ^{same} motor neurons.

2. Dorsal column Medial lemniscal pathway.

(DCML pathway)

It is the pathway for detection of various sensations like

touch (code/size),

pressure,

thermal,

mechanical,

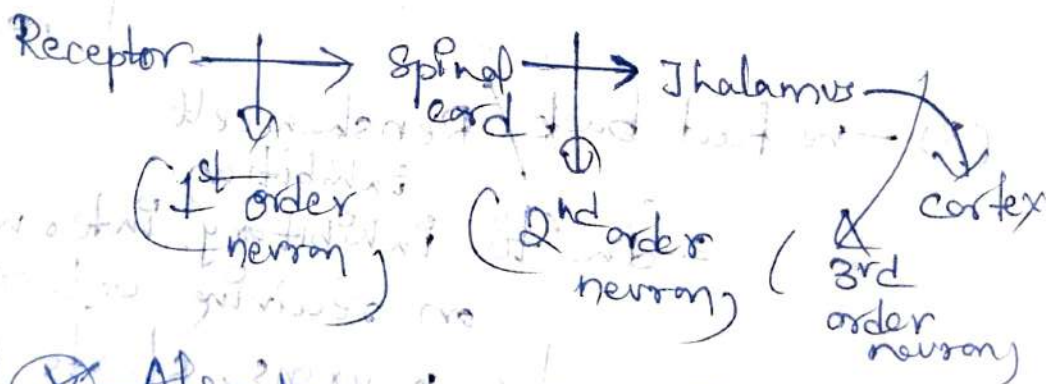
vibrations.

* It is made up of ③ types of neurons at each level namely:

(1) 1st order neuron

(2) 2nd order neuron

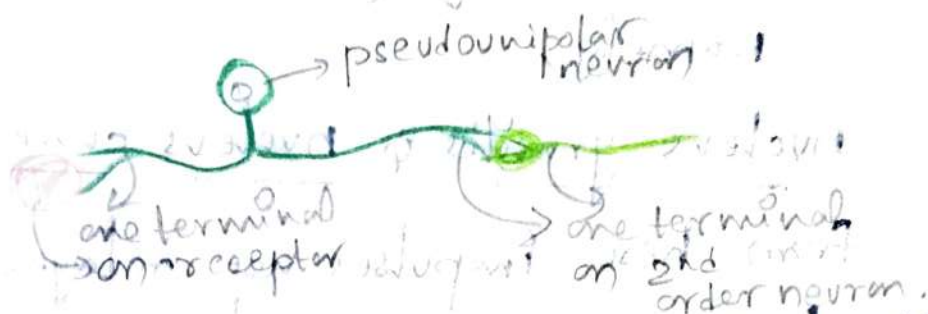
(3) 3rd order neuron.



* Also known as ascending pathway of impulse transmission.

1st order neuron = It is between the receptor and the spinal cord.

It is a pseudounipolar neuron.

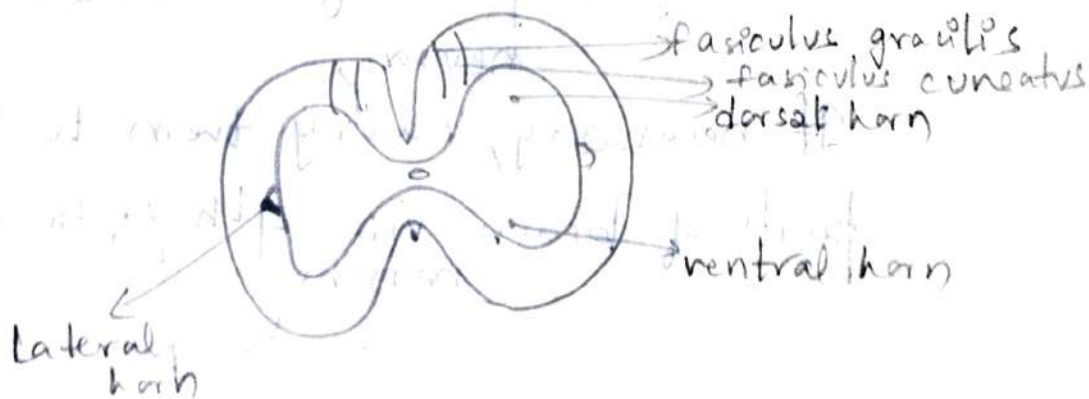


It then goes via the dorsal root ganglion which carries sensory information to the spinal cord.

It has $\begin{cases} \rightarrow \text{fasciculus gracilis} \\ \rightarrow \text{fasciculus cuneatus} \end{cases}$

Fasciculus gracilis = present in middle part of the spinal cord & transmits impulses to lower part of the body.

Fasciculus cuneatus = present in upper part of spinal cord & carry impulse to upper part of body.



from spinal cord, now the impulses are carried to 2nd order neuron,

It consists of 2 nuclei

namely,

nucleus gracilis & nucleus cuneatus.

from here impulses are relayed to the thalamus which consists of these nuclei.

From here, they are carried through the medial lemniscus to the 3rd order neuron consisting of ^{ventral} posterolateral nucleus.

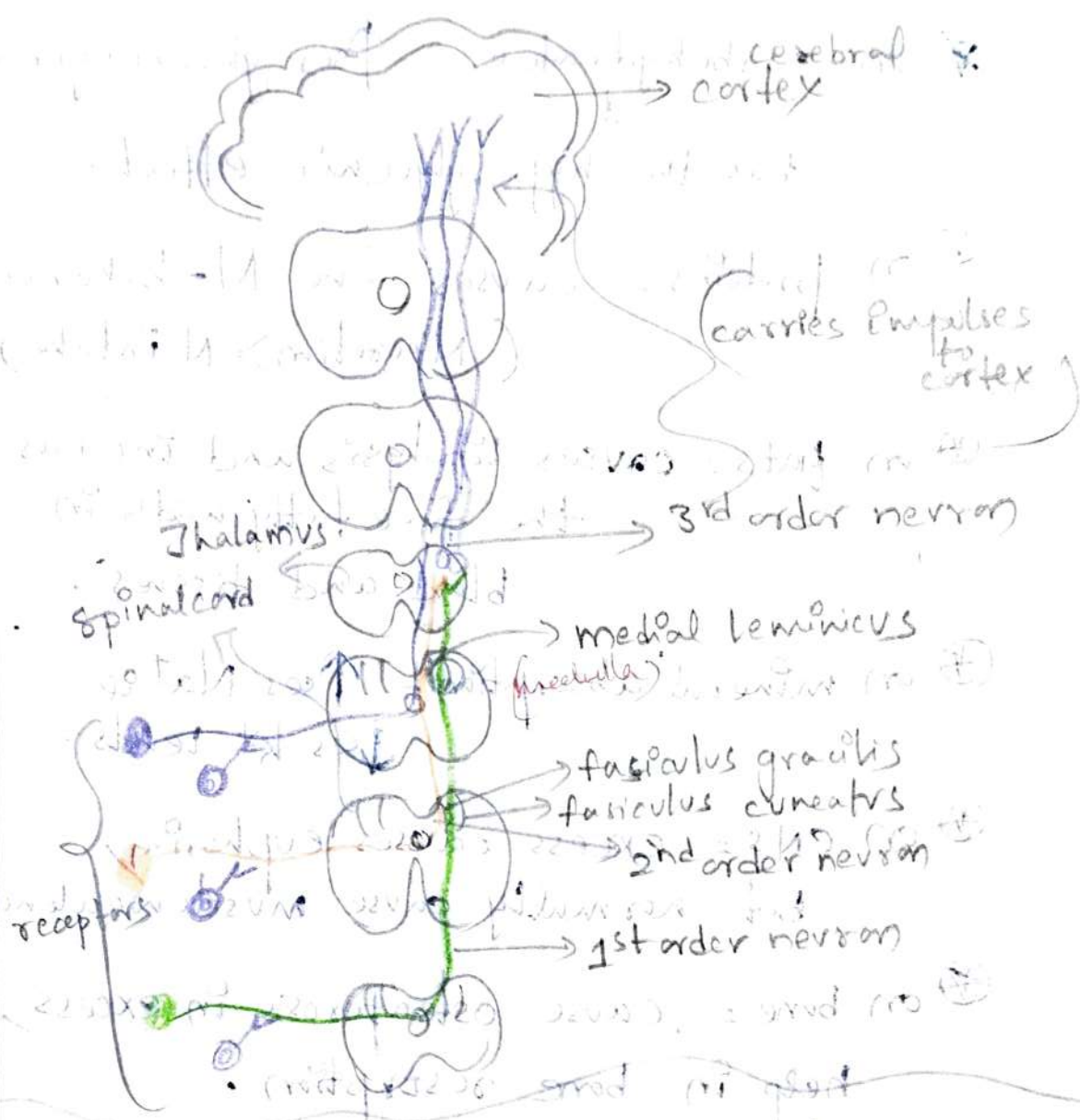
It is via trigeminal nerve.

from here impulses are carried to the brain (cortex)

↓
Sensory cortical areas
are present which
relays impulses of 3rd order
neuron,

If necessary, carry them to other parts of brain via 4th / 5th order neurons

→



3. Physiological functions/actions of glucocorticoids.

glucocorticoids → are the "cortisol" / corticosterone

These are the products synthesized mainly from zona fasciculata of adrenal cortex of adrenal gland.

It has many functions like

- ⊗ on carbohydrates = ↑ses gluconeogenesis
↓
has the hyperglycemic effect.
- ⊗ on proteins = causes -ve N-balance
(N excretion > N intake)
- ⊗ on fats = causes lipolysis and increases
the free fatty acids in
blood and tissues.
- ⊗ on mineral absorption = ↑ses Na⁺ & Ca²⁺
↓ses K⁺ levels.
- ⊗ on CNS = excess causes euphoria,
but normally cause muscle weakness.
- ⊗ on bone = cause osteoporosis in excess,
help in bone resorption.
- ⊗ Anti allergic = Prevents the release of
histamine from mast cells.
- ⊗ Anti-inflammatory = Prevents inflammation.
- ⊗ Anti stress = ↓ses stress levels via
hypothalamo-pituitary axis.
- ⊗ It increases the levels of platelet,
neutrophils, RBC
(polycythemia).
↓ lymphocytes, Eosinophils

causes ↑ MSH activity, and leads to hyperpigmentation of the skin & mucous membranes.

Addisonian crisis = when an individual is unable to cope up with the stress due to less levels of cortisol in blood. It causes a Addisonian crisis.

⊛ There is also delay in the wound healing capacity due to less production of cortisol.

⊛ It causes hyperphosphatemia and ↑ in Ca^{2+} absorption by the bones.

Other effects include:

4.5
mental retardation, convulsions,

low muscle tone, muscle weakness,

lethargy, hyperpigmentation etc.

Treatment = Administration of synthetic cortisol & hormones.

5.

Physiological actions of parathormone/PTH.

It has its effects mainly on

- (3) parts namely
- small intestine
 - Bone
 - kidney.

Vitamin D / 1,25 dihydrocholecalciferol / calcitriol is absorbed mainly due to the presence of PTH.

(1) On small intestine = It increases the Ca^{2+} and glucose uptake by cells, also phosphate uptake by \uparrow the calcium channels on basolateral membrane.

(2) on Bone = It causes bone resorption due to \uparrow in osteoblastic activity, and causes Ca^{2+} absorption.

(3) on kidney = cause resorption of Ca^{2+} & P by tubular cells of the nephron, causes less excretion of Ca^{2+} through urine.

Deficiency of PTH causes

hypoparathyroidism

This condition leads to

↓ Ca²⁺ levels & ↑ phosphate levels

i.e

Hypocalcaemia, Hypocalcaemia (↓ Ca²⁺ in urine)

Hyperphosphataemia.

This causes tetany

⊗ It is marked by 3 signs:

(1) Carpopedal spasm = sustained contraction of skeletal muscles, causes flexion at metacarpophalangeal joints, extension at interphalangeal joints & opposition of thumb.

(2) Chvostek sign = It is by tapping the facial nerve supplying the facial muscles.

(3) Trousseau's sign = It is done by occluding the blood vessels → causes flexion of wrist and hand & extension of fingers.

6. Properties of Receptors

* Adaptive property \rightarrow rapid adaptation
 \rightarrow slow adaptation

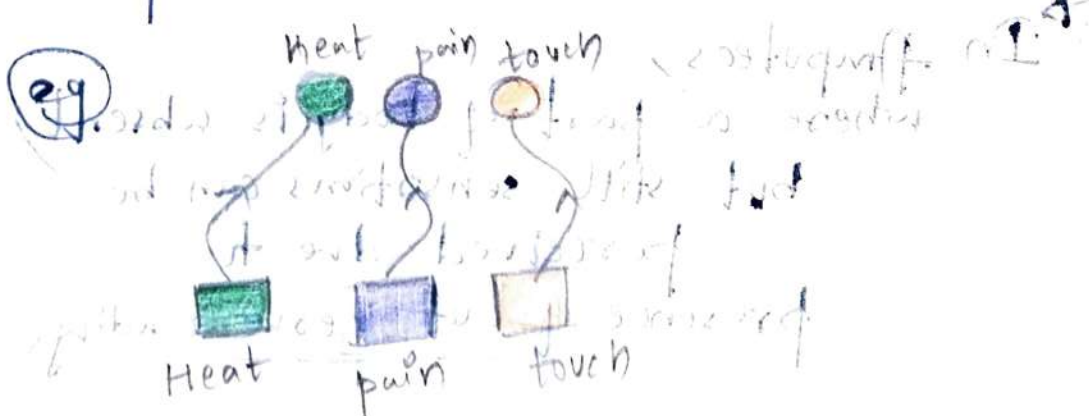
When a required threshold stimulus is applied on the receptor, the stimulus of the receptor \downarrow its frequency and \downarrow its firing capacity.

If it stops firing rapidly = Rapid adaptation, without any delay

If it stops by steady decrease in its stimulus = slow adaptation.

* Doctrine of specific nerve energies

When a receptor is stimulated & sensations are produced, the sensations will be specific to its particular stimulations only no matter where/how the stimulations are produced.



* Labelled line principle = When the stimulations are produced from a receptor, the signals will travel only in one particular pathway.

called labelled line pathway.

eg = Rods & Cones (only for visual sensations)

* Two point discrimination = Ability of the discern to identify 2 different points as separate points, but not as one.

most prominent in less receptive / small receptive areas

like tongue than on large receptive areas

like back of our body / limbs.

* Phantom limb = When the sensory pathway is stimulated in: between its any order neuron, the area where the sensations are produced is specific.

3
In amputees, where a part of body is absent but still sensations can be perceived due to presence of cut nerve endings

* Intensity discrimination = The signals to brain are send via ② pathways of Summation, namely temporal & spatial summation.

⊗ Temporal summation = When ^(input) impulse is transmitted from only one pre-synaptic neuron to many post synaptic neurons.

⊗ Spatial summation when inputs are carried from addition of many pre-synaptic neurons to only one post synaptic neuron.

It also consists of → Weber Fechner's principle

* (graduation in strength of stimulus is proportional to log of stimulus strength)

70

Pain

- ▷ It is the sensation whenever we accompany any kind of harm to our body.
- ▷ Way of protective Mechanism!

It is mainly of ② types: →

→ Fast pain

→ Slow pain

Both are different by various ways →

21

FAST PAIN = It shows fastest response.

→ (prick pain / acute pain)

→ lasts for < 0.1 seconds

Their sensations are carried via myelinated
Aδ fibers.

They end on antero-receptive pathway (lateral pathway)

SLOW PAIN

→ It shows some delayed response.

→ (chronic pain / electric pain / sharp pain)

→ lasts for > 1 sec

The sensations are carried via non-myelinated
C fibers.

They end on posteroreceptive pathway (Medial pathway)

⊗ Fast pain = neurotransmitter is glutamate

⊗ Slow pain = " " " Substance P

The pain pathway is

↳ Anterolateral spinothalamic
pain pathway.

fast pain relays at lower level of ~~cor~~ thalamus
But slow pain goes upto the cortex to produce cortico-
sensory signals



1. SYNAPSE

Synapse/neurosynapse is a specialized function between the presynaptic neuron and to the axon, soma, dendrite of post-synaptic neuron.

If it is in a muscle = Neuromuscular Junction

In gland = neuroglandular junction.

It is of 3 types namely:—

(1) chemical synapse

(2) Electrical synapse

(3) Mixed synapse

functional classification.

It is anatomically & functionally of many types

Anatomical classification!

(1) Axodendritic = carry (most common type) excitatory signals

(2) Axosomatic = carry inhibitory signals

(3) Axoaxonic

(4) Dendrodendritic

(5) Dendrosomatic

chemical synapse

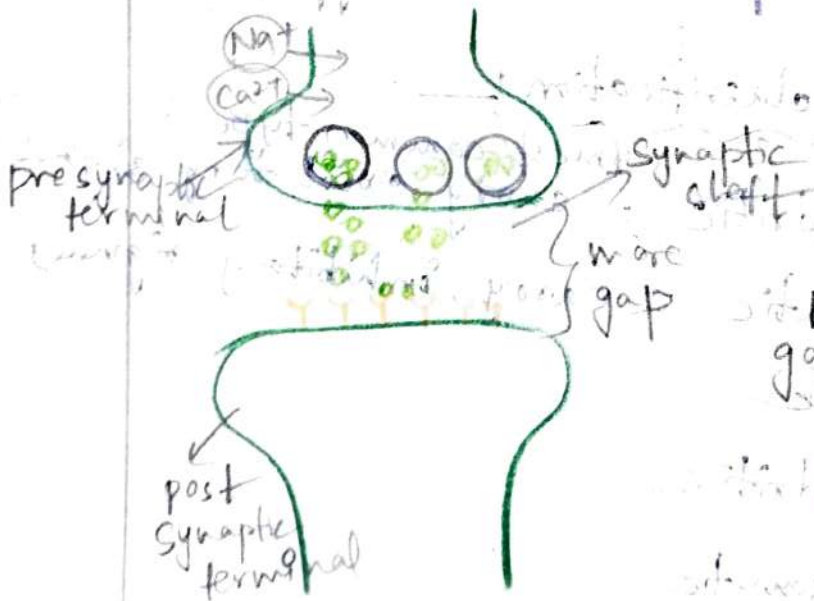
(1) Presence of neurotransmitters, synaptic vesicles and receptors.

(2) Space between the pre synaptic terminal and post synaptic terminal.

(3) common

(4) Slow transmission of impulse

(5) no special channels.



Electrical synapse

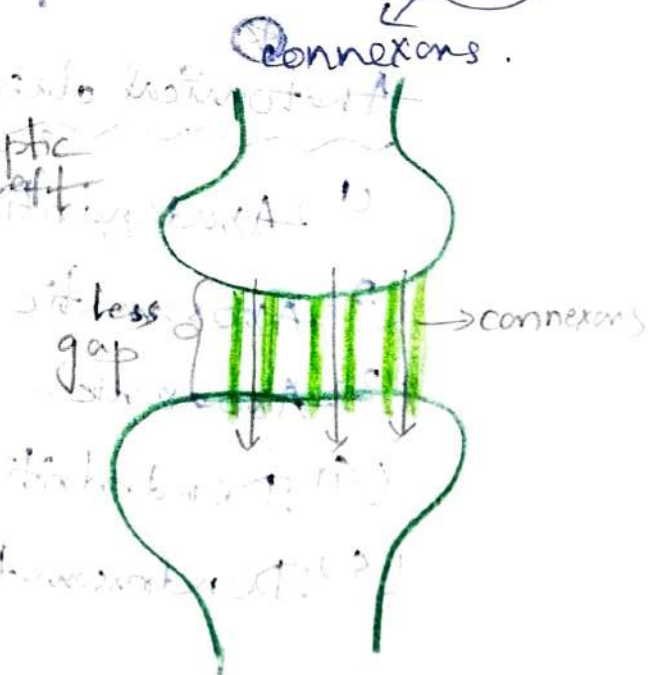
(1) No synaptic vesicle and receptors

(2) No space.

(3) Rare

(4) fast impulse transmission.

(5) Presence of channels / proteins



Steps of transmission of synapses

on stimulation of the pre-synaptic terminal of a neuron

↓
opening of the Ca^{2+} channels and release of Ca^{2+} ions.

↓
This causes the opening of synaptic vesicles to release neurotransmitters.

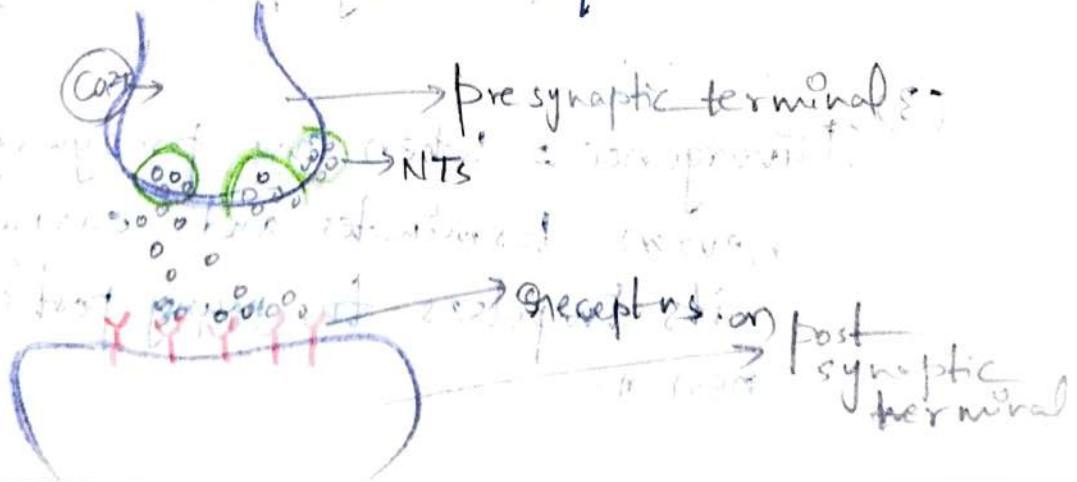
↓
Neurotransmitters are released via Ca^{2+} mediated channels by Exocytosis into the synaptic cleft.

↓
Binding of the neurotransmitters to the post-synaptic receptors

↓
cause opening of Ion channels

↓
cause generator/receptor potential

↓
cause action potentials.



Properties of Synapse are

(1) Mode of forward conduction =

The impulses are always transmitted in one direction (one way direction) from pre synaptic neuron to post synaptic neuron
(orthodromic conduction)

Reason = As the Neurotransmitters are present only in the vesicles in pre synaptic neuron

(2) Synaptic delay

= There is a delay of 0.5 ms for the conduction of impulses from one neuron to other.

⇒ Only in chemical synapses

Reason = due to delay in release of NTs from synaptic vesicles.

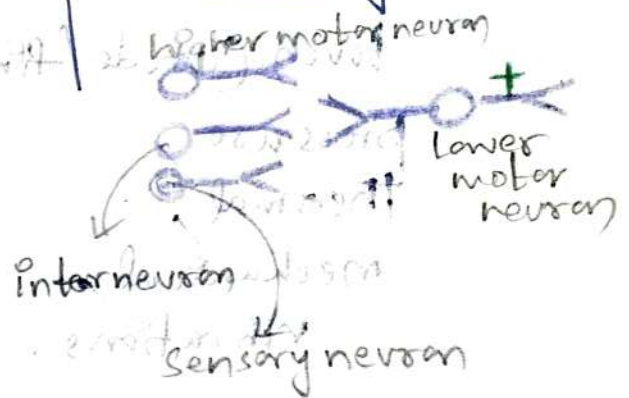
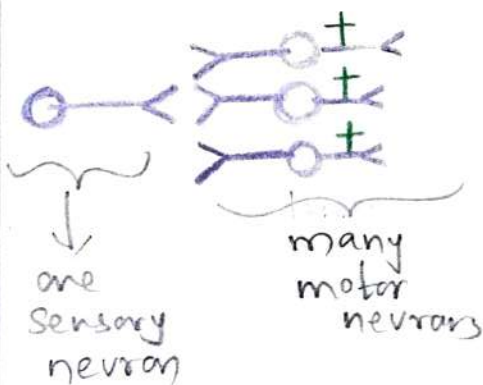
(3)

Divergence = when one presynaptic neuron terminates and carries its impulses to many postsynaptic neurons.

ex = Pain receptors carrying impulses
(withdrawal reflex)

(4) convergence → when many post synaptic neurons give/transmit their impulses to many post of only one pre synaptic neuron.

(ex) → of divergence | of convergence



(5) Inhibition = It is of many types namely

(1) presynaptic inhibition = due to inhibition from inhibitory interneuron

(2) postsynaptic / Reciprocal / direct

inhibition = from interneuron which inhibits at post synaptic neuron level.

(3) -ve feed back / Renshaw cell inhibition.

→ due to inhibitory interneuron on receiving collaterals from

various motor neurons, starts inhibiting the ^{same} motor neurons.

2. Dorsal column Medial lemniscal pathway.

(DCML pathway)

It is the pathway for detection of various sensations like

touch (code/size),

pressure,

thermal,

mechanical,

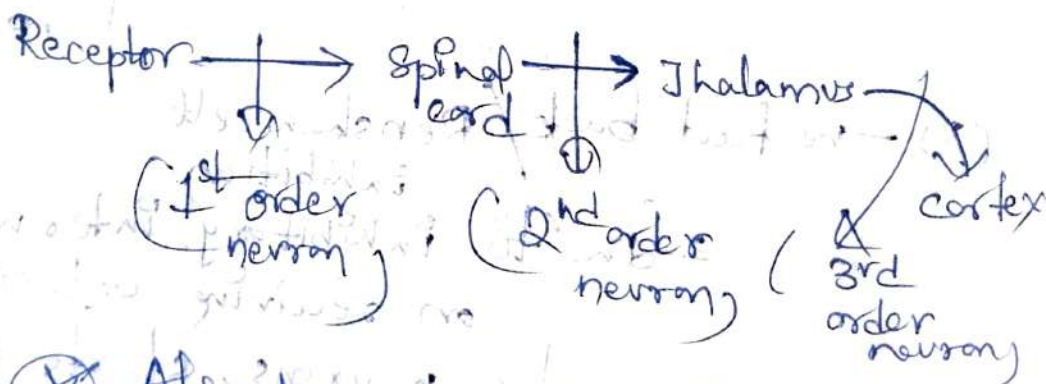
vibrations.

* It is made up of ③ types of neurons at each level namely:

(1) 1st order neuron

(2) 2nd order neuron

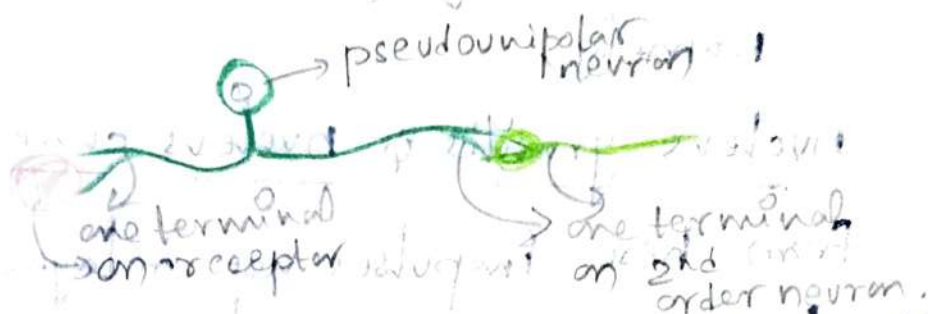
(3) 3rd order neuron.



* Also known as ascending pathway of impulse transmission.

1st order neuron = It is between the receptor and the spinal cord.

It is a pseudounipolar neuron.

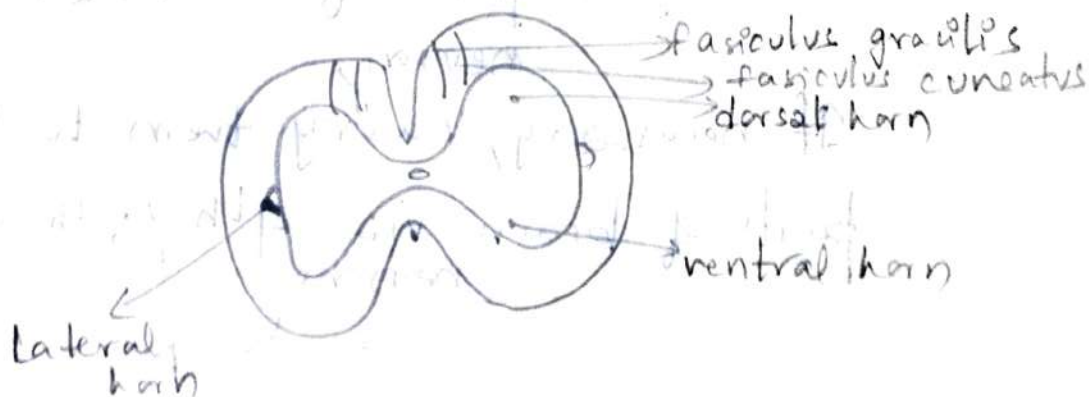


It then goes via the dorsal root ganglion which carries sensory information to the spinal cord.

It has $\begin{cases} \rightarrow \text{fasciculus gracilis} \\ \rightarrow \text{fasciculus cuneatus} \end{cases}$

Fasciculus gracilis = present in middle part of the spinal cord & transmits impulses to lower part of the body.

Fasciculus cuneatus = present in upper part of spinal cord & carry impulse to upper part of body.



from spinal cord, now the impulses are carried to 2nd order neuron,

It consists of ② nucleus

namely,

nucleus gracilis & nucleus cuneatus.

from here impulses are relayed to the thalamus which consists of these nucleus.

From here, they are carried through the medial lemniscus to the 3rd order neuron consisting of ^{ventral} posterolateral nucleus.

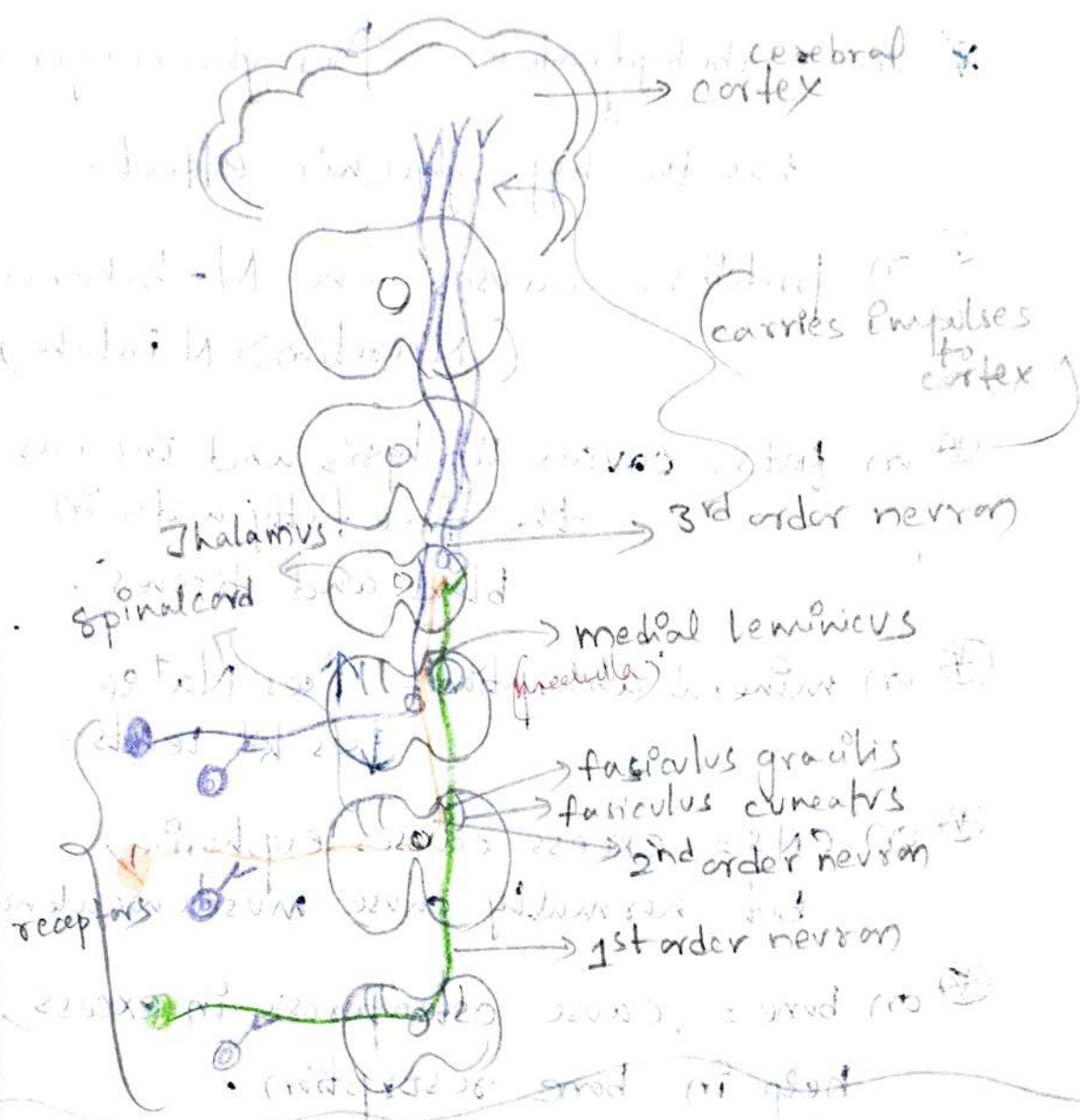
It is via trigeminal nerve.

from here impulses are carried to the brain (cortex)

↳ Sensory cortical areas are present which relays impulses of 3rd order neuron,

if necessary, carry them to other parts of brain via 4th / 5th order neurons





3. Physiological functions/actions of glucocorticoids.

glucocorticoids → are the "cortisol" / corticosterone

These are the products synthesized mainly from zona fasciculata of adrenal cortex of adrenal gland.

It has many functions like

- ⊗ on carbohydrates = ↑ses gluconeogenesis
↓
has the hyperglycemic effect.
- ⊗ on proteins = causes -ve N-balance
(N excretion > N intake)
- ⊗ on fats = causes lipolysis and increases
the free fatty acids in
blood and tissues.
- ⊗ on mineral absorption = ↑ses Na⁺ & Ca²⁺
↓ses K⁺ levels.
- ⊗ on CNS = excess causes euphoria,
but normally cause muscle weakness.
- ⊗ on bone = cause osteoporosis in excess,
help in bone resorption.
- ⊗ Anti allergic = Prevents the release of
histamine from mast cells.
- ⊗ Anti-inflammatory = Prevents inflammation.
- ⊗ Anti stress = ↓ses stress levels via
hypothalamo-pituitary axis.
- ⊗ It increases the levels of platelet,
neutrophils, RBC
(polycythemia).
↓ lymphocytes, Eosinophils

⊗ on GIT - \downarrow Pses the gastric acid secretion,
 \downarrow more production of cortisol causes
Peptic ulcers
 \downarrow prevented by H-blockers

\downarrow Pses gut mobility.

⊗ permissive actions = \downarrow Pses the catecholamine entry into the blood,
 \downarrow maintain Blood sugar levels.

⊗ Calorigenic action = \downarrow Heat production &
 \downarrow Pses BMR.

⊗ Delays wound healing \rightarrow \downarrow Pses the collagen formation.

4. Addison's disease

\downarrow
 This is the condition of multiple syndromes
 mainly due to hyposecretion / Insufficiency of
~~the~~ both mineralocorticoids and glucocorticoids
 by adrenal cortical cells.

Mainly due to glucocorticoids,

causes

\downarrow Autoimmune disorders

Carcinomas

Tuberculosis

⊗ Effects are wide namely \rightarrow

causes ↑ MSH activity, and leads to hyperpigmentation of the skin & mucous membranes.

Addisonian crisis = when an individual is unable to cope up with the stress due to less levels of cortisol in blood. It causes a Addisonian crisis.

⊛ There is also delay in the wound healing capacity due to less production of cortisol.

⊛ It causes hyperphosphatemia and ↑ in Ca^{2+} absorption by the bones.

Other effects include:

4.5 mental retardation, convulsions,

low muscle tone, muscle weakness,

lethargy, hyperpigmentation etc.

Treatment = Administration of synthetic cortisol & hormones.

5.

Physiological actions of parathormone/PTH.

It has its effects mainly on

- (3) parts namely
- small intestine
 - Bone
 - kidney.

Vitamin D / 1,25 dihydrocholecalciferol / calcitriol is absorbed mainly due to the presence of PTH.

(1) On small intestine = It increases the Ca^{2+} and glucose uptake by cells, also phosphate uptake by \uparrow the calcium channels on basolateral membrane.

(2) on Bone = It causes bone reabsorption due to \uparrow in osteoblastic activity, and causes Ca^{2+} absorption.

(3) on kidney = cause reabsorption of Ca^{2+} & P by tubular cells of the nephron, causes less excretion of Ca^{2+} through urine.

Deficiency of PTH causes

hypoparathyroidism

This condition leads to

↓ Ca²⁺ levels & ↑ phosphate levels

i.e

Hypocalcaemia, Hypocalcaemia (↓ Ca²⁺ in urine)

Hyperphosphataemia.

This causes tetany

⊗ It is marked by 3 signs:

(1) Carpopedal spasm = sustained contraction of skeletal muscles, causes flexion at metacarpophalangeal joints, extension at interphalangeal joints & opposition of thumb.

(2) Chvostek sign = It is by tapping the facial nerve supplying the facial muscles.

(3) Trousseau's sign = It is done by occluding the blood vessels → causes flexion of wrist and hand & extension of fingers.

6. Properties of Receptors

* Adaptive property \rightarrow rapid adaptation
 \rightarrow slow adaptation

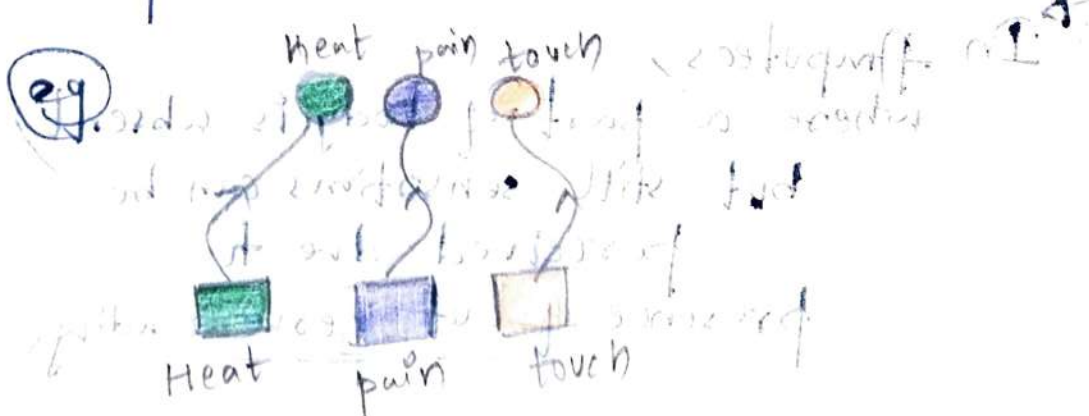
When a required threshold stimulus is applied on the receptor, the stimulus of the receptor \downarrow its frequency and \downarrow its firing capacity.

If it stops firing rapidly = Rapid adaptation, without any delay

If it stops by steady decrease in its stimulus = slow adaptation.

* Doctrine of specific nerve energies

When a receptor is stimulated & sensations are produced, the sensations will be specific to its particular stimulations only no matter where/how the stimulations are produced.



* Labelled line principle = When the stimulations are produced from a receptor, the signals will travel only in one particular pathway.

called labelled line pathway.

eg = Rods & Cones (only for visual sensations)

* Two point discrimination = Ability of the discern to identify 2 different points as separate points, but not as one.

most prominent in less receptive / small receptive areas

like tongue than on large receptive areas

like back of our body / limbs.

* Phantom limb = When the sensory pathway is stimulated in: between its any order neuron, the area where the sensations are produced is specific.

3
▶ In amputees, where a part of body is absent but still sensations can be perceived due to presence of cut nerve endings

* Intensity discrimination = The signals to brain, are send via ② pathways of Summation, namely temporal & spatial summation.

⊗ Temporal summation = When ^(input) impulse is transmitted from only one pre-synaptic neuron to many post synaptic neurons.

⊗ Spatial summation when inputs are carried from addition of many pre-synaptic neurons to only one post synaptic neuron.

It also consists of → Weber Fechner's principle

* (gradation in strength of stimulus is proportional to log of stimulus strength)

70

Pain

- ▷ It is the sensation whenever we accompany any kind of harm to our body.
- ▷ Way of protective Mechanism?

It is mainly of ② types →

→ Fast pain

→ Slow pain

Both are different by various ways →

21

FAST PAIN = It shows fastest response.

→ (prick pain / acute pain)

→ lasts for < 0.1 seconds

Their sensations are carried via myelinated
Aδ fibers.

They end on antero-receptive pathway (lateral pathway)

SLOW PAIN

→ It shows some delayed response.

→ (chronic pain / electric pain / sharp pain)

→ lasts for > 1 sec

The sensations are carried via non-myelinated
C fibers.

They end on posteroreceptive pathway (Medial pathway)

⊗ Fast pain = neurotransmitter is glutamate.

⊗ Slow pain = " " " Substance P.

The pain pathway is

↳ Anterolateral spinothalamic
pain pathway.

fast pain relays at lower level of ~~cor~~ thalamus
But slow pain goes upto the cortex to produce cortico-
sensory signals



PES INSTITUTE OF MEDICAL SCIENCE AND RESEARCH
DEPARTMENT OF PHYSIOLOGY
I MONTHLY TEST - I MBBS Date: 29.11.2023

Time: 4.00pm – 5.30pm

Total marks=50 M

LONG ESSAY:

1x15=15M

1. Define HEMOSTASIS. Write the steps of hemostasis. Explain both intrinsic and extrinsic mechanism of clotting in detail. Add a note on hemophilia. (1+2+10+2)

SHORT ESSAY:

7x5=35M

2. Explain the factors affecting erythropoiesis.

3. Define IMMUNITY. Classify immunity. Explain any one type of immunity in detail (1+1+3)

4. Define Action potential. Explain all the phases of action potential in detail with a neat labelled diagram.

5. Name the body fluid compartments. Write its normal values. Explain How to measure ECF ?

6. Name the types of neuroglia. Explain the functions of neuroglia with diagrams.

7. Write about intercellular connections with neat labelled diagram

8. A 3 month old baby presented with H/O of yellowish discolouration of skin since a few days after birth. O/E the baby has severe pallor and edema and shows decreased activity, his mother is Rh-negative blood type (1+3+1)

a. What is the likely diagnosis?

b. Discuss the pathophysiology of the disease

c. How can it be prevented?

PES Institute of Medical Sciences and Research
Department of Physiology
Monthly test-II

Date-28-02-24

Time: 4.00PM-5.30PM

Long Essay questions (1x15=15Marks) (draw diagrams wherever necessary)

1. Define Cardiac cycle & write its normal value. Describe the events of cardiac cycle with normal values. Describe the pressure volume changes of left ventricle in detail (2+8+5)

Short Essay questions (7x5=35Marks)

2. Describe the factors affecting Cardiac output.
3. Short term regulation of blood pressure
4. Describe Conducting system of heart
5. Cardiac arrhythmias
6. Explain Lead II ECG with a neat labeled diagram
7. Heart sounds
8. A 45 year old man met with an RTA & had severe bleeding. On examination he was restless, BP was 80/50mm Hg, HR was 120 /min, RR was 18 /pm. His skin was cold and clammy & he had thready pulse
 - a. What is the diagnosis? 1M
 - b. Describe the stages 2M
 - c. Describe the treatment for the above condition. 2M

PES Institute of Medical Sciences and Research
Department of Physiology
Monthly test-III

Date-28-03-24

Time: 4.00PM-5.30PM

Long Essay questions (1x15=15Marks) (draw diagrams wherever necessary)

1. Define Glomerular filtration rate & write its normal value. Describe the factors affecting GFR and how is it regulated. Add a note on measurement of GFR (3+5+4+3)

Short Essay questions (7x5=35Marks)

2. Special features of renal circulation
3. Explain the mechanism of HCl secretion
4. Deglutition reflex
5. Regulation of pancreatic secretion
6. Describe the digestion and absorption of fat
7. Types of small intestinal movements
8. A 40 year old business executive complained of severe epigastric pain since last 6 months which increased with intake of food. He had few episodes of vomiting with blood and of late his work is stressful due to which his meals are irregular.
 - a. What is the likely diagnosis? 1M
 - b. Describe the pathophysiology of the disease 2M
 - c. Describe the treatment for the above condition. 2M

PES Institute of Medical Sciences and Research
Department of Physiology
Monthly test-IV

Date-28-05-24

Time: 4.00PM-5.30PM

Long Essay questions (1x15=15Marks) (draw diagrams wherever necessary)

1. Define synapse. Classify synapse. Explain transmission of impulse with the help of diagram. Explain any four properties of synapse. (2+3+6+4)

Short Essay questions (7x5=35Marks)

2. Corticospinal tract
3. Muscle spindle
4. Pain pathway
5. Spermatogenesis
6. Hormonal regulation of menstrual cycle
7. Types of cutaneous receptors with diagram
8. Dorsal column pathway

PES Institute of Medical Sciences and Research, Kuppam

Department of Physiology Monthly test-1 Date-24-01-23, Time:2.15-3.45pm

Long Essay questions (1x15=15Marks)

1. Define Erythropoiesis. Explain the steps of Erythropoiesis with a neat labeled diagram. Add a note on factors and regulation of Erythropoiesis. (2+8+5marks)

Short Essays questions (5x7=35Marks)

2. Describe the functions of Plasma proteins. Add a note on Edema

3. Draw a neat labeled diagram of Cell. Add a note on Peroxisomes.

4. Explain the stages of Phagocytosis with diagram.

5. Name the Body Fluid Compartments. Describe the methods of measurement of ECF. Add a note on characteristics of ideal substance.

6. What is RMP. Explain the Ionic basis of Resting membrane potential.

7. Define Homeostasis. Explain the types of feedback mechanisms with examples.

8. Define Anaemia. Explain with diagram Morphological classification of Anaemia.

2

PES INSTITUTE OF MEDICAL SCIENCE AND RESEARCH
DEPARTMENT OF PHYSIOLOGY
First -MBBS /Monthly test/ March 2023
THEORY PAPER

Time: 1 hour and 30 Min
Maximum marks: 50

Draw diagrams wherever necessary

LONG ESSAY:

- 2X15marks=15marks**
1. A young female aged 24 Years presents with complaint of drooping of eyelid and double vision especially in the evenings, weakness in the jaw muscles, upper arms. Her symptoms become worse after climbing stairs.
 - What is the probable diagnosis and give your reasoning(2)
 - How can you confirm your diagnosis(1)
 - Where is the location of the lesion? (1)
 - Explain the events that occur at the location with neat diagram (4+2)
 - Name the drugs/toxins that act on the location and describe their mechanism of action(3)
 - Name the drug that can help her condition(1)
 - Describe other diseases that occur here(1)

SHORT ESSAYS:

- 7X5 marks =35**
1. Explain lung pressure during breathing cycle with help of diagram
 2. Describe non-respiratory functions of lungs.
 4. Draw and explain the diagram of Sarcomere before and after muscle contraction.
 5. Explain the functions of platelets.
 6. Explain isometric and isotonic contraction with diagram and give example.
 7. What are divisions of autonomic nervous system? Briefly explain their functions
 8. Briefly explain enterohepatic circulation

PES INSTITUTE OF MEDICAL SCIENCE AND RESEARCH
DEPARTMENT OF PHYSIOLOGY
I-MBBS 2022-2023
THIRD MONTHLY TEST

Max marks: 40

Draw diagrams wherever necessary

Time: 1 hours and 30 Min

LONG ESSAYS:

1X15marks= 15marks

1. Explain transport of Oxygen in Blood. Draw and explain Oxygen Hemoglobin dissociation curve. What is the significance of the shape. What are the factors that affect it
(3+6+2+4)

SHORT ESSAYS:

5X5marks=25marks

2. Patient aged 45 year-old male comes with h/o breathlessness, cough and tightness of chest. On examinations rhonchi is heard bilaterally. The doctor requested spirometry to confirm diagnosis
 - a. What is your probable diagnosis? (1)
 - b. What Spirometry tests will help in this diagnosis(1)
 - c. What do you expect to find in the spirometry results? (2)
 - d. What is the principle behind the treatment?(1)
3. What is Acclimatization? Explain the changes that occur.(1+4)
4. Explain chemical regulation of respiration.(5)
5. What is CPR? When do you initiate CPR? Describe the steps of doing CPR in detail. (1+1+3)
6. What is Cyanosis? What is the cause of Cyanosis? Describe the types of Cyanosis. How do you assess Cyanosis by clinical examination?(1+1+2+1)

PES INSTITUTE OF MEDICAL SCIENCE AND RESEARCH
DEPARTMENT OF PHYSIOLOGY
IV MONTHLY TEST - I MBBS Date: 06.06.2023

Time: 4.00pm – 5.30pm

Total marks=50 M

LONG ESSAY:

1x15=15M

1. Define Cardiac cycle and name the events with the help of a diagram. Describe the volume and pressure changes in detail and its relationship to ECG and heart sounds (1+2+12)

SHORT ESSAY:

7x5=35M

2. Describe the salient features of coronary circulation.

3. Explain Frank-Starling law and how does it affect cardiac output?

4. Dysbarism (Decompression sickness)

5. Define Compliance and explain factors affecting it. Name two conditions in which it is altered and give reasons? (3+2)

6. Explain neural regulation of respiration with a diagram.

7. A 45 year old office assistant one morning as she woke up late, she panicked and jumped out of the bed. She felt lightheaded and thought she might faint. She felt her heart racing. On walking she noticed her light-headedness disappeared and the rest of the day was uneventful.

a) What is the above condition called? (1/2marks)

b) What are the sequence of events that caused this condition? (1 ½ marks)

c) Her light-headedness was transient because of a reflex. What is this reflex and explain it in detail? (3 marks)

8. Explain Triple response in detail.

PES INSTITUTE OF MEDICAL SCIENCE AND RESEARCH
DEPARTMENT OF PHYSIOLOGY
V MONTHLY TEST - I MBBS Date: 27.07.2023

Time: 4.00pm – 5.30pm

Total marks=50 M

LONG ESSAY:

1x15=15M

1. Define synapse. Classification of synapse. Explain the steps of transmission of synapse. Explain any four properties of synapse in detail? (1+2+4+8=15M)

SHORT ESSAY:

7x5=35M

2. Explain Dorsal column medial lemniscal pathway with a neat labelled diagram?
3. Physiological actions of Glucocorticoids
4. Addison's disease
5. Physiological actions of parathormone and add a note on tetany
6. Explain any six properties of Receptors
7. Describe the types of pain and pain pathway in detail? (10M)

PES INSTITUTE OF MEDICAL SCIENCE AND RESEARCH

2021 - 2022

DEPARTMENT OF PHYSIOLOGY

I MONTHLY TEST

Date: 26:05:2022

Time: 4:00 to 5:30pm

Max marks:50M

DRAW NEAT LABELLED DIAGRAMS WHEREVER NECESSARY

LONG ESSAY :

1X15=15M

1. Define Erythropoiesis. Explain steps of erythropoiesis in detail. Add a note on factors regulating erythropoiesis.

SHORT ESSAYS : WRITE IN BREIF

5X5=25M

2. Role of feedback mechanisms in Homeostasis
3. Active transport mechanism
4. Classify Anaemia based on etiology and morphology. Explain Pernicious anaemia.
5. Cell mediated immunity
6. Explain the genesis of RMP

SHORT ANSWERS : WRITE IN SHORT

5X2=10M

7. Apoptosis
8. Name the body fluid compartments and mention their normal values.
9. Functions of plasmaproteins
10. Steps involved in phagocytosis
11. Nerst equation

PES INSTITUTE OF MEDICAL SCIENCE AND RESEARCH

DEPARTMENT OF PHYSIOLOGY

II MONTHLY TEST

Date: 28.07.2022

Time: 4:00 to 5:30pm

Max marks:50M

DRAW NEAT LABELLED DIAGRAMS WHEREVER NECESSARY

LONG ESSAY :

1X15=15M

1. Describe the action potentials in heart? Explain the refractory period in a cardiac muscle and its importance.

SHORT ESSAYS : WRITE IN BREIF

5X5=25M

2. Define Hypoxia? Classify and explain the different types of Hypoxia.
3. Explain Conducting system of heart with a neat labelled diagram.
4. Compare and contrast Cardiac muscle and Skeletal muscle.
5. Define Acclimatization.Explain the changes during Acclimatization.
6. Explain Chemical regulation of Respiration.

SHORT ANSWERS : WRITE IN SHORT

5X2=10M

7. What is AV nodal delay?What is its clinical significance.
8. Draw a labelled diagram of ECG?
9. What is PR interval.What is its importance.
- 10.What is cyanosis?What are its types.
- 11.Give the normal value of total body water.Which substance is used to measure ECF.Give 2 properties of an ideal substance.

PES INSTITUTE OF MEDICAL SCIENCE AND RESEARCH

DEPARTMENT OF PHYSIOLOGY

III MONTHLY TEST

I MBBS August 2022

Date: 25.08.2022

Time: 4:00 to 5:30pm

Max marks:50M

DRAW NEAT LABELLED DIAGRAMS WHEREVER NECESSARY

LONG ESSAY :

1X15=15M

Define Cardiac cycle. Explain the pressure volume changes in the left ventricle with the help of a neat labelled diagram. Add a note on heart sounds.

SHORT ESSAYS:WRITE IN BRIEF

4X4=20M

1. Describe the factors affecting cardiac output?
2. Describe the short regulation of Blood pressure?
3. Describe the waves and intervals of typical ECG and its importance with the help of neat labelled diagram?
4. What are the phases of gastric secretion. Describe the mechanism of gastric HCL secretion in detail with diagram?

SHORT ANSWERS : WRITE IN SHORT

2X2=10M

1. Write four peculiarities of coronary circulation?
2. Describe the functions of Saliva?

VERY SHORT NOTE:

1X1=1M

1. What is stroke's Adam's syndrome?

PES INSTITUTE OF MEDICAL SCIENCE AND RESEARCH

DEPARTMENT OF PHYSIOLOGY

I MONTHLY TEST

Date: 02:03:2021

Time: 4:00 to 5:00 pm

Max marks:30

Short Notes

3x5=15

1. Describe the steps of Erythropoiesis
2. Define Action Potential, Explain nerve action potential its ionic basis.
3. Genesis of Resting Membrane Potential

Short answers

5x3=15

4. Define Simple Diffusion, Facilitated Diffusion Osmosis
5. Function of plasma proteins
6. Define Homeostasis, Name the control mechanism involved in Homeostasis
7. Define Rheobase, Chronaxie, Utilization Time
8. Neuroglia

PES INSTITUTE OF MEDICAL SCIENCE AND RESEARCH

DEPARTMENT OF PHYSIOLOGY

II MONTHLY TEST

Date: 30:03:2021

Time: 4:00 to 5:00 pm

Max marks: 30

LONG ESSAYS

2X10=20

1. List the clotting factors. Describe the intrinsic and extrinsic pathway of clotting. Add a note on anticoagulants.
2. Draw a labeled diagram of a sarcomere and sarcotubular system. Explain in detail the molecular basis of skeletal muscle contraction.

Short answers

5x2=10

3. Landsteiner's Law
4. Haemophilia
5. Gamma globulins
6. Motor unit
7. Starling's law of muscle contraction.

✓

PES INSTITUTE OF MEDICAL SCIENCE AND RESEARCH

DEPARTMENT OF PHYSIOLOGY

I MBBS 2020-2021 BATCH- MONTHLY TEST - III

Time: 4.00 - 5.30 PM

Date: 28.10.2021

Draw diagrams wherever necessary

LONG ESSAY

1X15=15

1. Name the functional divisions of cerebellum. Describe their connections and functions. Add a note on cerebellar lesion.

SHORT ESSAY (WRITE BRIEFLY ON)

7x5=35

2. Role of hypothalamus in the regulation of food intake.

3. Structure and functions of the muscle spindle.

4. Referred pain

5. Diseases involving Basal Ganglia

6. Non-rapid eye movement (NREM) sleep.

7. Explain a) types of Aphasia

b) Kluver - Bucy syndrome.

8. Differences between signs of UMN and LMN lesion

PES INSTITUTE OF MEDICAL SCIENCE AND RESEARCH

DEPARTMENT OF PHYSIOLOGY

IV MONTHLY TEST

Time: 4.00 - 5.30 PM

Date: 25.11.2021

LONG ESSAY

1x15-15M

1. Describe the biosynthesis, regulation of secretion and actions of thyroid hormone. Discuss the effects of hyposecretion of thyroid hormone.

SHORT ESSAY (Write briefly)

7X5=35M

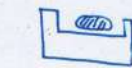
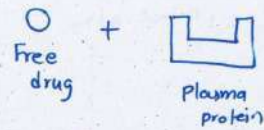
2. Effects of hypersecretion of Growth hormone.
3. Actions of ADH
4. Mechanism of action of protein/peptide hormone
5. Actions of parath hormone
6. Cushing's syndrome
7. Neuro endocrine reflex
8. Regulation of secretion of aldosterone

① Plasma Protein Binding

1) Acidic drug \leftrightarrow Albumin

Basic drug \leftrightarrow α 1 glycoprotein

2) Mechanism:-



Plasma protein bound drug

* Long Acting

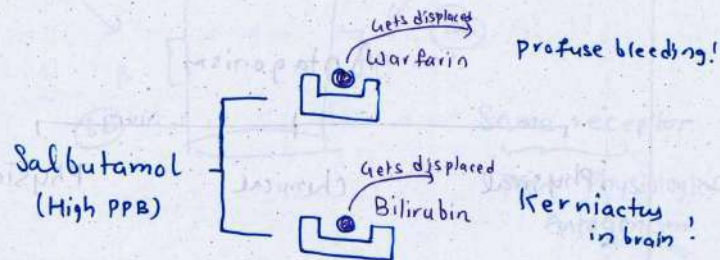
* Tissue Storage.

Note:-

When a drug gets plasma bound it will be not available for

- (a) it's action
- (b) it's distribution
- (c) it's metabolism
- (d) it's excretion (GFR)

2) Clinical consequences



Displacement rxn

* Drugs with high PPB

(a) warfarin

(b) Tolubutamine

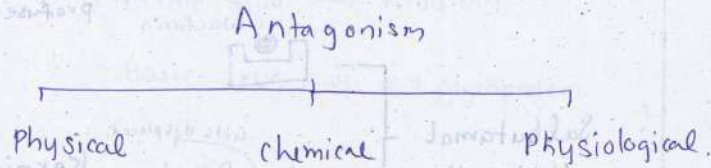
(c) Bzd's (Diazepam) etc.

In case of hypoalbuminemia, Furosemide will be given in low dose. (Low Albumin)

In case of MI, Lidocaine will be given in higher dose. (high a-1 GP)

please turnover!

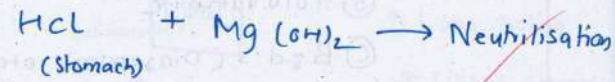
② Drug Antagonism (1+1 = < 2) ✓



Ⓐ Physical

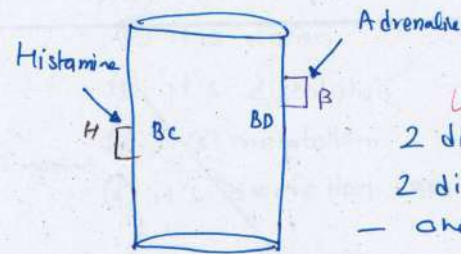
Position + Activated channel
(Universal antidote)

Ⓑ Chemical



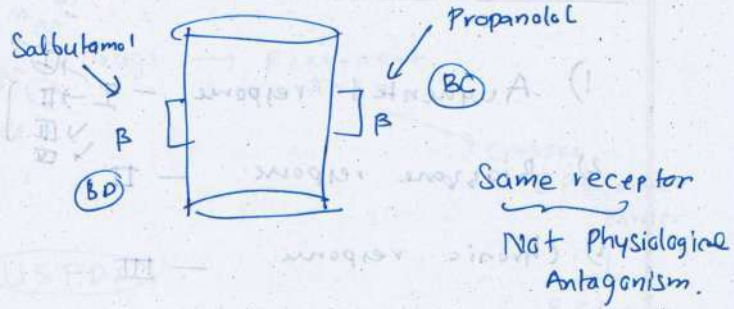
Antacid MOA. (Mode of Action)

Ⓒ Physiological



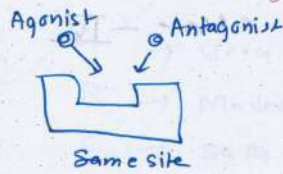
2 diff. sites
2 diff. drug
- one cell -

Note



(d) Difference

Competitive



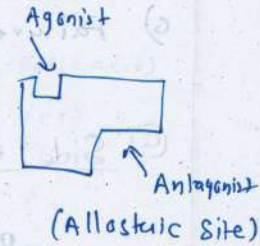
When dose is ↑

Response E
Efficacy will be
Same.

Potency remains ↓

eg Ach → Muscarinic receptor
Atropine

Non competitive

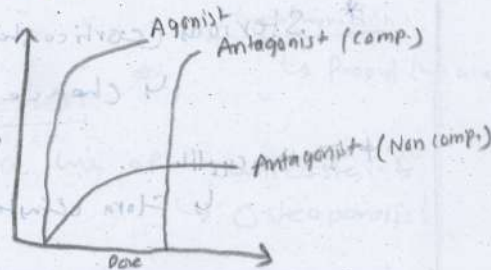


Response ↓
Efficacy will be ↓

Potency remains
Same

eg GABA
Diazepam!

Graph



③ Adverse Drug Reactions

- 1) Augmented response - I
- 2) Bizarre response - II
- 3) Chronic response - III
- 4) Delayed effect - IV
- 5) End of drug effect - V
- 6) Failure of drug effect - VI
- Handwritten notes:*
9 Penicillin
19 M 14
Anaphylactic
I → II
I, II & III
Hyperimmune
Need rare drug

④ Side effects

Phenramine → Rx. Allergy
↳ Neurological manifestation.
Also ✓

⑤ Secondary effects

* NSAID (Nonsteroidal antiinflammatory drug)

↓
Gastritis / peptic ulcer

* Steroids (corticosteroids)

↳ chance ↑ for opportunistic infection

* Tetracycline

↳ Flora of instat ⊖ → Diarrhea.

© Teratogenicity

Drugs → Pregnant lady

crosses

B Placental Barrier

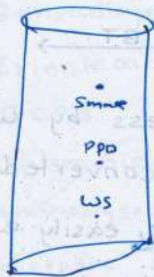
↓
Effect
placenta
Foetus!

USFDA

↳ Index for drug to
be used in pregnant
women!

(Low Vd) (Short acting)

- 3/2 ✓
- A → Very safe (eg. Folic acid)
 - B → Moderately safe (eg. PCP)
 - C → Safe (Medium)
 - D → Safe (Low)
 - X → Toxic (eg. Warfarin)



DOC in pregnancy

Malaria prophylaxis

↳ Mefloquine

Anticoagulant

↳ Heparin

Hypothyroidism

↳ Propylthiouracil

Ⓟ Delayed effect

chronic use of corticosteroids

↳ Osteoporosis!

③ Withdrawal Syndrome!

Tlerapt
→ Hospitalisation
→ Psychological
→ General
→ Substition

A person feel that his well being is dependent on the intake of drug. If he/she suddenly stops the drug they undergo opp. symptoms to which their body is adapted to.

① Physiological ② Physical.

(Tremors; Sweating)

① Toxicity

① Acute ⇒ PCT → Hepatotoxicity

② Chronic ⇒ ↑ Aspirin → Gastritis.

④ Biotransformation

* LS \xrightarrow{BT} WS

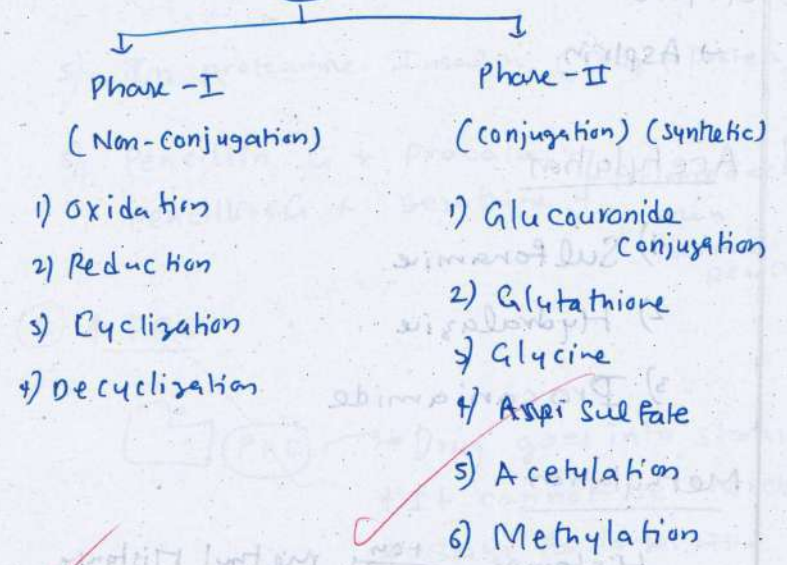
* The process by which lipid soluble drug is converted into water soluble drug (i.e., easily excretable) is known as "BT/Drug metabolism".

* Sites:-

* 1^o site ⇒ Liver $\begin{cases} \rightarrow \text{Microsomal enzyme} \\ \rightarrow \text{Macrosomal enzyme} \end{cases}$

* other $\begin{cases} \text{Placenta} \\ \text{Intestine} \end{cases}$

BT



W ✓

* All are mediated by "transferases"

Ⓐ Glucouronide conjugation

Enzyme: UDP-glucouronyl transferase

Drugs:

- 1) Benzodiazepes
- 2) Irinotecan
- 3) OCP's.
- 4) Chloramphenicol
- 5) Aminoglycosides / Atrovastatin / Amitodarone.
- 6) Morphine
- 5) PCT.

Ⓑ Glutathione :-

Ex: PCT (Glutathione transferase)

Ⓒ Sul fate :-

④ glyce

→ Aspirin

⑤ Acetylation

- 1) Sulphonamide
- 2) Hydralazine
- 3) Procanamide

⑥ Methylation

Histamine $\xrightarrow{+CH_3}$ Methyl Histamine

Nor Adrenaline $\xrightarrow{+CH_3}$ Adrenaline.

⑦ Prolonging Drug Action

① Oral route

- 1) Sustained release tablet.
 - ↳ Longer acting
 - ↳ Need not be repeated.

Eg: Diclofenac (Normal = 12 hrs)
(SR = 24 hrs)

- 2) Adrenaline + Local Anesthetic

↓
Vasoconstriction

Local action

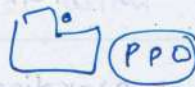
Toxicity will be prevented.

f) Implants Ex. Oral contraceptives.

g) In proteasme Insulin (Drug + Protein)

h) Penicillin G + Procaine } Prolonged action
penicillin G + Benzathine } than
Normal penicillin G.

(B) ↑ PPO



- * Drug goes into storage
- * It cannot be excreted
- * Stay for longer time.

(C) ↓ Metabolism

- * By ↓ metabolism of drug makes drug to stay long in body by preventing its conversion into water excretable form.

(d) ↓ Excretion

- * Low will be excretion
↑ drug will be retained in body.

Note:

Enterohepatic recycling

Ex. OCP's

Drug → Metabolism (Glucuronide + tran form) → Intestine
↓
Excretion

Fate

* Active Drug \longrightarrow Inactive

* Inactive drug \longrightarrow Active drug.
(Prodrug)

Ex. Levodopa \longrightarrow Dopamine

* Active drug \longrightarrow Active metabolite

Ex. Diazepam \longrightarrow Nordiazepam

Hydroxide \longrightarrow Cetrizine.

* Active drug \longrightarrow Active toxic

Ex. PCT \longrightarrow NAPQI

Alcohol \longrightarrow Hepatotoxicity.

Mecrathin
uricaal
 \downarrow
Excret.

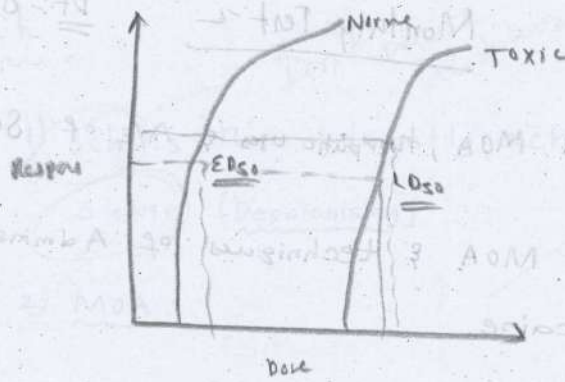
⑥ Therapeutic index

\hookrightarrow Index of drug safety

Formula

$$TI = \frac{LD_{50}}{ED_{50}}$$

* Drugs with narrow / low TI will need



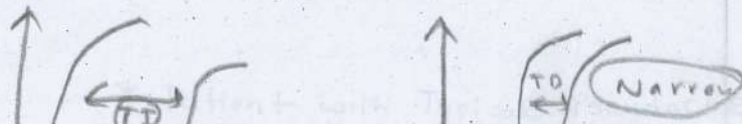
Drugs with Narrow TI

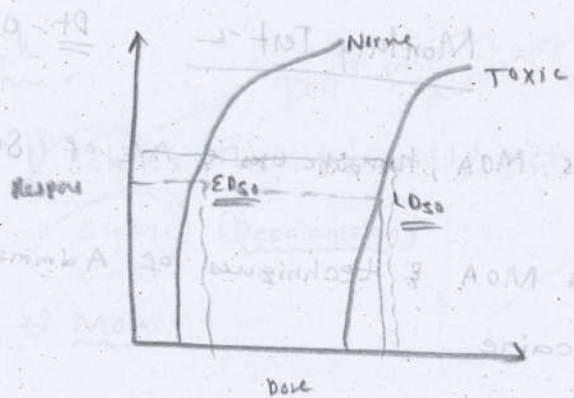
- 1) Lithium
- 2) Aminoglycosides
- 3) Theophylline
- 4) Digoxin
- 5) Morphine / Methotrexate
- 6) Calcium inhibitors.

* They need to be monitored because their drug concentration will coincide with pt. response!

Eg. Digoxin \Rightarrow 0.4 to 1.4 ng/ml.

* To prevent Adverse effects.





Drugs with Narrow TI

- 1) Lithium
- 2) Aminoglycosides
- 3) Theophylline
- 4) Digoxin
- 5) Morphine / Methotrexate
- 6) Calcium inhibitors.

* They need to be monitored because their drug concentration will coincide with pt. response!

Eg. Digoxin \Rightarrow 0.4 to 1.4 ng/ml.

* To prevent Adverse effects.



Monthly Test 2

DT:- 07/05/23

- ① Discuss MOA, therapeutic uses & A/E of Succinylcol.
- ② Discuss MOA & techniques of Administration of lignocaine.
- ③ Compare & Contrast Homatropine with Phenylephrine
- ④ Classify Anticholinergic drugs & discuss their uses of Atropine substitutes with suitable examples.
- ⑤ Compare & contrast Dopamine with Dobutamine
- ⑥ Enumerate Cardioselective β blockers & discuss their uses & their Advantages over non-selective β 's. Enumerate the C/I for the use of β 's

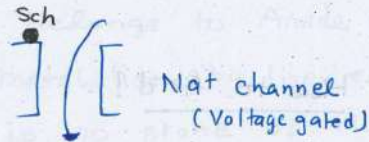
① Sch

Don't write alabrenvils

1) Sch is the indirectly acting peripheral

SKMR (Depolarising)

2) MOA



Na+

Muscle contraction

Initial fasciculations

Nm receptor undergoes

RAPID DESENSITIZATION

FLACCID PARALYSIS

Hyperkalemia

3) Uses

• For intubation,

* Sch $\xrightarrow[\text{Pseudoche}]{\text{Typical}}$ Inactive
SA [Normal patient]
(Duration = 5min)
(onset = 1 to 1.5min)

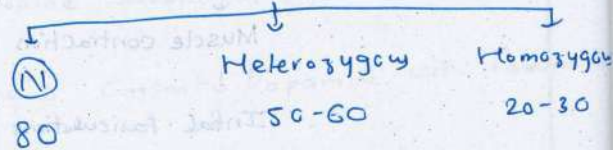
* Patient with Typical Pseudoche deficiency,

* Sch ~~Atypical~~ Pseudoche → Inactive LONG ACTING!

Sch - Induced Apnea!
(Genetic)

* How to find?

Dibucaine Number



Rx - Rocuronium

- Ventilator Support
- Fresh Frozen plasma
- Recombinant typical pseudoche.

9) A/E

- i) Hyperkalemia (C/I in Muscle & Nerve in)
- ii) Malignant Hyperthermia
- iii) Muscle ~~Apnea~~ Soreness after recovery.
- iv) ↑ Intra gastric Pressure

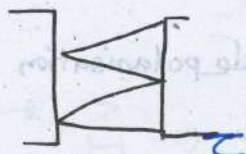
② MOA of Lignocaine

1) Lignocaine is a commonly used local anaesthesia that belongs to amide group.

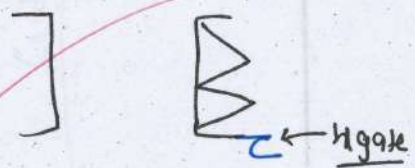
2) As it belongs to Amide group, it is metabolised by liver enzymes, there is no prone of Hypersensitive reactions & the drug has a glyco protein binding.

3) It acts by blocking Voltage-gated Na⁺ channel from inside.

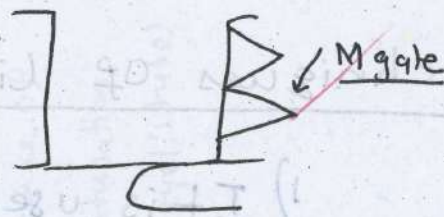
Na⁺ channel types



Ⓐ closed



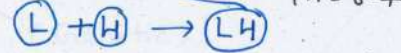
Ⓑ open



Ⓒ Inactivated



Unionised



* Lignocaine is a basic drug. Hence, it remains unionised in Alkali medium & becomes ionised in slightly acidic medium.

L refers to Lignocaine

Lignocaine

↓
Block Na⁺ channel

↓
No Na⁺ Entry

↓
No depolarisation

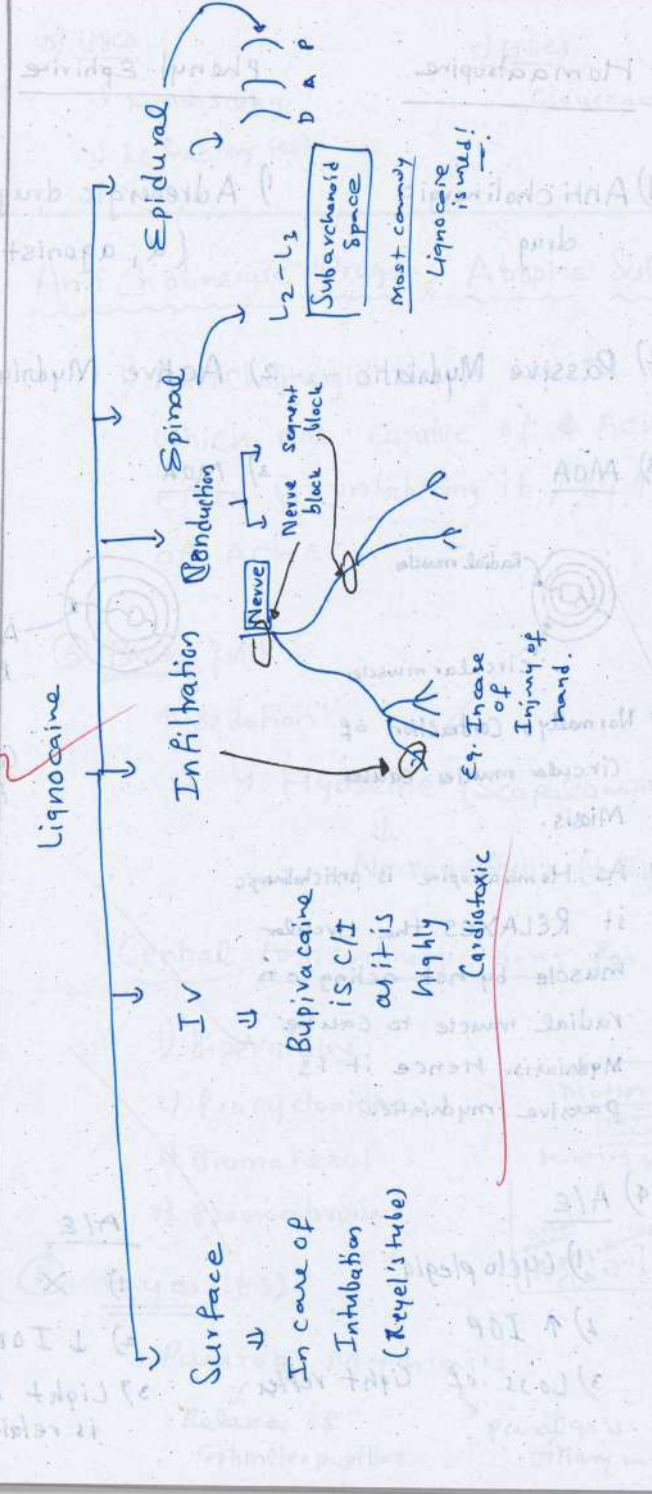
↓
No impulse transmission

↓
No muscle contraction.

Techniques of Lignocaine Administration

1) It is used as class I B antiarrhythmic drug.

~~Lignocaine~~



③

Homatropine

Phenyl Ephedrine

1) Anticholinergic drug

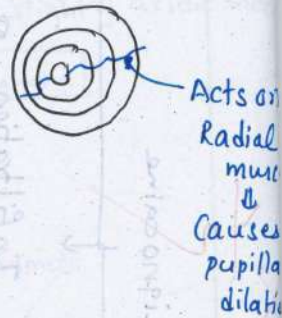
1) Adrenergic drug
(α_1 agonist)

2) Passive Mydriatic

2) Active Mydriatic

3) MOA

3) MOA



• Normally, Contraction of circular muscles causes Miosis.

• As Homatropine is anticholinergic it RELAXES the circular muscle by not acting on radial muscle to cause Mydriasis. Hence it is passive mydriatic.

4) A/E

1) cycloplegia

2) \uparrow IOP

A/E

1) X

2) \downarrow IOP

5) Uses

- 1) Fundoscopy
- 2) Refractory test

5) Uses

Glaucoma.

④ Anticholinergic Drugs & Atropine Substitutes

1) Anticholinergic drugs are the drugs which are capable of ↓ Ach level either by inhibiting it / by ↑ activity of AChE!

① Brain (MI)

↑ Sedation

↳ Hyoscine (Scopolamine)

↓

Narcoanalysis (+ Thiopentone)

Central Anticholinergic drug for Parkinsonism

- 1) Biperndine
- 2) Procydonidite
- 3) Bromohexal
- 4) Promatropie.

③ Eyes (MI)

Parive Mydriasis



⊗ Atropine (7-10 days) Long acting

Homatropine

Cyclopentolate

Tropicamide (Short acting)

⊗ Uses

• Fundoscopy

• Refractory testing.

⊗ A/E

Blurring of vision.

⊙ Longs (M3)

1) Ipratropium Br

2) Tiotropium Br

BD → COPD

⊙ β (M2)

↳ Tachycardia

Ex. Atropine

Rx. Bradycardia
AV block

⊙ Stomach (M3)

Telenzepine

Pirenzepine

Rx. PUD.

Peptic ulcer

⊙ Intestine (M3) (Antispasmodic)

③ Urinary bladder (M₃)

- * Fesoterodine
 - * Tolterodine
 - * Solifenacin
 - * Darifenacin
 - * Oxybutynin
- Rx. overactive bladder.

④ Glycopyrrolate

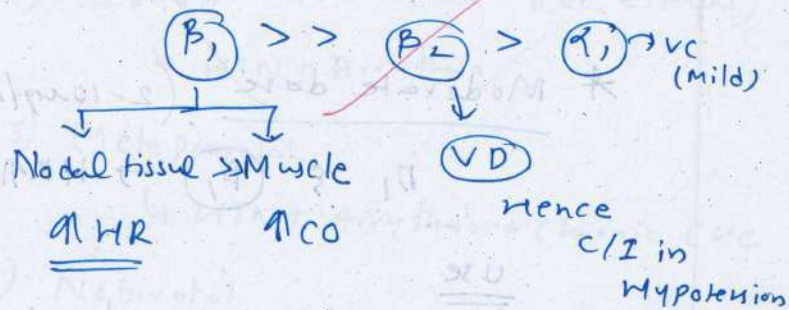
- ↳ preanesthetic
- ↓ secretion
- ↓ Reflex bradycardia

⑤ Val ethrate BR

- ↳ cervical ripening
- ↳ Induction of labor.

⑥ Dobutamine

- 1) Exogenous catecholamine
- 2) Acts on β_1, β_2 & α_1 receptors.



③ Urinary bladder (M)

* Festerodine

* Tolterodine

* Solifenian

* Dori Fenian.

* Oxybutynin.

Rx. overactive bladder.

④ Glycopyrrolate

↳ preanesthetic

↓ secretion

↓ Reflex bradycardia

⑤ val ethuate BR

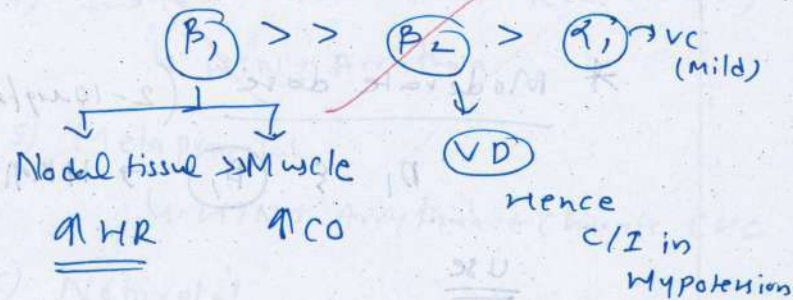
↳ cervical ripening

↳ Induction of labor.

⑥ Dobutamine

1) Exogenous catecholamine

2) Acts on β_1 , β_2 & α_1 receptor.



* Cardiogenic shock with maintained

* Acute CHF

Low dose

* Cardiac stress testing

High dose.

Dopamine

1) Dose dependent action.

2) Endogenous catecholamine.

* Low dose ($2 \mu\text{g}/\text{kg}/\text{min}$)

D_1 receptor (VD)

Renal

Renetic

GFR \uparrow

BP \downarrow

* Moderate dose ($2-10 \mu\text{g}/\text{kg}/\text{min}$)

D_1 & $\beta_1 \rightarrow \text{HR} \uparrow$

Use

Cardiogenic shock

* High dose ($>10 \mu\text{g}/\text{kg}/\text{min}$)

β_1 & β_2 & $\alpha_1 \rightarrow \text{VC}$

use

~~Cardiogenic shock
+ Hypotension.~~

Note:-

Hypovolemic shock

($15 \mu\text{g}/\text{min}/\text{kg}$ body wt)

⑥ Cardio selective β #'s

1) Atenolol

Acebutolol

} Rx: HTN

2) Bisoprolol \rightarrow chronic CHF

Betaxolol \rightarrow glaucoma

3) Celiprolol \rightarrow \uparrow HDL

4) Esmolol (SA = 8 min ~~rec esterase~~)

\hookrightarrow HTN + Arrhythmia

5) Metoprolol

\hookrightarrow HTN + Arrhythmia + chronic CHF

6) Nebivolol

8) Labetalol

↳ HTN + pregnancy

↳ HTN + emergency

9) carvedilol

↳ Anti oxidant

↳ Chronic CHF

↳ Has both α + β action.

Non selective β #'s

• Propranolol

• Timolol

• Sotalol

• Nadolol

Causes & crosses

BOB

↳ Performance anxiety

Sedation

↳ Oxylin

↳ Erec dyl

CI

1) Prinzmetal Angia

2) Diabetes Mellitus

3) Bronchial Asthma / COPD

4) Acute CHF

Other uses of CS β BB's

- 1) Glaucoma (Betaoxolol)
- 2) Migraine prophylaxis
- 3) Infantile Hemangiomas
- 4) Thyrotoxicosis
- 5) Portal HTN
- 6) Performance Anxiety.

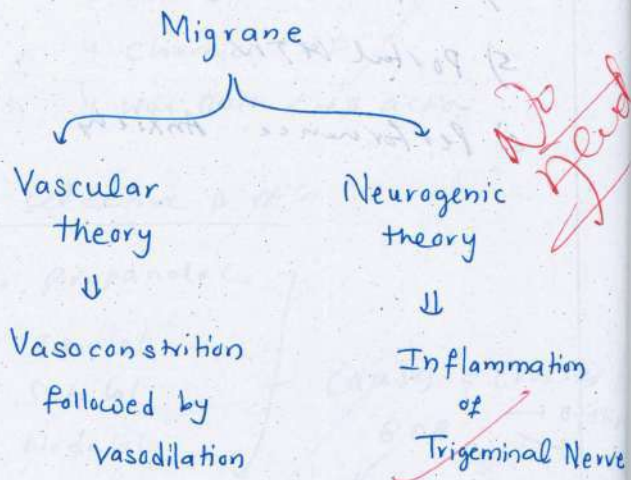
dena
tile
function

Management of severe migraine (Lipman)

- 1) TCA's
- 2) Dopamine antagonists
- 3) Anti epileptics (Carbamazepine)
- 4) Blockers (Propranolol, Metoprolol)

① Pharmacotherapy of Severe Migraine (or)

Acute Attack of Migrane



Management of Severe migraine (Prophy)

- 1) TCAs
- 2) Onabotulinum toxin
- 3) Antiepileptics (Eg. Gabapentine)
- 4) β blockers (Eg. Propranolol; Metapro)
- 5) Candesartan → to counteract initial vasodilation
CCBs (Verapamil)
Fremanezumab (CGRP Antagonist)

Management of Acute attack of Migraine

1) Non-steroidal Anti-inflammatory drugs.

* Diclofenac

* Aceclofenac

NSAIDs
NSAIDs

2) Anti-emetic drugs

* Metoclopramide

* Ondansetron

Dominant

LI
Ischemic Heart ds.
Vasoconstriction
⊕
⊖ Neurogenic inflammation

3) Sumatriptan (5HT_{1D} Agonist)
(Drug of choice)

4) Ergots

* Ergotamine → Hydroxy Ergotamine

* Acts upon α # ; Vasoconstrictor;
Dopamine receptor.

* VC \gg α # (Action)

* AE

- Gangerene
- Fibrosis

* C/I

- Ischemic ϕ ds
- Coronary vasospasm.

5) CGRP antagonist

* Ubrogabpant

6) Lasmiditan (5HT_{1F} Agonist)

↳ pt. with Ischemic Heart ds / cardiac problems →

② 2nd Generation Antihistaminics

1) Drugs

* Terfenadine (Active) → ~~Fexofenadine~~
Fexofenadine (Active)

~~Remaining drug~~

→ QT prolongation! (A/E)

* Ebastine

* Rupatadine (Anti Platelet activating factor)

* Lovatadine

2) Advantages

2hr

* Do not cross blood brain barrier

* Less / No anticholinergic properties

* Less sedative

3) Rx.

Allergic Rhinitis.

~~Remaining~~

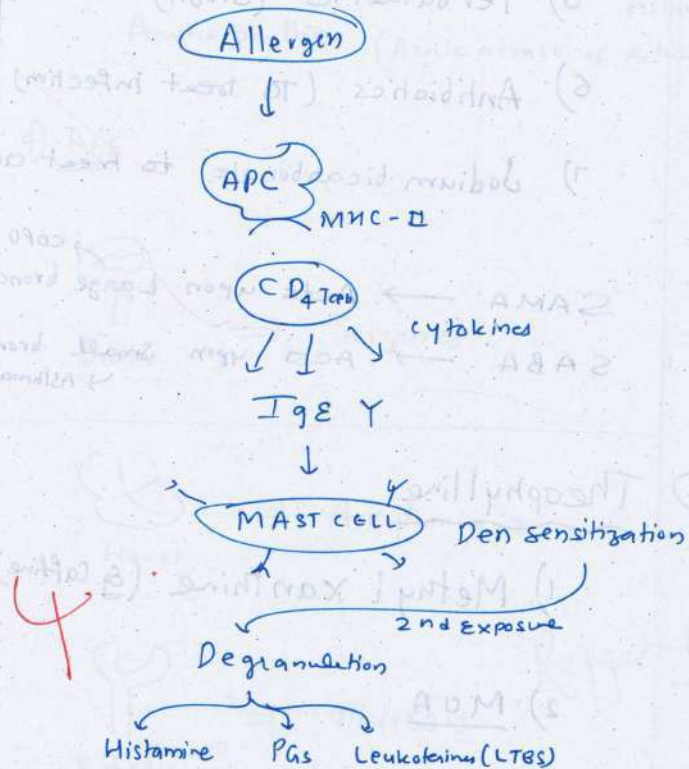
Topical 2nd gen Antihistaminics

1) Azelastine

2) Olopatadine

→ Drops / Sprays

③ Management of Status Asthmaticus



* Sudden onset of Asthma is "Status Asthmaticus" (It requires immediate support). *definitive*

- 1) ~~Salbutamol~~ (β_2 agonist) (SABA)
- 2) 100% Humidified O_2
(Dry air irritates Bronchi)
- 3) Hydrocortisone (IV)
(Steroid)

4) Ipratropium Bromide (SAMA)

5) Terbutaline (SABA)

6) Antibiotics (to treat infection)

7) Sodium bicarbonate to treat acidosis

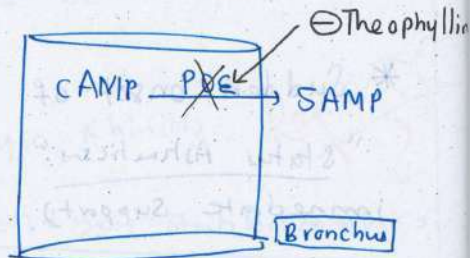
SAMA → Acts upon Large bronchioles
→ COPD

SABA → Acts upon Small bronchioles
→ Asthma

④ Theophylline

1) Methyl xanthine (eg. Caffeine)

2) MOA



* ⊖ PDE

* ⊖ Adenosine *Receptors*

* Promotes histone deacetylation

* Activates anti-inflammatory interleukin (IL-10)

3) Rx.

Theophylline (Severe to persistent Asthma)

Aminophylline (Acute attack of Asthma)

4) A/E



Brain

⇒ Seizures



Heart

⇒ Arrhythmia's

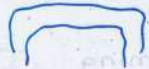


kidney

⇒ Diuresis

Repealing!

Others ⇒ Headache

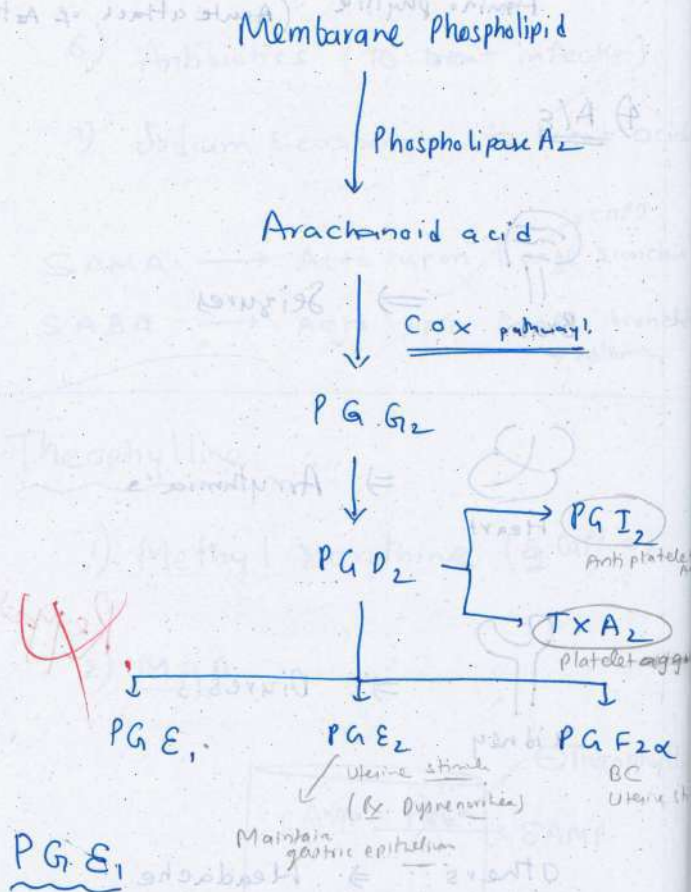


GIT

⇒ Nausea

* Cervical Rimming *
* Medical Term of Frequency *
* Repeating *
* Vomiting * →

⑤ Prostaglandin Analogues



1) Misoprostol

- * Cervical priming
- * Medical termination of pregnancy
- * Peptic Ulcers.

2) Gemaprost

- * Cervical Priming

3) Alprostadil

* To open patent ductus arteriosus

Why:

As flow is already established

Sudden closure may lead to death until surgery. So it

kept open using Alprostadil until surgery.

* Erectile dysfunction.

PG_{E2}

* Dinoprostone

→ Mid-term abortions.

→ PPH.

→ Induction of labour

PGF_{2α}

1) Oranoprost

→ PPH

2) Carboprost

→ Mid term abortions.

3) Latanoprost

Tarvoprost

Bimatoprost

→ open angle glaucoma.

Topical hence can be used in Bronchial Asthma.

PGI₂

* Eloprost

→ Pulmonary HTN

Don't use
penicillin

→

⑥ Expectorants

1) Used in productive Cough.

2) MOA

↑ Cough to pull out
Sputum.

3) Drugs

* Ammonium chloride

* Guaiphenesin *Ref 11*

4) others

* Mucolytics

- Bromohexine
- Ambroxol

Thick Sputum $\xrightarrow{\text{Depolymerisation}}$ Thin & watery
(Mucopolysaccharide)

* Carbocysteine & Acetylcysteine

→ Break Sulphide bonds in
Thick sputum & makes it
thin & watery.

Monthly Test-1

20 March 24

1) Fixed Dose Combination:-

Definition:-

Combination of two (or) more drugs in a fixed dose ratio into a single formulation is called as the fixed dose combination.

Advantages:-

- Fixed dose combination increases the patient compliance.
- Fixed dose combination increases efficacy.
- Reduces the cost of drugs.
- Reduces the side effects.
- Have synergetic effect.
- prevents the development of the antimicrobial resistant diseases like - Tuberculosis, AIDS etc., by a single drug usage instead of multiple drugs.

Disadvantages:-

- Inflexible fixed dose ratio
- Increased Toxicity due to the
- Inappropriate combinations.
- In case of adverse effects the component of FDC causing it can't be known.
- Physicians & pharmacologists tend to ignore the compositions.
- Drug is not compatible if any one of compound is contraindicating other.

5
A
2
X
2

Examples:-

- ① levodopa + carbidopa
↓
Treatment of parkinsonism
- ② Ferrous sulphate + Folic acid
↓
Treatment of anemia in pregnancy.

③ oestrogen and progesterone

↓

used as an oral contraceptive

④ probenecid + Ampicillin / penicillin

↓

prolongation of drug action.

2) ADR:-

• ADR - Adverse Drug reaction.

Definition:-

According to WHO-

"Any response to the drug that is noxious and unintended and occurs at the doses given to the humans for therapy (or) diagnosis of a disease (or) for modification of a physiological function".

↳

Classification of ADR:-

- ① Based on

onset of Event		Severity
Severity		
- ② Rawling - Thompson classification
- ③ Wills and Brown classification.

Onset of Event:

- ① Acute - occurred less than 2 hours after taking drug
- ② Subacute - 2hrs - 6hrs
- ③ Lethal - more than 2 days.

Severity:

- ① Minor
- ② Moderate
- ③ Severe
- ④ Lethal

Rawling-Thompson classification:-

Type A Type B

Type A :- Augmented

- It is non-immunological
- Commonly termed as Intolerance.

Type B :- Bizarre

- It is immunological
- commonly termed as Allergic reactions

Wills and Brown classification:-

- ✓ Type A - Augmented
- ✓ Type B - Bizarre
- ✓ Type C - Continuous/prolonged
- ✓ Type D - Delayed
- ✓ Type E - End of Therapy
- ✓ Type F - Failure of Therapy
- ✓ Type G - Genotoxicity
- ✓ Type H - Hypersensitivity
- ✓ Type U - Unclassified.

Type A: Augmented.

predictable reactions.

Reactions that can be predicted by known knowledge of pharmacology of drug.

Eg:-

- ✓ Hypoglycemia due to insulin
- ✓ Hypotension due to antihypertensives

Type B: Bizarre

unpredictable reactions

Reactions can't be predicted by the known pharmacology of drug.

Eg: ✓ penicillin $\xrightarrow{\text{causing}}$ Anaphylaxis

- ✓ Anaphylaxis - Death due to respiratory / cardiovascular depression.

Type C: Continuous

Reactions due to prolonged use of drugs

Eg:-
Immunosuppression
↓
Due to corticosteroids

✓ parkinsonism

↓
Due to antipsychotic Drugs.

Type D :- Delayed

- ~~Excess~~ - Mutagenicity
- Carcinogenicity
- Teratogenicity.

Type E :- end of Therapy

o Drugs of addiction

└─ morphine phenobarbitones

Type F :- Failure of Therapy

o Oral contraceptives Failure

↓
Due to Enzyme induction of certain microsomal enzymes.

Type G → Genotoxicity

Type H → Hypersensitivity

↓

usage of certain drugs

penicillin, Aspirin etc.,



Release of IgE - fixed to mast cells



Exposure to drug again



Antigen-Antibody reaction occurs



Release of

Histamine

prostaglandins

leukotrienes



Causes

Hypotension

Bronchospasm

Anaphylactic reaction.

Management of Anaphylactic reaction:-

① Adrenaline



- main route of treatment

- 0.3-0.5ml (1:1000)

- Intramuscular

- Same dosage is given after 10-20min if required.

② Hydrocortisone

↓
100mg through IV every 6th hourly
(intravenous)

③ α_1 antihistaminics

↓
chlorpheniramine malate

↓
10-20mg through slow IV.

3) Methods of prolongation of drug Action:

- 1) By retarding absorption of drug
- 2) By increasing the plasma protein-binding
- 3) By decreasing the metabolism of drug
- 4) By retarding the renal excretion.

1) By retarding absorption of drug:-

a) oral:

Drugs are coated with resin (or) substances that release/dissolve at different intervals of time (sustained-release)

Eg:- Diclofenac has duration of action 12hrs.

Sustained release of diclofenac

↓
Duration of action → 24hrs.

b) parental:

① Drugs given by subcutaneous (or) intramuscular administration in insoluble form (or) as oily solution

Eg:- insoluble form → procain in combination with penicillin
oily solution → Depots.

② By including a vaso constrictor along with the drug.

Eg:- Adrenaline + local anesthetics.

c) Transdermal Drug delivery system:-

Drug administered in form of the adhesive patches / strips

Eg:- GTN.

②) By increasing plasma protein binding:-

Highly ^{Protein} plasma bound drugs

↓
Pharmacologically inactive

↓
Temporary storage of drugs

↓
Delays absorption.

Eg:- Sulphodiazine

↓
low plasma protein bound

↓
Duration - 6hrs

sulphodoxine

↓
High plasma protein bound

↓
24hrs.

3) By Decreasing metabolism of drug:-

a) Small chemical modifications

Eg:- Addition of ethyl group to

Estradiol



prolong duration of oral contraceptives

b) Inactivation/ Inhibition of specific

enzyme by one drug that ~~prolongs~~
duration of another drug

Eg:- Allopurinol prevent degeneration
of 6-mercaptopurine.

4) By retarding renal excretion:-

Done by suppressing tubular secretion
of drug.

eg:- probenicid with penicillin /
ampicillin / amoxicillin.

Xi

4)

Drug Antagonism:-

Definition:-

In antagonism, "Effect of one drug is decreased (or) abolished due to the presence of another drug?"

Types:-

① physical antagonism

② chemical antagonism

③ physiological antagonism

④ Receptor antagonism

Competitive

non competitive

① physical antagonism:-

The opposing action of drugs are due to their physical property

Eg:- Adsorption of alkaloid by activated

charcoal ↓

used in "Alkaloid poisoning".

② chemical antagonism:-

The opposing action of the drug is due to chemical property.

Eg:- Antacids are weak bases

↓
neutralize the gastric juices

↓
used in "peptic Ulcers".

③ physiological antagonism:-

Here, two drugs act on two different receptors (or) different mechanisms but on same physiological system showing opposite effects.

Eg:- Insulin & Glucagon on blood glucose

✓ Histamine

& Adrenaline

↓
Broncho constriction

↓
Bronchodilation

④ Receptor antagonism:-

Antagonist acts on the receptor same as agonist and inhibits its effect.

a) Competitive antagonism:

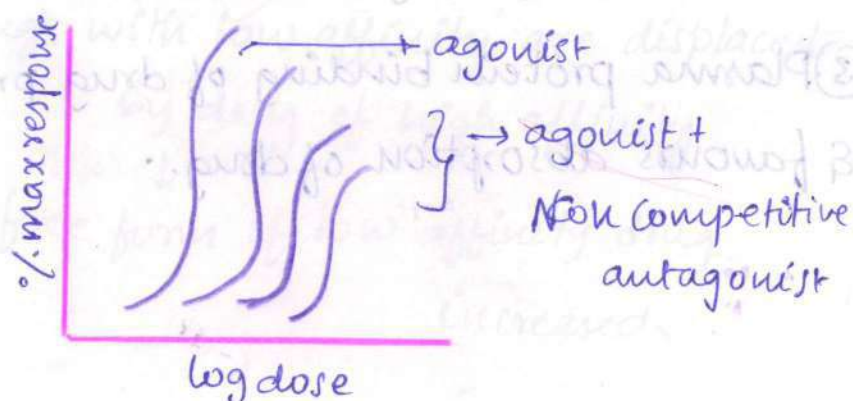
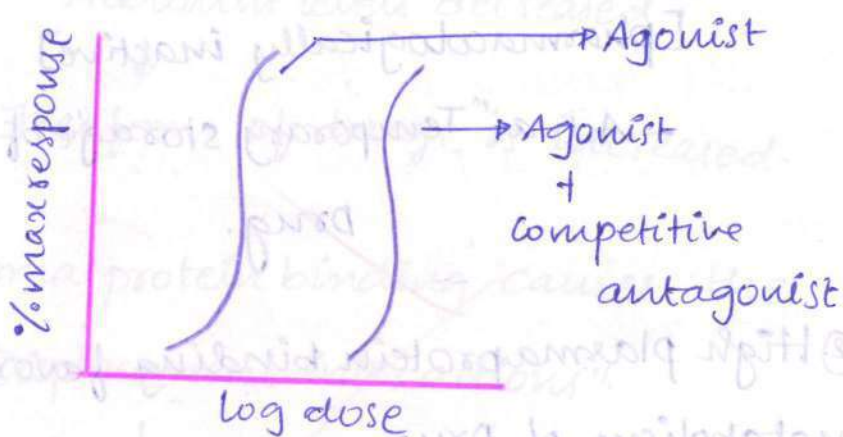
Antagonist binds on same site of receptor as that of agonist.

Ex

b) Non Competitive antagonism:-

Agonist & Antagonist bind for different sites of receptor but the effect of Agonist is effected.

Examples



6)

First order kinetics:-

Def:- Constant fraction of drug is eliminated from body per unit time.

- Rate of elimination of drug is directly proportional to the plasma concentration of drug.
- plasma half life of drug following the first order kinetics is constant.
- Most of drug is eliminated at the end of 4-5 $t_{1/2}$

Eg:- Most of drugs follows this kinetics.

Eg:- Let's assume a drug 'A' with $t_{1/2}$ of 1hr with a plasma concentration 100 $\mu\text{g}/\text{ml}$.

Then rate of elimination,

$$100 \mu\text{g}/\text{ml} \xrightarrow[t_{1/2}]{1\text{hr}} 50 \mu\text{g}/\text{ml}$$
$$t_{1/2} \downarrow 1\text{hr}$$
$$25 \mu\text{g}/\text{ml}$$

"Very good presentation of the answers"
Keep it up!

zero order kinetics:-

Def:- constant amount of drug is eliminated from body per unit time.

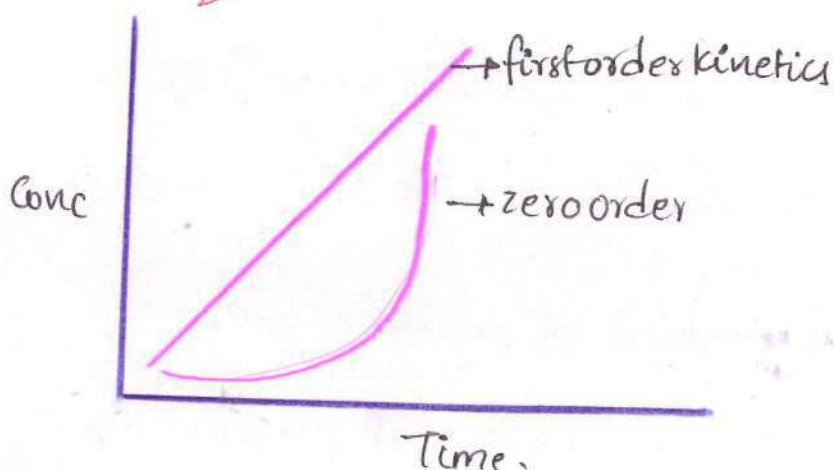
o Rate of elimination is independent of the plasma concentration.

Eg:- Ethylalcohol eliminated at rate of 10 mg/hr .

o plasma half life of drug isn't constant.

Eg:- Drug 'B' with initial conc of 200 mg/ml & rate of elimination 10 mg/hr , then,

o $200 \text{ mg/ml} \xrightarrow[10 \text{ mg/hr}]{t_{1/2}} 190 \text{ mg/ml}$
 $\downarrow t_{1/2}$
 180 mg/ml .



1) Nitrates:-

- organic nitrates are prodrugs
- They release nitric oxide (NO)
- Mainly venodilators, but sometimes also
- arteriolar dilators

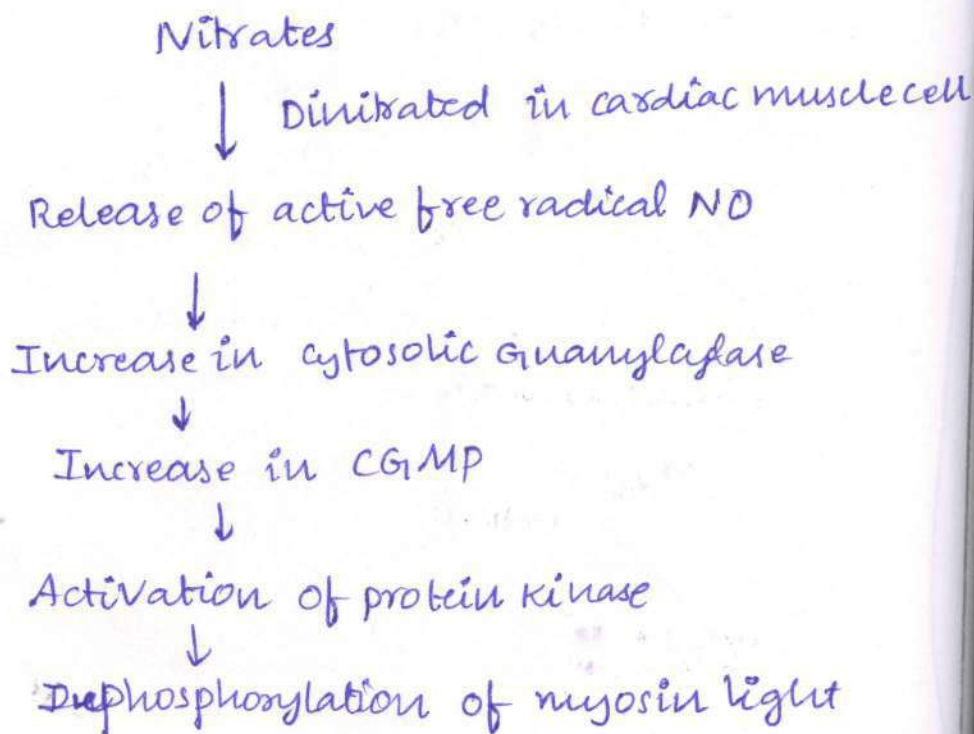
↓
∴ Decreases $\left\{ \begin{array}{l} \text{Preload} \\ \text{Afterload} \end{array} \right.$

Angina pectoris:-

- chest pain due to myocardial ischemia that occurs as a result of imbalance in myocardial O_2 supply & O_2 demand.

Mechanism of Action:-

1) Molecular mechanism of Action:-



Inhibition of myosin

↓
No binding with Actin

↓
Relaxation

2) cellular mechanism of nitrates:-

Nitrates → ↑ formation of NO

↓
↑ Guanylate cyclase

↓
↑ cAMP

↓
relaxation of Cardiac Vascular smooth muscle.

Therapeutic Uses:-

1) Angina pectoris

- used in both Variant & classical Angina.

- Acute anginal attack - 0.5mg SL

- prophylaxis of Angina

- 6-8 Drug free hours.

2) Myocardial Infarction

- Glyceryl Trinitrate - IV

3) Congestive heart failure / Left ventricular failure

- nitroglycerin - IV infusion

4) Interventional cardiac procedures

5) Hypertensive Emergencies

- nitroglycerine (IV)

6) cyanide poisoning

Hb → Methaemoglobin

Amylnitrate
Sodium nitrate

cyanide

inhibits cytochrome
oxidase

cyanmethaemoglobin

Sodium thiosulphate

Sodium thiocyanate

rapidly excreted in urine

7) Biliary colic - nitroglycerine (v)

8) oesophageal spasm

2) Management of Myocardial Infarction:-

1) Bedrest

2) O₂ inhalation (100%)

3) Analgesic

- Inj. Morphine - 5mg (IV)

[~ 1mg/min]

4) Antiplatelet Agent

- Tab. Aspirin - 100-300mg OD

- If patient allergic to Aspirin

↓
clopidogren - 300mg.

5) Anticoagulant

- Inj. Heparin - 5000U bolus.

[~ 1000U/hr]

6) Thrombolytic Therapy.

- Alteplase - 100mg

◦ 15mg - IV bolus

◦ 50mg - over 30min IV infusion

◦ 35mg - over 60min IV infusion.

7) Nitrates

- Inj Nitroglycerin - for persistent & recurrent pain & LVF
- Tab Nitroglycerin - 0.5mg sublingual
- max: 3 doses.

8) ACE inhibitors

- Tab Enalapril - 5mg - OD.

9) β blockers:-

- Administered only after 24hrs if there are no contraindications.
- Inj Metoprolol - 5mg - IV
- Tab Metoprolol - 50mg/day - after 2nd day.

10) statins:-

- Atorvastatin - 40mg - OD.

11) Left ventricular failure:-

- Inj furosemide - 40mg - IV

12) Pump failure:-

- Dopamine - 2ug/kg/min - IV

13) Ventricular fibrillation:-

- Inj lignocaine - 1mg/min - IV

14) lifestyle modification.

3) Therapeutic Uses of Digoxin:-

◦ Digoxin - Cardiac glycoside

◦ source - Digitalis lanata.

◦ MOA - partial inhibition of $\text{Na}^+ - \text{K}^+ \text{ATPase}$
- calcium induced calcium release from sarcoplasmic reticulum.

◦ Result - Increase in strength of contraction

◦ Therapeutic Use:- Atrial fibrillation

- AF is one of the commonest cardiac arrhythmia

- In AF - heart beats at rate of - 350 - 600/min

★ ◦ Digoxin

↓
Has both direct & indirect effect on AV node
(vagomimetic)

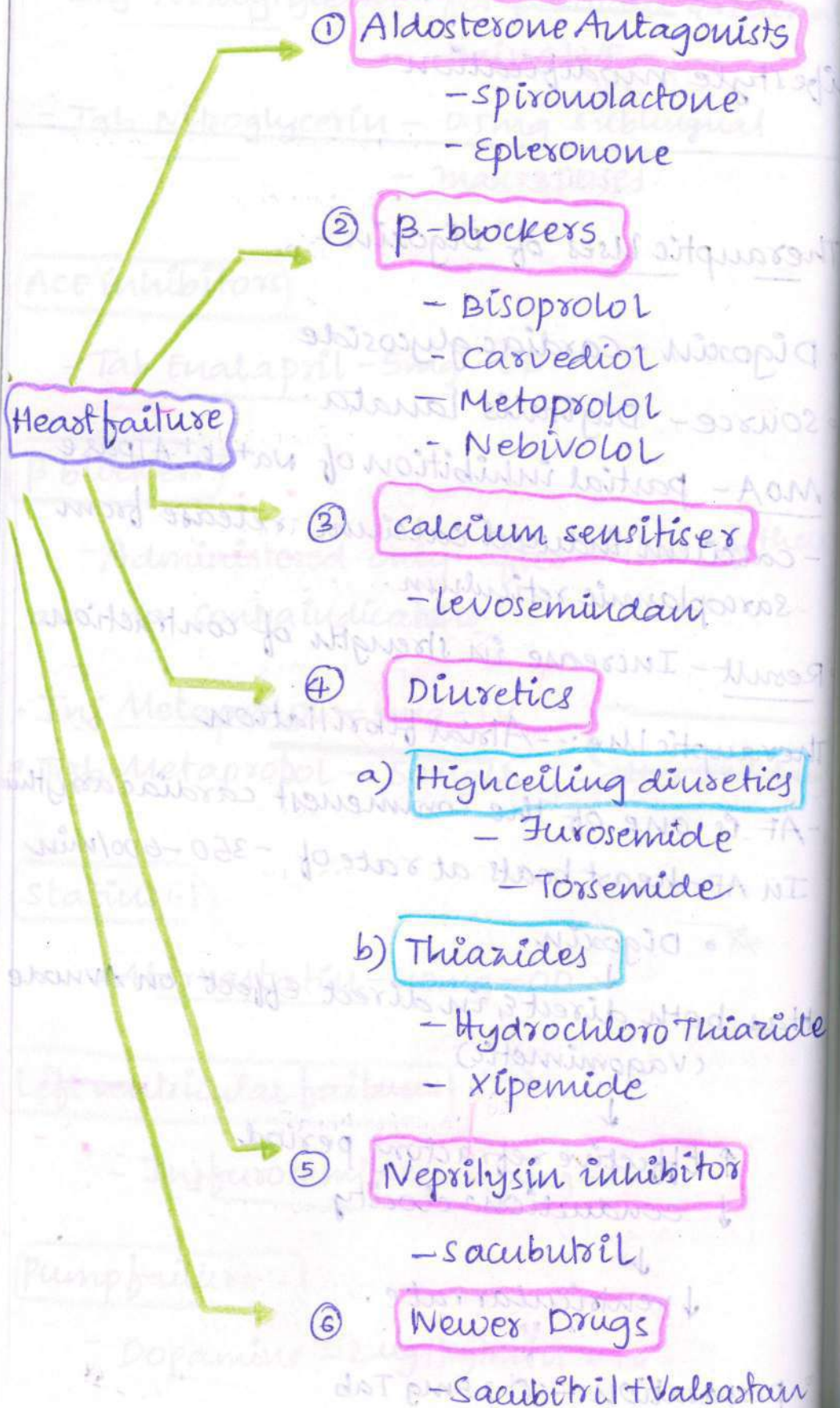
↓
↑ Effective refractory period

↓ conduction velocity

↓
↓ ventricular rate.

◦ preparation:- 0.25mg Tab

Drugs used in Heart failure:-



Heart failure

① Inotropic Drugs

a) PDEIII inhibitors

- Amrinone
- Milrinone

b) Sympathomimetics

- Dopamine
- Dobutamine

c) Cardiac Glycosides

- Digoxin
- Digitoxin

⑧ Vasodilators

a) Venodilators

- Glyceryl trinitrate
- Isosorbide dinitrate

b) Arterioles dilators

- Hydralazine

c) Venot Arterioles dilators

- Sodium nitroprusside

⑩ Synthetic BNP

Nesiritidin

⑨ Renin Angiotensin blockers

a) ACE inhibitors

- Enalapril
- Ramipril

b) ARB - losartan

4) Adverse effects of Digoxin :-

Non cardiac Effects:-

CNS:- Headache Delirium
 Fatigue convulsions
 Malaise confusion
 Drowsiness neuralgic pain
 Disorientation Aphasia

GI T:- Abdominal pain
 Nausea
 Vomiting
 Anorexia
 Diarrhea (rare)

vision:- colour vision disturbance
 white vision
 Blurred vision
 Diplopia
 Photophobia
 Scotoma

others :- Gynaecomastia
 skin rashes.

Cardiac Effects:-

pulsus Bigemini
AV block

Ventricular Tachycardia

Bradycardia

Ventricular fibrillation

Atrial extrasystole

Ventricular extrasystole.

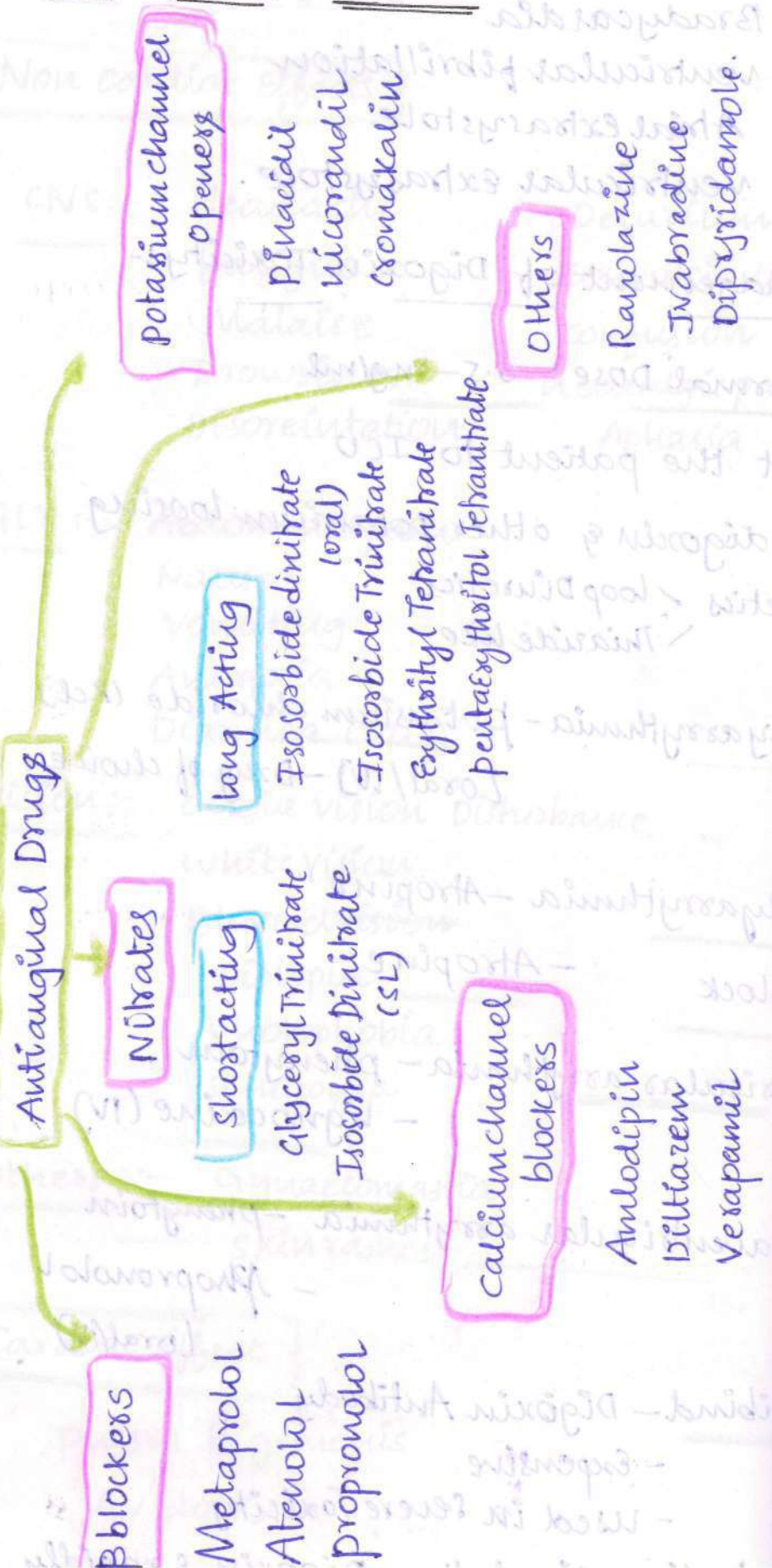
Management of Digoxin Toxicity:-

normal Dose :- 0.5-2ug/ml

- 1) shift the patient to ICU
- 2) stop digoxin & other potassium loosing diuretics - loop diuretics
- Thiazide like.
- 3) Tachyarrhythmia - potassium chloride (Kcl)
[oral/IV] - Drug of choice
- 4) Bradyarrhythmia - Atropine
- 5) AV block - Atropine
- 6) Ventricular arrhythmia - phenytoin
- Lignocaine (IV)
- 7) Supraventricular arrhythmia - phenytoin
- Propranolol
(oral/IV)
- 8) Digibind - Digoxin Antibody
- Expensive
- Used in severe Toxicity

5)

Drugs used in Angina:-



Nitrates - used prophylactically in Angina.

MOA:-

Molecular mechanism:-

Nitrates

↓ Denitrated in Cardiac muscle cell

↓ Release of active free radical NO

↓ Increased Guanylylase

↓ ↑ cGMP

↓ Activation of protein kinase

↓ Dephosphorylation of myosin light chain kinase

↓ Inhibition of myosin

↓ NO binding with actin

↓ Relaxation

↓ of Cardiac Vasular

smooth muscle.

9) Ranolazine:-

Metabolic modifiers

MOA:-

◦ Spares Fatty acid oxidation & shifts the ATP production to O_2 efficient carbohydrate oxidation.

◦ Inhibits "late Na^+ currents" in myocardium

↓
Indirectly ~~inhibits~~ facilitates Ca^{2+} entry

◦ Also reduces/prevents Ca^{2+} overload on myocardium during Ischemia

↓
Cardioprotective role of Ranolazine

Preparation:- Tab 500mg ER

◦ Dose:- 0.5-1g b.i.d

◦ Use:- Used in Acute Angina pectoris patient who isn't responding to standard Angina Therapy!

6) Rationale of combining nitrates with β blockers:-

1) nitrates x β blockers (propranolol)

used in exertional Angina

because of Increased effectiveness & reduced adverse effects

2) β -blockers

propranolol

\downarrow Heart rate

\downarrow Cardiac output

\downarrow Force of contraction

\downarrow LV Enddiastolic Volume & pressure

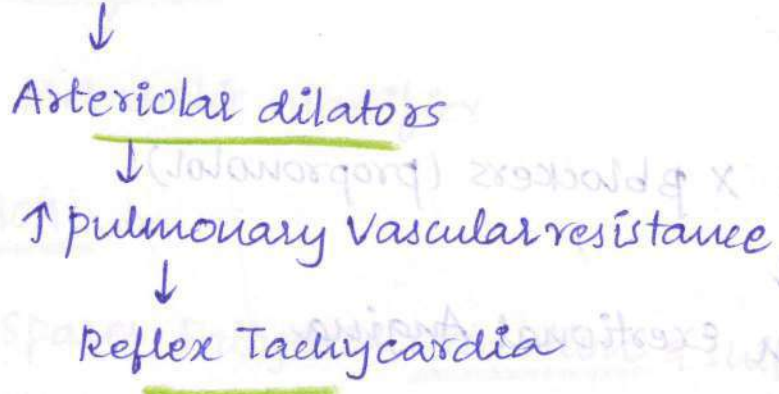
Nitrates

venodilators

\downarrow EDV & pressure

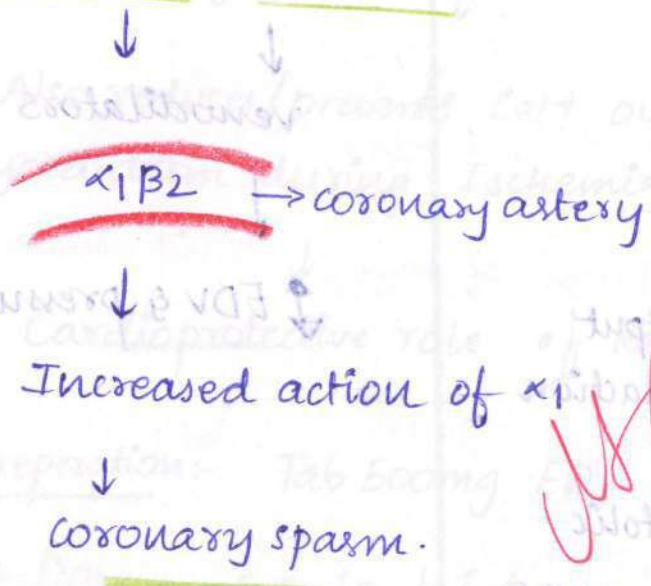
\therefore Nitrates can decrease the Left ventricular End diastolic Volume & pressure caused by β blockers

3) Nitrates



β blockers can counteract the reflex tachycardia caused by nitrates.

4) Blockade of β₂ receptors



29

30

W

• Nitrates can reduce the coronary spasm caused by β blockers.

5) calcium channel blockers

- ↑ AV conduction
- ↑ HR
- ↑ ventricular rate

} → reduced by nitrates

1) Succinylcholine:

Succinylcholine is a depolarising blocker.

Mechanism of Action:

It acts in two phases:

Phase I

Binds to Nicotinic receptors.



opening of ~~Na~~ channels.

causes depolarisation → twitching / spasticity

Phase II

prolonged use of sch.



↓ depolarisation

Therapeutic uses of Succinyl Choline:

- ⊙ used for the intubation of tracheal tube.
- ⊙ provides excellent condition by relaxing the jaw and muscles.
- ⊙ used in epileptics and electroconvulsive therapy.
- ⊙ used as general anaesthetic.
- ⊙ used in tetanus.

Adverse effects of Succinyl choline:

- ⊙ Succinylcholine Apnoea: In patients with atypical pseudocholine esterase, the succinyl choline does not break down which causes paralysis of

2) Mechanism of Action

Lignocaine is a local Anaesthetic.

It acts as an intermediate acting anaesthetic.

Mechanism of Action

Lignocaine binds to the γ receptors on nerve endings



persistent depolarisation of the membrane



~~C receptor~~ the action membrane potential is raised



NO stimulus, can stimulate

Technique of Administration

⇒ surface Anaesthesia:

This is applied topically and the sensory nerve ending of the upper layer is blocked.

Numbness is felt.

Used for minor procedures.

⇒ Infiltrative Anaesthesia:

A dilute solution is injected and the cutaneous nerve ending are blocked.

⇒ Epidural Anaesthesia

It is given in the dual space where the
... through the lat. and.

⇒ conduction block:

They are of 2 types:

⊙ field block: ~~It~~ The LA is given at the beginning of the plexus and the whole region is blocked from sensation.

⊙ nerve block: when a specific nerve is given LA and a particular region is blocked.

⇒ Spinal Anaesthesia:

It is given in L₂-L₃ or L₃-L₄ subarachnoid space. It is mainly given during perineural surgery.

t the
ole

is
is

dual
gnancy.

3) Homatropine vs phenylephrine.

	phenylephrine	Homatropine
Synthesis	Synthetic sympathomimetic agonist	Synthetic cardinal Anticholinergic
Receptor affinity	$\alpha_1 > \alpha_2$	Muscarinic receptor
uses Actions	produces vasoconstriction, increases peripheral resistance.	used in mydriasis Mydriasis & cycloplegia.
Administration	oral, ophthalmic, cardinal Injection uses	ophthalmic
Therapeutic uses	Allergic rhinitis, eustachian tube block	Refractive testing of eye, ocular

Anticholinergic drugs

Natural Alkaloids

- ⊙ Atropine
- ⊙ Hyoscine

Semisynthetic derivatives

- ⊙ Hyoscine butyl bromide
- ⊙ Hyoscine methyl bromide
- ⊙ Atropine methanitate
- ⊙ Homatropine
- ⊙ Homatropine methyl bromide

Synthetic compounds

Antisecretory Antispasmodic

- Quaternary compounds
- ⊙ glycopyrrate
- ⊙clidinium

Mydriatics

- ⊙ Tropicamide
- ⊙ cyclophentolate

Tertiary Amines

- ⊙ Dicyclomine
- ⊙ Valithamine

Vasoselective

- ⊙ Darifenacin
- ⊙ Solifenacin

Antiparkinsonian

- ⊙ Benhexol



Therapeutic uses of Atropine substitutes

⊙ Antispasmodic secretory effects.

⇒ preanaesthetic medication

• used before giving irritant general Anaesthetics

• ~~It also~~ prevents laryngospasm.

⇒ pulmonary embolism

• prevents secretions evoked during pulmonary embolism.

⊙ Antispasmodic effects.

⇒ In spastic constipation - relieves abdominal discomfort

⇒ drug induced diarrhoea to some extent.

⇒ pylorospasm

⇒ gastritis

⇒ Abdominal pain

⊙ ~~Mydriatics~~ Mydriatics.

⇒ for refractive testing: Homatropine used ~~in~~ to induce cycloplegia and Mydriasis.

⇒ for treatment: used in corneal ulcer, iriditis.

⊙ Parkinsonism

⇒ galantamine, donepezil

⊙ Motion sickness:

⇒ Hyoscine prophylactically given.

~~⊙ Vasoselective~~

2

5) Dopamine vs Dobutamine
 ↳ can be given in low dose, medium dose, high dose
~~low dose~~

Dopamine	Dobutamine
<ul style="list-style-type: none"> ⊙ Naturally occurring 	<ul style="list-style-type: none"> Synthetic
<ul style="list-style-type: none"> ⊙ Acts on β_1 & α_1 receptors & Dopaminergic receptors $D_1, D_2 > \beta_1 > \alpha_1$ 	<ul style="list-style-type: none"> $\beta_1 > \alpha_1$, acts only on β_1 receptors, very less affinity to α_1 receptors.
<ul style="list-style-type: none"> ⊙ used in Cardiac shock, Hypotension, Acute CHF Heart failure. 	<ul style="list-style-type: none"> After surgery of MI, congestive heart failure. No vascular effects.
<ul style="list-style-type: none"> ⊙ Acts on α_1 receptors when given in high doses (vasoconstriction) 	<ul style="list-style-type: none"> ADR: Tolerance developed.
<ul style="list-style-type: none"> ⊙ Acts on β_1 receptors when given in low doses. (inotropic effect) 	
<ul style="list-style-type: none"> ⊙ Increases renal blood flow by acting on D_1 & D_2 receptors. 	

3

b) Cardioselective β Blockers:

⇒ Metoprolol

⇒ Atenolol

⇒ ~~Carvedilol~~ Nebivolol

⇒ ~~B~~ Acebutolol

⇒ Bisoprolol

⇒ Esmolol

Therapeutic uses:

⇒ Hypertension: ^{Acts on} ~~Blocks~~ β_1 receptors ~~and~~

⇒ Angina:

⇒ Myocardial Infarction

• for secondary prophylaxis

• for ~~so~~ suppression of MI during evolution

⇒ Aortic Aneurysm.

⇒ ~~CO~~

Advantages:

- Acts only on β_1 receptors. No major effect on β_2 receptors.
- ⇒ It can be given in bronchospasm and Asthmatic patients as it doesn't cause bronchoconstriction.
 - ⇒ doesn't alter glucose metabolism in diabetic patients.
 - ⇒ Hypoglycaemia induced tachycardia doesn't occur.
 - ⇒ hands and feet don't turn cold.
 - ⇒ No deleterious effect on lipid profile. —
 - ⇒ More capacity towards exercise.

Contraindications

- ⊙ Bradycardia
- ⊙ Congestive heart failure.
- ⊙ B Depression
- ⊙ Asthma.
- ⊙ Diabetes mellitus

22
—
30

— L —
W —

MONTHLY TEST - 3

1) Pharmacotherapy of severe migraine.

Severe migraine is when there is throbbing headache that occurs more than 3 times a month.

Pharmacotherapy.

Severe migraine cannot be cured with simple Analgesics such as paracetamol or aspirin.

The patient needs to be advised. 5HT_{1B} agonists such as sumatriptan, Zolmitriptan, Naratriptan etc.

Anti Emetics can be given parallelly if its associated with vomiting. Eg) promethazine.

There also needs to be prophylactic therapy for such patients. It can be given by.

⇒ β Blockers - propranolol.

⇒ Tricyclic Antidepressants.

⇒ calcium channel blockers.

Triptans are the first line of drug given severe migraine.

Sumatriptan:

MOA: It inhibits the vasodilating peptides the presynaptic ~~mass~~ ~~ending~~ nerve ending trigeminal nerve.

The main adverse effect is: it causes coronary spasm.

⇒ B-blockers - terbutaline
⇒ anticholinergics - atropine
⇒ calcium channel blockers

2) Some 2nd generation Antihistaminics are:

⊙ fexofenadine

⊙ loratadine

⊙ desloratadine

⊙ cetirizine

⊙ levocetirizine

⊙ Azelastine

Remember

Advantages of Second generation Antihistaminics are:

⇒ They are selective H_1 blockers.

⇒ They do not cause CNS depression - does not cross blood brain barrier.

⇒ They also have additional anti allergic action - by inhibiting other mediators.

Therapeutic uses:

⇒ used in Allergic reactions.

⊙ Type I hypersensitivity reactions

⊙ Allergic rhinitis

- ⊙ allergic conjunctivitis
- ⊙ urticaria
- ⊙ pollinosis
- ⊙ skin washes.
- ⊙ Adrenaline + i.v SGIA used in laryngeal edema.

They do not suppress the AB-AGI reactions
 inhibit the inflammatory chemical mediators

Other uses are:

- ⊙ Insect bites and ivy poisoning.
- ⊙ they are also used during saline / blood transfusion.

3) Management of status Asthmaticus.

Status asthmaticus is when an asthma patient has the potential to develop severe acute asthma.

Treatment / Management:

- 1) Hydrocortisone / Methylprednisolone 100 mg. (or) any other glucocorticoid with equivalent action.
- 2) Nebulised Salbutamol 5mg + ipratropium bromide 0.5mg. cause bronchodilation.
- 3) ~~Admission~~ Inhalation of high flow humidified oxygen
- 4) Salbutamol / ~~terbutaline~~ ^{0.4 mg.} im / sc ~~can~~ ^{is} be given to dilate the ~~the~~ terminal bronchioles.
- 5) Antibiotics to relieve chest infection
- 6) If very severe the patient may require intubation
- 7) Na. bicarbonate / saline is given to reduce risk of acidosis.

3) Management of status Asthmaticus.

Status asthmaticus is when an asthma patient has the potential to develop severe acute asthma.

Treatment / Management:

1) Hydrocortisone / Methylprednisolone 100 mg. (or) any other glucocorticoid with equivalent action.

2) Nebulised Salbutamol 5mg + ipratropium bromide 0.5mg. cause bronchodilation.

3) ~~Admission~~ Inhalation of high flow humidified oxygen

4) Salbutamol / ~~terbutaline~~ ^{0.4 mg.} im/sc ~~can~~ ^{is} be given to dilate the ~~the~~ terminal bronchioles.

5) Antibiotics to relieve chest infection

6) If very severe the patient may require intubation

7) Na. bicarbonate / saline is given to reduce risk of acidosis.

4) Theophylline - MOA & Adverse effects:

Theophylline is a methyl xanthine.

Mechanism of Action:

1) It causes release of Ca^{2+} from sarcoplasmic reticulum that cause contraction of skeletal and cardiac muscle.

2) It cause inhibition of Phosphodiesterase that ~~does not~~ causes rise in cAMP levels which causes bronchodilation.

3) blockade of Adenosine receptors.

~~Theophylline~~ is a ~~low~~ drug that has low safety margin. It can ~~cross~~ cross the placenta and can be ~~ejected~~ ejected through milk.

There are many adverse effects of theophylline.

⇒ They cause gastric irritation

⇒ they are CNS stimulants, causes, restlessness, insomnia, convulsions, and even death

⇒ they ~~also~~ also cause nausea, vomiting, headaches

They are mainly used in

* COPD

* bronchial asthma

* Infantile apnoea

Remony?

5) Prostaglandin Analouges:

⇒ ~~Carboprost~~^{at}

⇒ prostacyclin

⇒ ~~misoprostol~~ Metaprostal

⇒ Alprostadil

⇒ Mifepristone

Remaining 2

Therapeutic uses:

1) Abortion:

Termination of pregnancy within 7 weeks done using prostaglandin analouges.

600mg metaprostal is given orally 2 day a single dose of 400µg Mifepristone.

This is equal to doing a suction - evacuat remove the conceptus.

PGI₂ analouges are also used to in m~~ol~~ Abortion, molar pregnancies etc.

PGI₂ analogues cause oxytocin resistant uterus to oxytocin responsive uterus and causes abortion of mid term pregnancy.

2) Augmentation of labour.

PGI₂ analogues are used in patients who do not respond to oxytocin or is toxæmic and has renal failure.

3) Ripening of the Cervix:

PGI₂ creams are used intravaginally to soften the cervix and help in dilatation.

4) Post partum haemorrhage:

Carboprost (15-methyl α -PGF_{2 α}) is used in patients with uterine atony and helps control PPH.

5) Glaucoma - latanoprost or topical prostaglandin analogues are used in wide angle glaucoma.

6) Peptic Ulcer: PGE₁ analogues are used.

7) to maintain patency of ductus arteriosus
PGE₁ analogue (Alprostadil) is used.

8) to inhibit platelet damage: PGI₂ (prostano)
analogues are used.

9) Pulmonary hypertension: PGI₂ analogues
used ~~to~~ that helps in dilating pulmonary
vessels.

10) Impotence: PGI₂ is used and is injected
into the penis, erection occurs for 1-2

b) Expectorants:

Examples:

* Pot. citrate

* Sod. citrate.

* Bromohexine

Respiratory?

MOA

They help ~~is~~ thin the mucus secretions and cause expulsion of the mucus by increasing cough reflex.

by salt action.

They break the bonds present in the mucus to thin the consistency.

They also improve mucociliary action to help in expulsion.

Antiparkinsonism drugs.

drugs acting on dopaminergic system

- Dopamine precursor
 - levodopa
- Dopamine Agonist
 - Pramipexole
- MOA-B inhibitor
 - Selegiline
 - Rasagiline
- Glutamate antagonist
 - Amantadine
- peripheral decarboxylase inhibitor
 - Carbidopa
 - Benserazide
 - Benserazide
- COMT inhibitor
 - Entacapone
 - Tolcapone

drugs acting on cholinergic system

- systemic anticholinergics
 - procyclidine
 - ~~Biperiden~~
 - Biperidin
- Antihistaminics
 - promethazine
 - ~~scopolamine~~

Advantages of Carbidopa + Levodopa.

It is known as Cocarbidopa.

* $t_{1/2}$ of levodopa is increased, and drug dose is reduced to $\frac{1}{4}$ th.

* Cardiac complications minimised.

* Vomiting and Nausea minimised.

* Systemic dopamine is reduced.

* pyridoxine effect & reversal effect of levodopa is not there.

* Drug action is faster.

* 'on-off' effect is minimised due to better dopamine sustained in brain.

* patients show better improvement, especially patients who do not respond to levodopa.

* More drug crosses BBB and reaches site of action.

3)

Opiod Analgesics

Natural Alkaloids

NATURAL ALKALOIDS

- ⇒ Morphine
- ⇒ Codeine

SEMISYNTHETIC OPIIDS

- ⇒ ethyl morphine
- ⇒ Diacetyl morphine
- ⇒ pholcodine

SYNTHETIC OPIIDS

- ⇒ pethidine
- ⇒ fentanyl
- ⇒ Remifentanyl
- ⇒ Tramadol

Therapeutic uses: of morphine

- * Analgesic: given in severe pain.
 - ⇒ pre and post op analgesia
 - ⇒ visceral pain, ischemic pain, renal colic, MI.
- * pre anaesthetic medication.
- * ~~Surgical~~ Surgical Analgesia
 - Important component of ~~intraoperative~~ ^{intraoperative} anaesthesia.
- * Anti-Anxiety and surgical analgesia.
- * Acute left ventricular failure and acute pulmonary edema.
 - ⇒ Relieves chest congestion
 - ⇒ reduces preload on heart.

Contraindications:

- * pregnancy.
- * It is a drug of addiction.

4) Levetiracetam

Topiramate

~~Zonisamide~~

14

MOA of TOPIRAMATE:

⇒ prolongs Na^+ channel inactivation

⇒ ↑SES GABA

⇒ ↓SES Glutamate.

5)

Diazepam

* Benzodiazepine

* MOA: Increase GABA



Anxiolytic action & sedation

* ~~less~~ no enzyme induction

* ~~doesn't~~ cause drug automatism

* less drug abuse

* GABA facilitatory action

* ~~Drug~~ Increase of toxicity
Antidote is present

9
Flumazenil

Phenobarbitone

* Barbiturate

* MOA: Increases action of GABA receptor.



Anxiolytic action and muscle ~~relaxation~~ relaxation.

* causes enzyme induction

* causes drug automatism

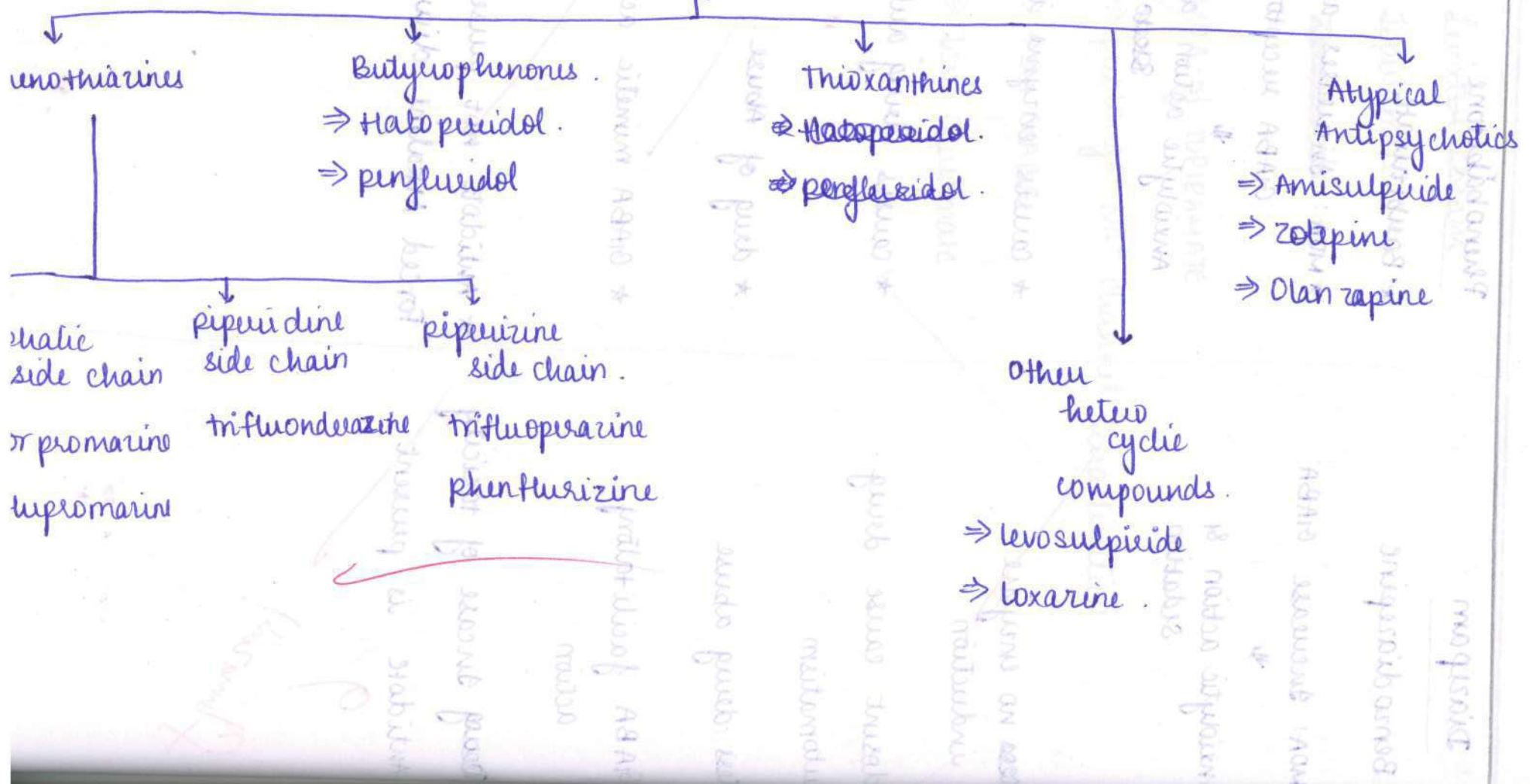
* drug of Abuse.

* GABA mimetic action

* Antidote not present
Forced Alkaline diuresis.

Antipsychotics

6)



ADR of chlorpromazine:

↓
due to its
pharmacological
actions.

↓
subsequent

↓
Hypersensitivity
ADHA

- ⊙ Rashes
- ⊙ Urticaria
- ⊙ Myocarditis

NS:
lethargy, drowsiness
↑ eating & weight gain.
seizures.

CVS:
QT prolongation, palpitation
Cardiac arrhythmias.

endocrine ⊕ hyperprolactinemia

anticholinergics: constipation,
urinary hesitancy in
Males.

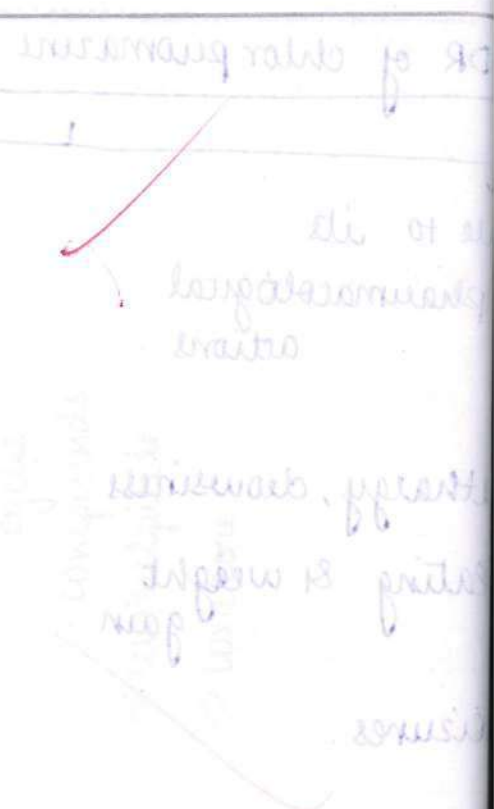
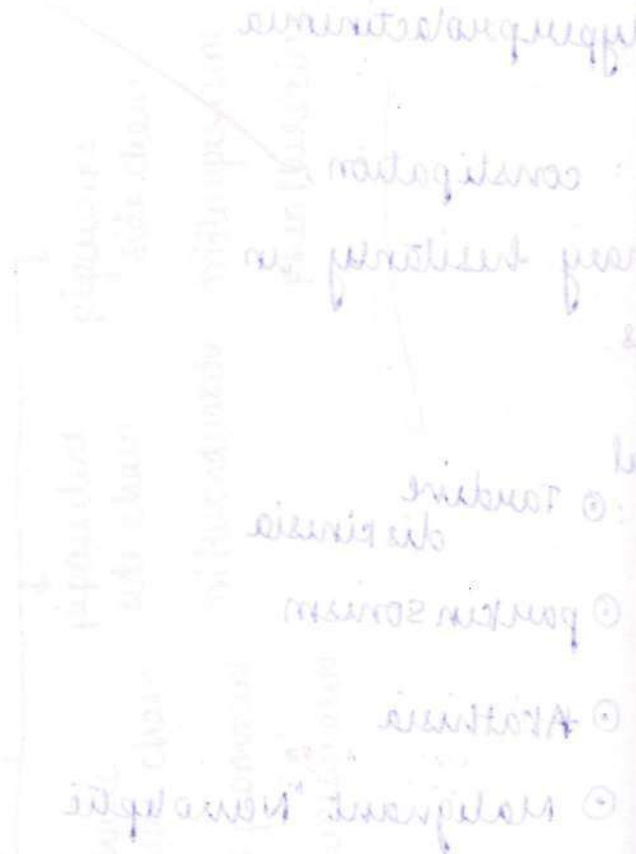
extrapyramidal
side effects:
⊙ Tardive dyskinesia
⊙ parkinsonism
⊙ Akathisia
⊙ Malignant Neuroleptic
syndrome.



Therapeutic uses:

- ⊙ Schizophrenia
- ⊙ ADHD

- ⊙ Tardive dyskinesia
- ⊙ Akathisia
- ⊙ Hyperprolactinemia



25-3-24
Monday

Monthly Test - 1

18

18

1. Necrosis is defined as death of tissue due to intracellular proteins or enzymatic digestion of lethally injured cells, usually accompanied with inflammatory rxⁿ

Causes

- Hypoxia
- physical agents
- chemical agents
- microbial
- immunological

Types of Necrosis:

Necrosis is of 5 types:

- Coagulative
- Caseous
- Liquefactive
- Fibrinoid
- Fat
- Gangrene

Morphology →

- Inflammatory rxⁿ always present
- Death of many adjacent cells
- Cell swelling initially.
- The death of tissue occurs due to membrane disruption.
- Nuclear disruption
- phagocytosis

• Coagulative Necrosis :

- Architecture of dead tissue is preserved
- Firm texture
- Denaturation of structural proteins & enzymatic proteins
- Dead cells removed by phagocytosis
- Ischemic due to obstruction leads to this necrosis.
- Area of infarct, common in heart, kidney, spleen.

• Carcous Necrosis:

- Occurs in tuberculous infections.
- Cheese like appearance.
- Combine features of both coagulative & liquefactive necrosis.
- Microscopically, structureless lysis occurs due to the cells collection.
- Inflammatory border - granuloma.
- Common sites - lungs, lymph nodes, intestines.

• Liquefactive Necrosis:

- Dead cells digested.
- Seen as ischemic injury in CNS, fungal infections.
- Creamy yellow - dead leukocytes - PUS.
- Microscopically - structureless lysed cells collection, amorphous debris enclosed.
- Glialosis, inflammatory cells & fibroblasts.

Fibrinoid Necrosis

- seen in immune rxns involved in blood vessels
- Ag-Ab complex lodged in wall of arteries
- Fibrin leaks out forms bright pink amorphous stain in H & E staining
- microscopically, hyaline like deposit on wall, nuclear debris of neutrophils.

Fat Necrosis

- focal areas of fat destruction.
- seen in acute pancreatitis
- microscopically,
 - Necrosed fat cells are cloudy, enclosed by inflammatory cells.
 - Ca soaps - amorphous, granular, basophilic.

Activated pancreatic lipase in pancreas → peritoneal cavity

↓

the enzymes liquify fat in peritoneum

↓

Split the triglycerides into fatty acids.

↓
fatty acids combine with calcium
↓
saponification

Traumatic fat Necrosis:

9

- Necrosis that occurs in fatty tissue
- Unlike pancreatic fat necrosis, it is not enzyme mediated

2)

Granuloma formation

- It is a chronic inflammation.

Cellular attempt to contain offending agent



activation of T lymphocytes



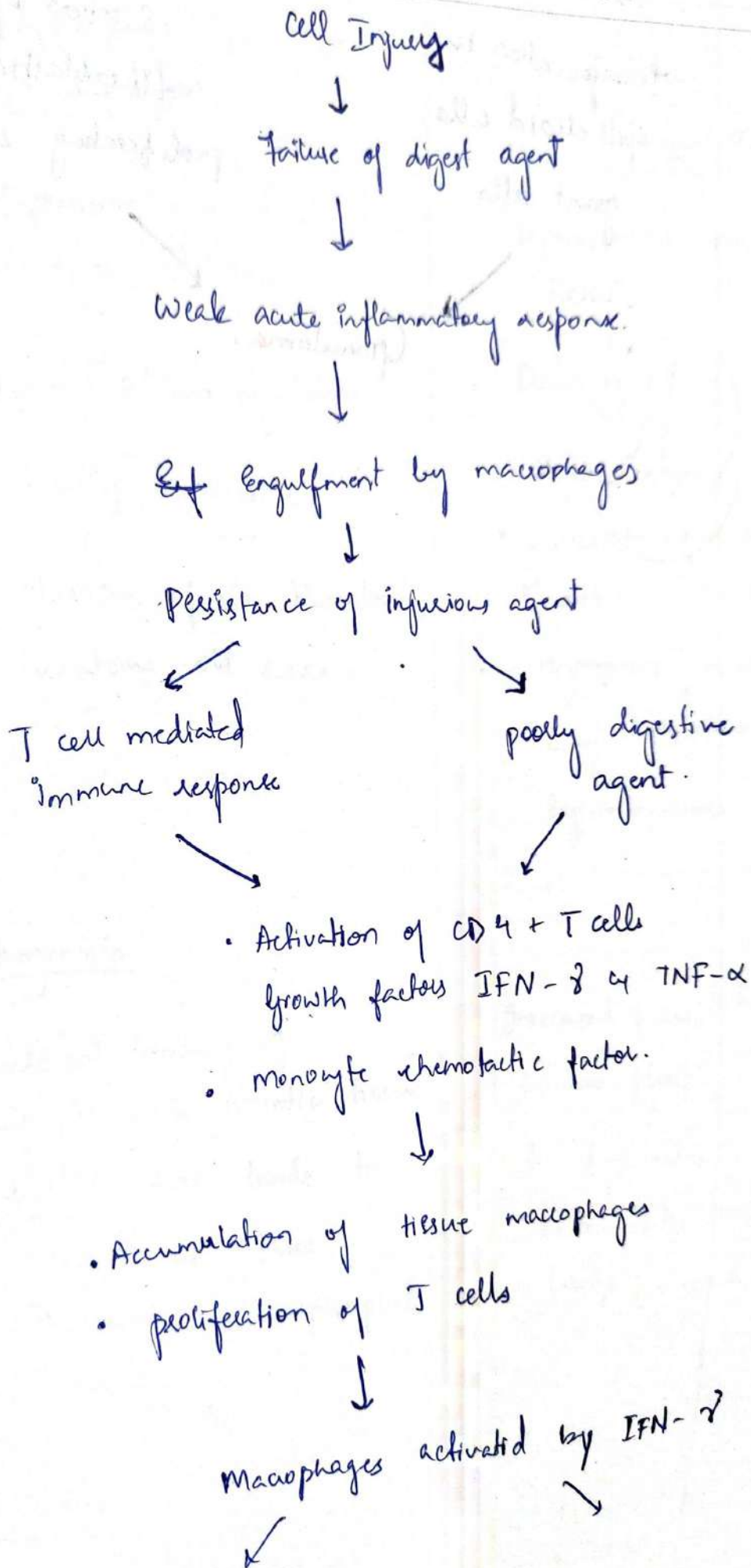
macrophage activation



Formation of giant cells.

Pathogenesis:

- It is a type IV granulomatous hypersensitivity reaction.
- A protective defence dx^n by the host but causes tissue destruction bcoz of persistence of poorly digested antigen.

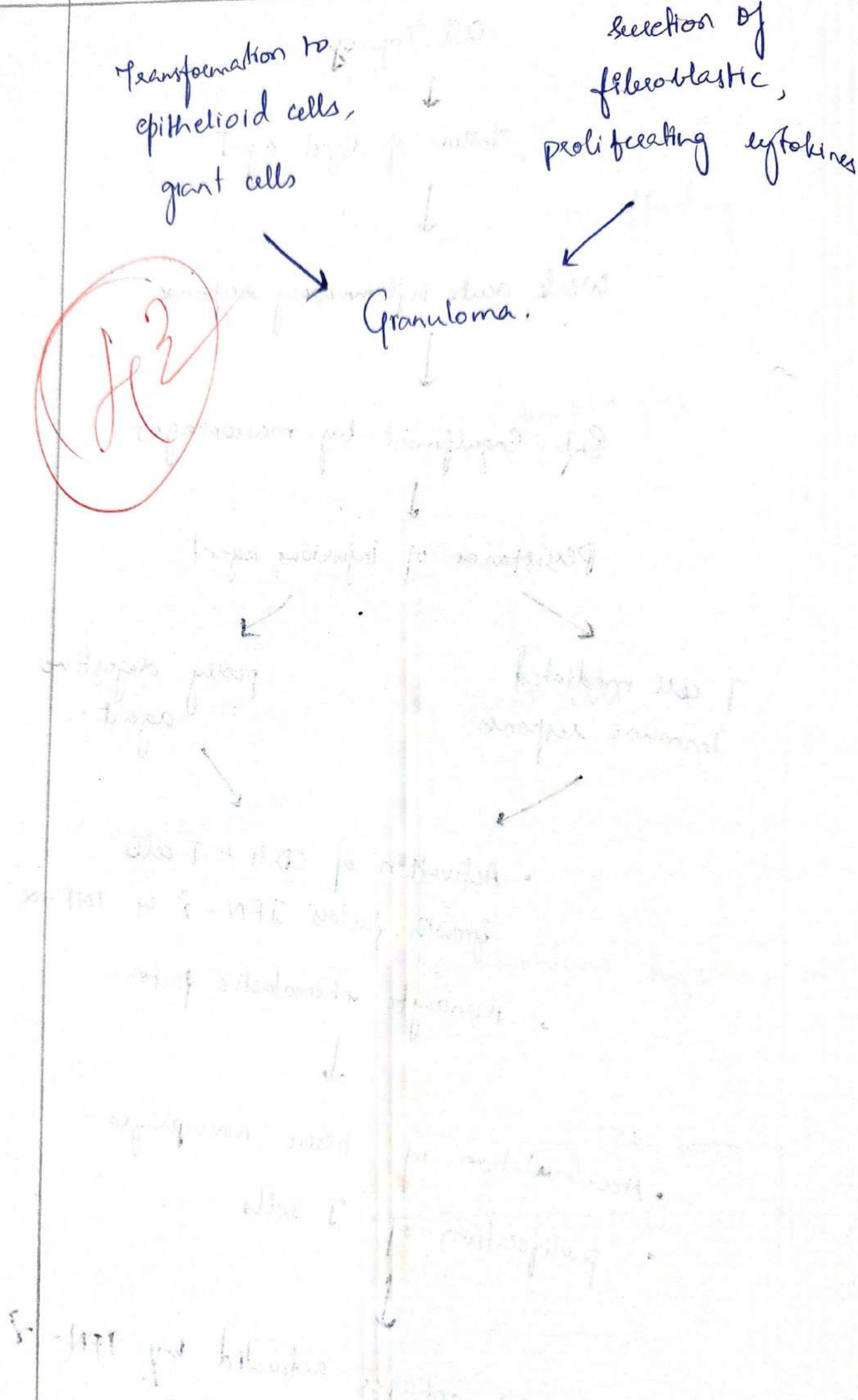


Transformation to
epithelioid cells,
giant cells

secretion of
fibroblastic,
proliferating cytokines

IL2

Granuloma.



3)

Dystrophic Calcification

- Deposition • in dead or degenerated tissue
- Normal calcium metabolism
- Generally irreversible
- Necrosis, infarcts, thrombosis, hematoma, old scars

HP

Pathogenesis

Increased binding of phosphates with necrotic tissue which in turn binds to calcium & thus forming calcium phosphate precipitates.

Diagnosis:

Generally better prognosis due to little hypocalcaemia

Metastatic Calcification

- Deposition in normal tissue.
- Deamanged
- Hypercalcaemia
- Reversible upon correction of metabolic disorder
- hyperparathyroidism, bony destructive lesions, hypervitaminosis D.

Increased precipitation of calcium phosphate due to hypercalcaemia at certain sites such as lungs, stomach etc.

- Generally profound prognosis due to profound toxemia.

27-5-24

Monthly Test - II

Systemic Lupus Erythematosus

It is an autoimmune disease involving multiple organs, characterized by vast array of auto-antibodies particularly anti nuclear antibodies (ANAs)

It is of two types:

Systemic form

Discoid form

Etiopathogenesis:

- It is an autoimmune disease
- It is a defect in self tolerance.

Genetic factor:

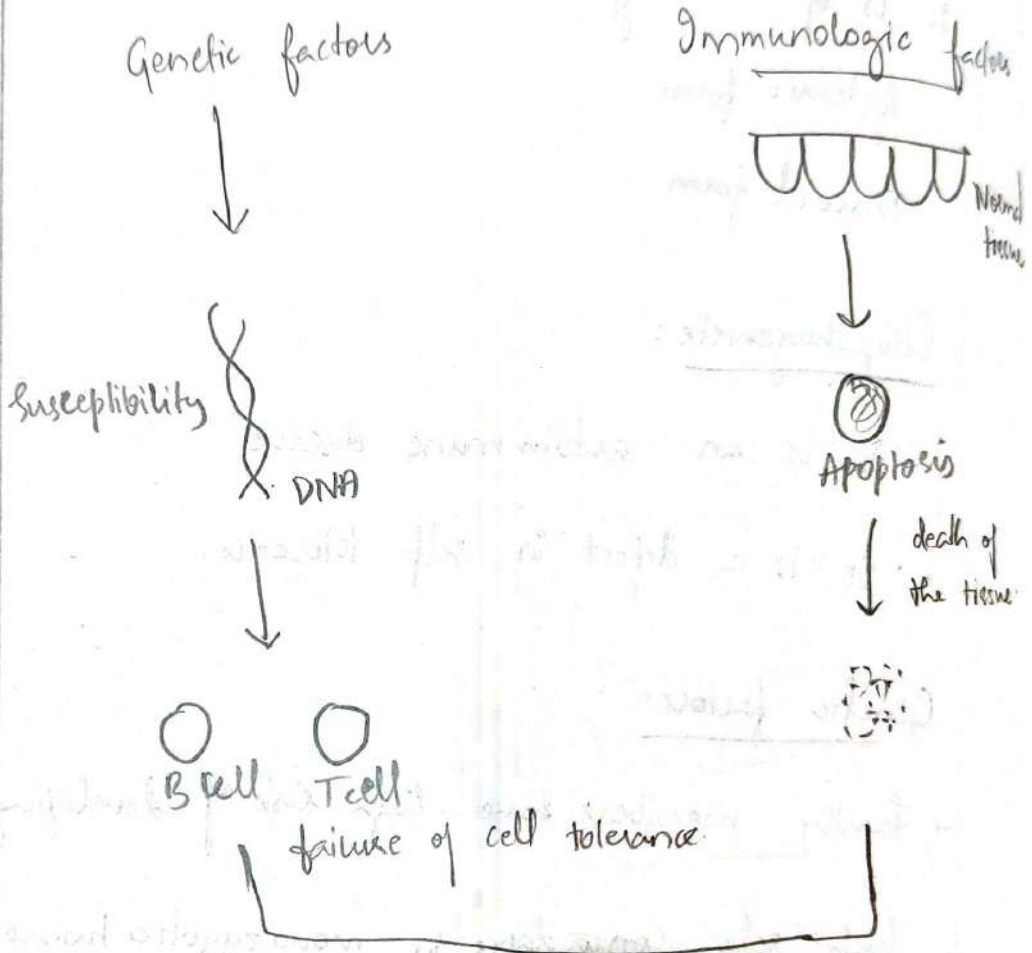
- Family members have high risk of developing SLE
- high rate concordance in monozygotic twins.
- Alleles of HLA-DQ locus have been linked

Immunologic factors:

- Failure of self tolerance to B cells.
- CD4⁺ helper cells may escape tolerance and produce pathogenic autoantibodies

- > TLR engagement by nucleic DNA & RNA
- > Type I interferons play a role in lymphocyte activation of B cells.

Schematic diagram



Antinuclear antibodies



Immune complex



B cell

Interferons

T cell

↓
plasma cell

c) Morphological patterns of renal lesions in the above mentioned SLE are -

Upto 50% of SLE patients have renal involvement.

Six patterns of glomerular disease are seen.

- Class I ~~Minor~~ Minimum mesangial lupus nephritis.
- Class II
- Class III
- Class IV
- Class V
- Class VI.

Class I - Very Uncommon.

Class II - proliferation of mesangial cells.

Class III - less than <50% of the glomeruli is involved.

Class IV - Most severe & most common.

- proliferation of mesangial cells.

- scarring of the cells.

- hematuria, proteinuria are present in patients suffering this class

class IV

sub epithelial deposition of immune complexes.

class VI

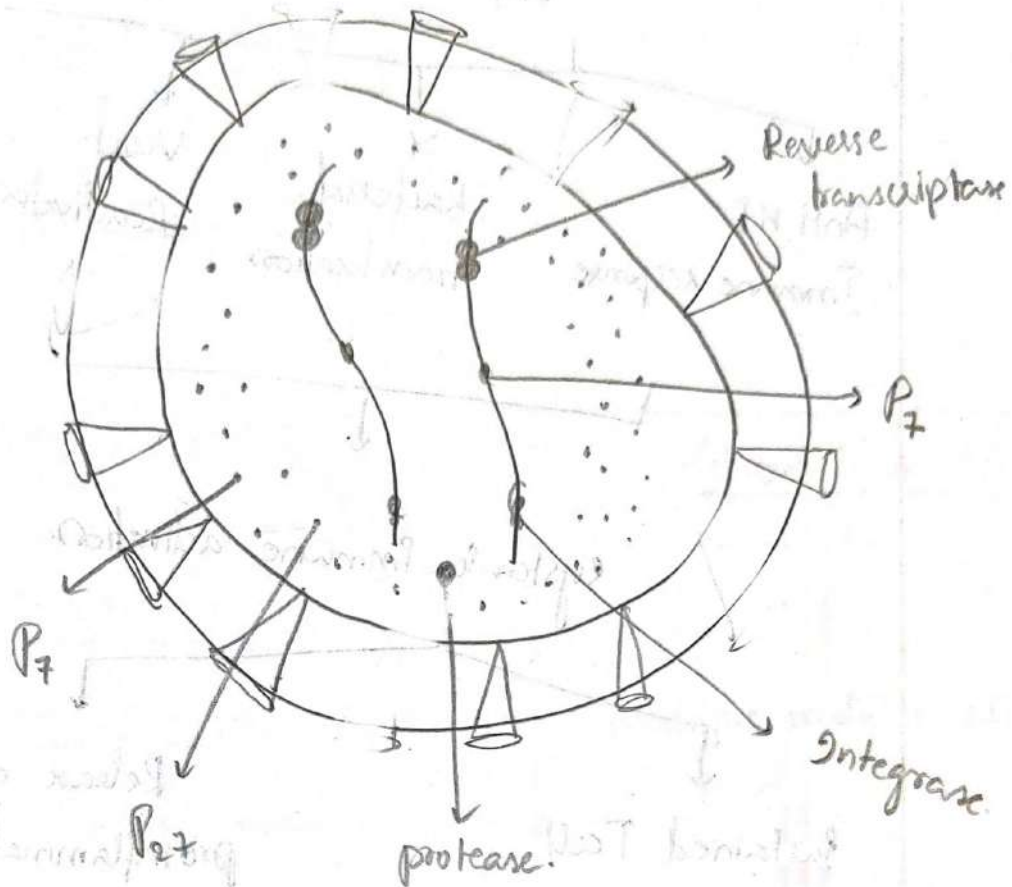
severe sclerosis of >90% of glomeruli

~~class~~ IV

- I
- II
- III
- IV
- V
- VI
- IV
- V
- VI

2)

Structure of human immunodeficiency virus.

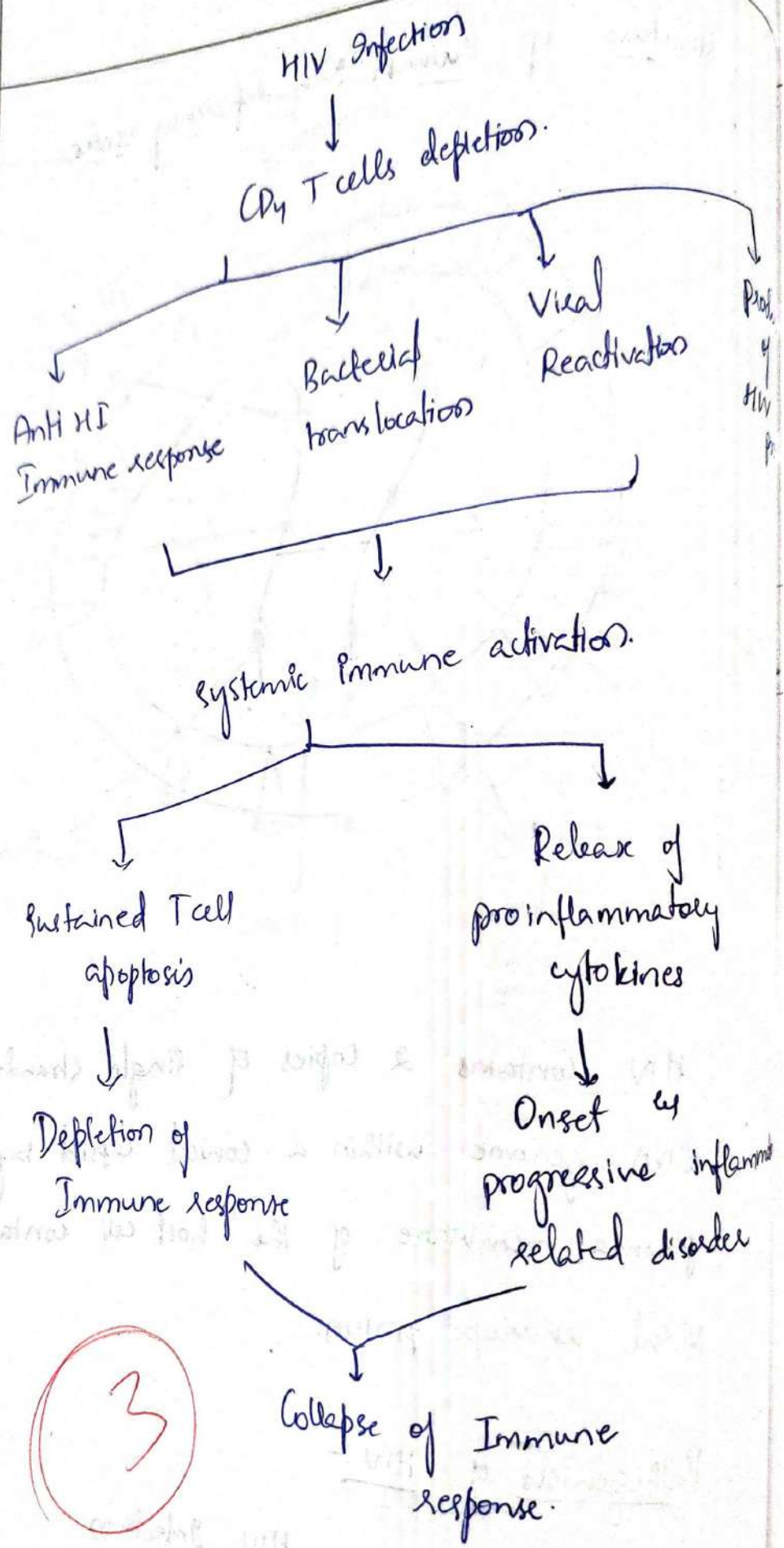


HIV contains 2 copies of single stranded RNA genome within a conical capsid by plasma membrane of the host cell containing viral envelope protein.

Pathogenesis of HIV:-

HIV Infection





3

3) According to Ridley-Joplin classification, leprosy is classified into.

Tuberculoid leprosy

Borderline leprosy

Lepromatous leprosy.

Tuberculoid leprosy

1. Skin lesions

Hypopigmented,
annular macules

2) Nerve lesions

Enlarged thickened nerves

Nerve abscess is seen

3

Lepromatous leprosy

multiple nodules are
seen.

- Nerve lesion appears
late.

- symmetric involvement
of nerves

- trophic changes of
nerve lesions are
seen in hands &
feet.

3) Inflammation:

Granulomatous Inflammation
with few Langhan cells

No inflammation

Virchow's lepra cells

Lymph nodes have
filled with bacteria

4) Dry, scaly

mostly skin lesions are
Anaesthetic or hypoaesthetic

Nerve degeneration,
skin anaesthesia, bowen
chronic skin ulcers

Mostly ulnar and peroneal
nerves are involved

Short Essays :

②

Kwashiorkor :

- protein deficiency with no protein intake in the diet but with sufficient calorie intake.
- In kwashiorkor disease, protein intake is less but with sufficient calorie intake.

Clinical features :

- Wasting of muscles
- It is seen in children b/w 6 months to 3 yrs of age.
- Adipose tissue is preserved.
- Oedema is present in both generalized & localized
- Failure in growth.
- Serum protein is low
- Hepatomegaly.

- There are altered light or band, dark bands in hair

Morphology:

- Atrophy of different tissues but subcutaneous fat is preserved

Kwashiorkor

- protein deficiency with sufficient caloric intake
- seen in 6 months to 3 yrs children.

H Growth failure of muscle is seen but preservation of adipose tissue.

- Hepatic enlargement is seen

- Oedema is present

Marasmus

- Deficiency of both proteins & calories.
- common in infants of 1 yr of age.

- Wasting is seen along with loss of adipose tissue.

- Growth is the failure of muscle.

- Hepatic enlargement is not seen.

- Oedema is absent.

No protrusion of abdomen

protrusion of abdomen

③

Anemia:

Anemia is defined as decreased haemoglobin level in the blood less than normal age range with regard to age & sex of the person.

Adult male - 16 mg/dl.

Adult female (menstruating) - 12-14 mg/dl.

It is also defined as reduced oxygen carrying capacity in the blood.

Etiopathogenesis:

- Iron deficiency occurs due to decrease absorption of iron.
- Due to defective heme synthesis.

It is divided into 3 stages:

1) Iron depletion:

Iron is adequate to maintain the normal haemoglobin levels, but only serum ferritin is decreased.

2) Iron deficiency erythropoiesis:

Lowering of serum iron & transferrin saturation level without anemia.

- MCV, MCH, MCHC are normal in this stage.

3) Iron deficiency anemia:-

- Low serum iron, serum ferritin, transferrin saturation impaired Hb production.

- Morphologically, first there is reduction in size, microcytic anemia & central pallor is seen.

DEPARTMENT
no.
number
approximate

Laboratory findings :

- peripheral blood smear.
- Hb & PCV values are decreased
- Blood cell indices is decreased
- MCV, MCH, MCHC all are decreased.

33

Bone marrow shows microcytic erythroid. ~~micro~~ normoblastic hyperplasia.

- Reticulocyte count decreases.
- Serum ferritin level decreases.

These are the laboratory findings which show positive for iron deficiency anemia.

Long Essay

① Clinical impression with the given symptoms is the patient has megaloblastic anemia.

because

- This anemia occurs due to vitamin B₁₂ and folic acid deficiency
- This leads to impaired DNA synthesis & a distinct megaloblast is found in Bone-marrow.
- Pallor of conjunctiva & the palmar creases are seen in megaloblastic anemia.
- Weakness, fatigue, palpitations, beefy red tongue are the cardinal symptoms of anemia.

Laboratory findings:-

Hematological:

- Haemoglobin & Hematocrit (PCH) is decreased.

DEPARTMENT
any
number
e approval

Red Blood cell indices:

MCV, MCH, MCHC → normal.
↓
increases

- Dimorphic anemia - in peripheral smear shows the true population of RBC's.
- Reticulocyte count is normal (or) slightly low.
- ~~Macrocytes~~ ~~ovulocytes~~ →
- Macrocytes or microcytic hypochromic.

Biochemical findings:

- Serum homocysteine levels increases
- Serum bilirubin, mild increase can cause jaundice.
- Increase in plasma lactate dehydrogenase.
- Increase in serum iron ferritin.
- Vitamin B₁₂ decreased.

- deoxy midline suppression is abnormal even before the morphological changes.

Bone marrow findings:

cellularity - hypercellular.

- M:E ratio - marked erythroid ratio hyperplasia

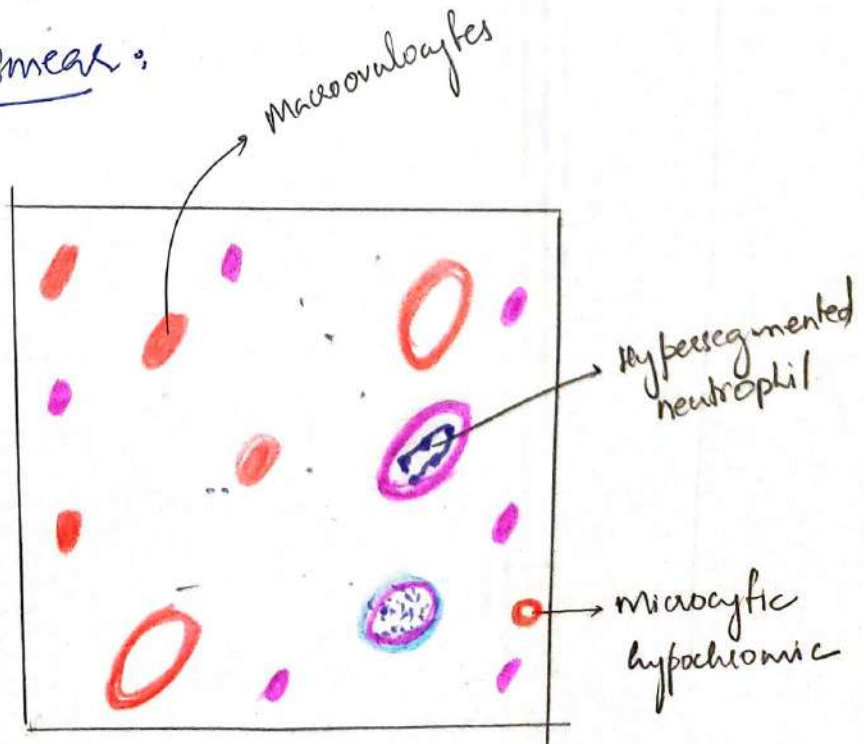
From 1:1 to 1:6

where as normal is 2:1 to 4:1

- M:E reverses ranging.
- most macrocytes lack the central pallor
- marked variation is seen in size & shape.

Peripheral smear:

10



NECROSIS :-

Necrosis is form of localized cell death which leads to degradation of cell by hydrolytic enzyme later accompanied by inflammation.

There are five types of Necrosis

- Coagulative Necrosis
- Liquefactive
- ~~fat~~ Caseous
- fat
- fibrinoid

Coagulative Necrosis :-

- Necrosis caused due to ischaemia. i.e. due to less blood supply.

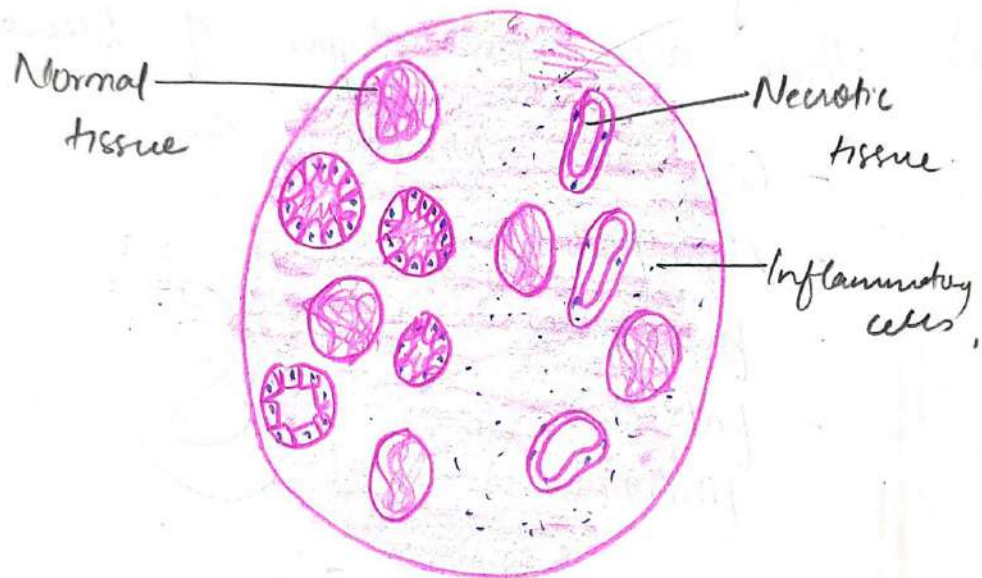
Eg:- infarcted kidney spleen, ~~liver~~
except brain

- Gross appearance - dry, shrunken & dark.

~~dot~~
Pathogenesis:- nuclear acidosis
- cellular disruption.

Microscopic - cell wall is intact
cell membrane is disturbed
Nucleus is disintegrated

Histological appearance -



KIDNEY

LIQUEFACTIVE NECROSIS :-

- Necrosis caused due to pus accumulation
& disintegration of cell by putrefaction

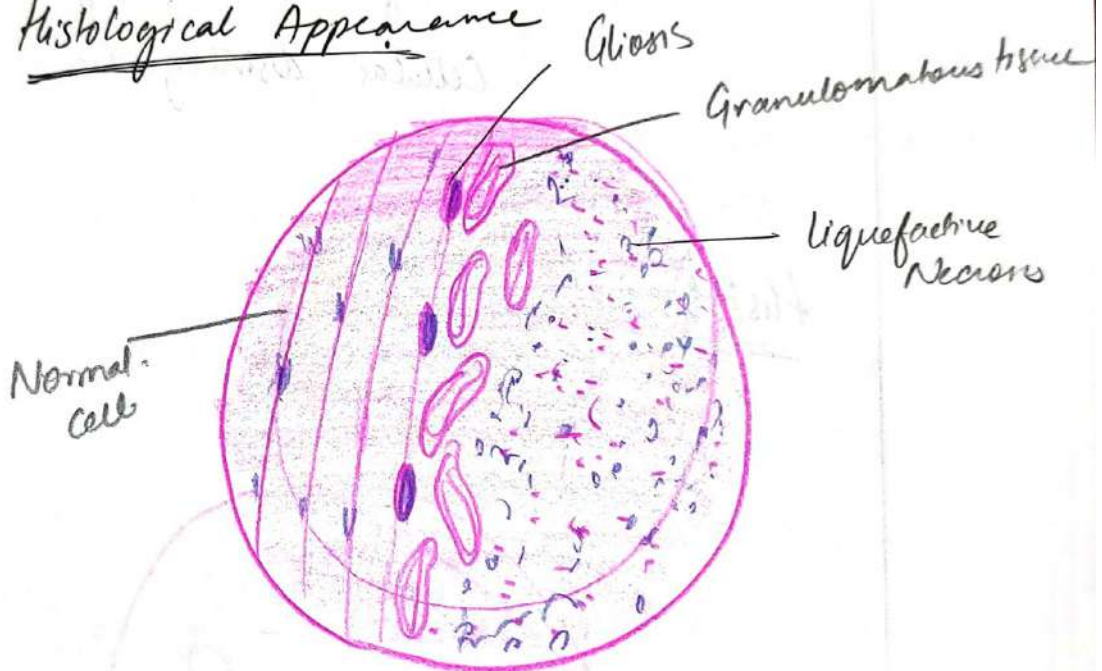
Eg:- Infarcted brain

pathogenesis:- \uparrow in hydrolytic enzymes
 \downarrow formation of pus

GA: pale, swollen, putrefied.

Microscopic - cell wall is disturbed
Nucleus is disintegrated - pyknosis
Cellular debris is formed.

Histological Appearance



BRAIN:-

~~path~~
CASEOUS NECROSIS:- combination of coagulative & liquefactive necrosis
- Neurons having cheese like appearance

Eg- Tuberculosis of organs

Pathogenesis:- phagocytosis of cellular debris
↓
by macrophages
↓
modified macrophages called

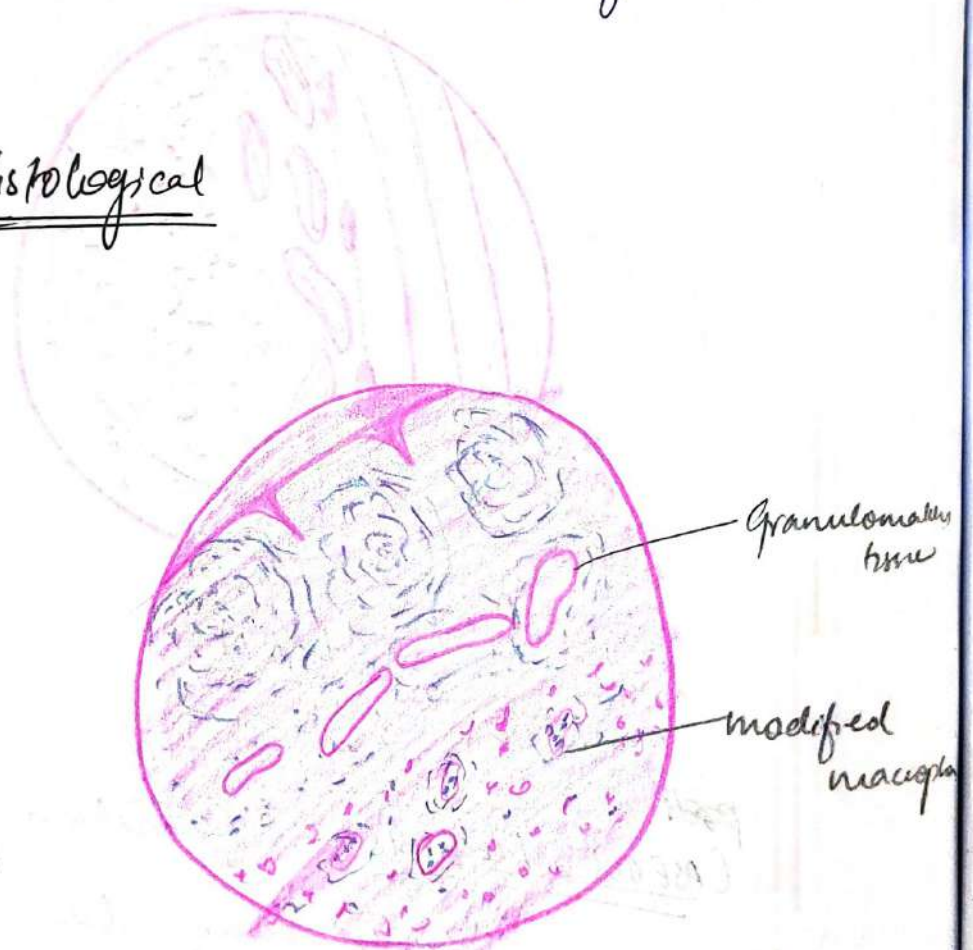
Gross Appearance:-

Cheese like yellowish

Material is seen

Microscopic - granulomatous tissue is seen
modified macrophages
Cellular disintegration

Histological



Tuberculosis of Lymph node

FAT NECROSIS :-

caused by excessive accumulation
of fat.

Eg:- liver, adipose tissue

Pathogenesis:-

fat from adipose tissue



combines with Ca^{+2} present
in the cell



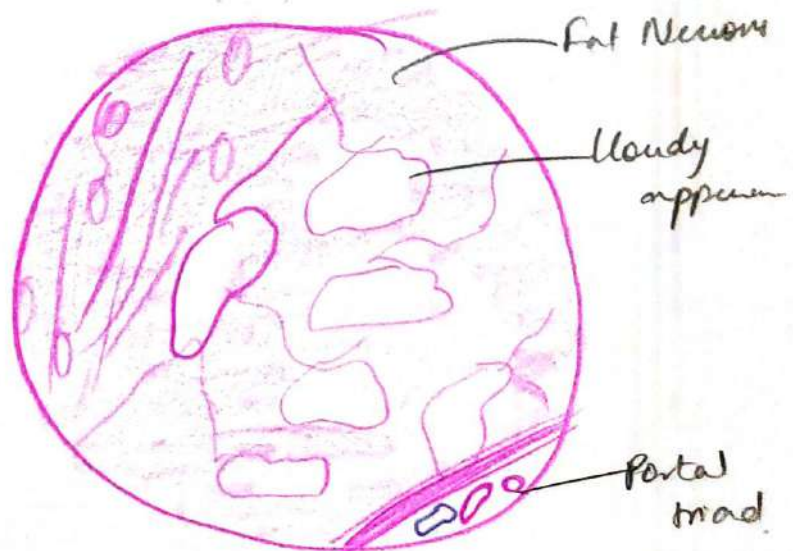
Saponification

GA: white, amorphous looking

Microscopic:- colloidal white substance
white is due to Ca^{+2} salts

Inflammatory cells are present
Cloudy appearance

Histological



Fibrous Neovasc -

caused in fibillar tissue



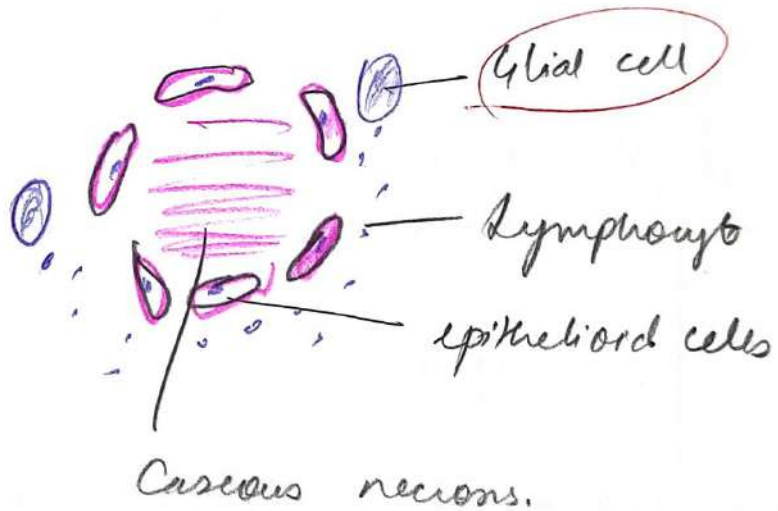
2. PATHOGENESIS OF GRANULOMA

Collection of modified macrophages

- Epithelioid cells.

These macrophages are surrounded
by ~~the~~ lymphocytes

Eg:- Caseous necrosis.



3. Calcification: abnormal accumulation of calcium in the organ or tissue except in other than bone or enamel.

	DYSTROPHIC	METASTATIC
→	Occurs in dead or degenerated tissue	Occurs in living tissue
→	Serum calcium levels are normal	Serum calcium levels are increased
↔	Irreversible	reversible
→	Calcium metabolism is normal	Calcium metabolism is deranged

Causes -

- Metastasis
- Thrombosis
- Atherosclerosis
- Old scars
- Fungus

- Hyperparathyroidism
- Milk-alkali syndrome
- Hypervitaminosis D

DYSTROPHIC

Pathogenesis

cellular injury



destruction of cell membrane



release of phospholipid

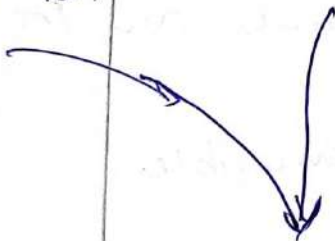


activation of phosphatase



release phosphate ion

Ca²⁺ ions



Calcium phosphate

Sites :-

- Psammoma bodies in papillary carcinoma
- Gamna Gandy bodies in spleen

METASTATIC

↑ Ca²⁺ levels in blood

inorganic phosphate ions



formation of Calcium phosphate

Sites :-

- alveoli of lungs
- fundus of stomach

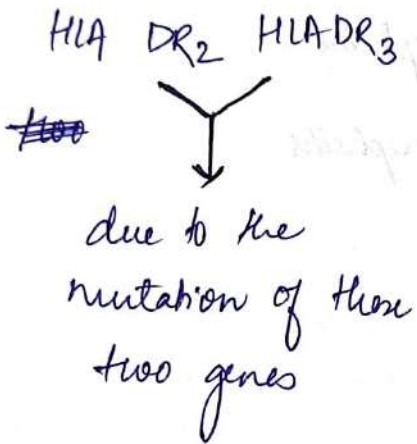
1

a) Systemic Lupus Erythematosus (SLE) is the probable diagnosis.

2

b) Etiopathogenesis :-

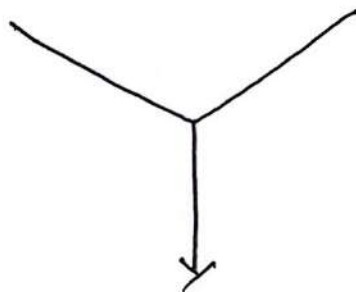
Genetic factors :-



Environmental factors :-

- UV radiations
- Hormones
- Drugs - phenylamine

2



Immunological factors :-

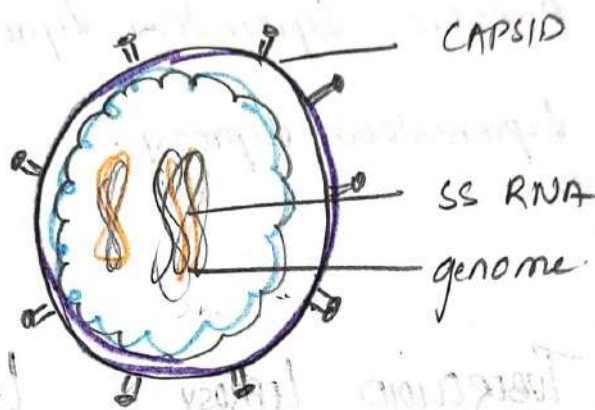
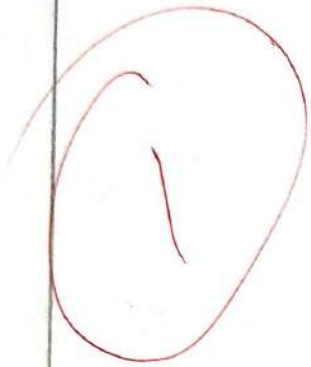
- presence of Anti-Nuclear Antibodies
- presence of Anti-Smith Antibodies
- presence of Anti ds DNA antibodies
- presence of excess of Interferon α .



Systemic Lupus Erythematosus

2. HUMAN IMMUNO DEFICIENCY VIRUS (HIV)

Two copies of single stranded RNA genome within capsid surrounded by plasma membrane of host cell containing viral envelope of protein



3. LEPROSY :-

Classification according to modified Ridley Joplin classification.

1. Tuberculoid leprosy
2. Borderline Tuberculoid
3. Borderline
4. Borderline Lepromatous leprosy
5. Lepromatous leprosy.



TUBERCULOID LEPROSY	LEPROMATOUS LEPROSY.
<ul style="list-style-type: none"> • Involves skin only periphery • (Macrophages)^{Epithelioid cells}, are present. Langerhans cells • Granuloma is absent. Epithelioid cells are present • Immunity is present 	<ul style="list-style-type: none"> • Involves skin peripheral Nerve Anterior chamber • Macrophages. NK cell • Granuloma is present • Immunity is absent • Leprosin test positive. - only to differentiate b/w Tuberculoid or lepromatous leprosy

Tuberculoid Leprosy

Immune response
is not suppressed.

Microscopically, -

Caseous necrosis
observed.

Lepromatous Leprosy

Cell mediated immunity
is suppressed.

Granulomatous tissue
observed.

16

LONG ESSAY. MONTHLY - III

24/06/24

1. A) Megaloblastic Anaemia or Vit B₁₂ deficiency Anaemia

2

B) LABORATORY FINDINGS:-

1. Blood Picture and Red cell indices:-

- Haemoglobin - Values below the normal range.
- Red cells :- picture shows macrocytosis,
along with anisocytosis,
poikilocytosis, macroovalocytes,
Basophilic stippling.
Occasionally Normoblast is also
seen.
- Reticulocyte Count - low to normal.
- Absolute Values - \uparrow MCV
 \uparrow MCH.
Normal or reduced MCHC.
- Leucocytes :- Reduced, presence of hypersegmented neutrophils
- Platelets :- Reduced or normal

2. Bone marrow findings:-

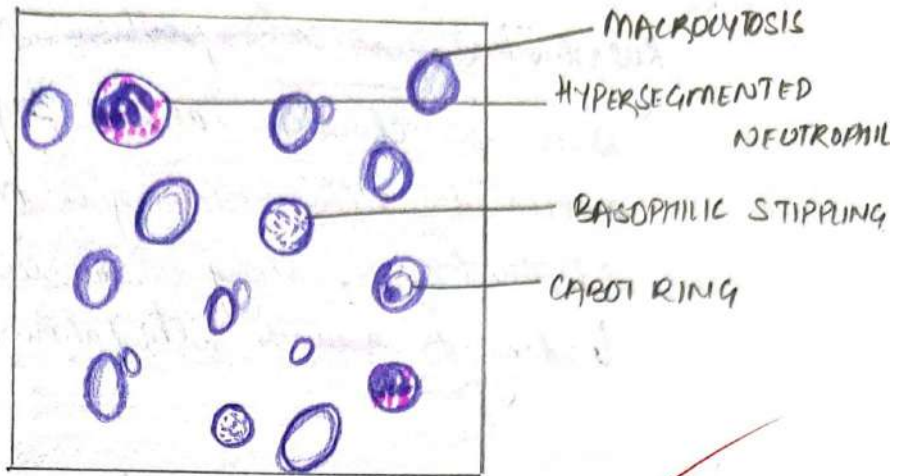
• Marrow cellularity - hypercellular with decreased myeloid & erythroid ratio

• Erythropoiesis:- Erythroid hypoplasia due to megaloblastic erythropoiesis

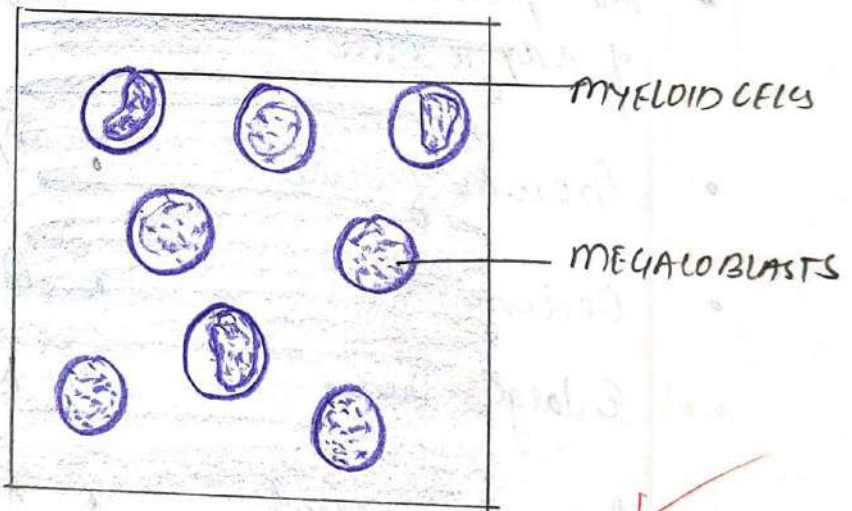
3. Biochemical findings:-

C. PERIPHERAL SMEAR.

6



BONE MARROW PICTURE

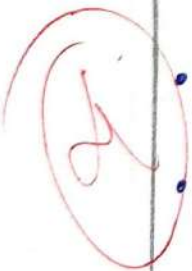


2.

KWASHIORKOR :-

Kwashiorkor is a protein malnutrition seen in children above 1 year of age. associated with wasting of muscle but not adipose tissue, along with edema (localized) leading to growth retardation.

KWASHIORKOR (below 1 yr)	MARASMUS
<ul style="list-style-type: none"> • Protein deficiency (above 1 yr) • Wasting of muscles • but preservation of adipose tissue • Growth failure • Oedema • Enlarged liver • Anaemia present • Atrophy of organs • presence of fatty liver 	<ul style="list-style-type: none"> • Protein & calorie deficiency (below 1 year) • Wasting of muscles along with adipose tissue • Growth failure present • Oedema is absent • Not obese • Anaemia absent • Not obese • absence of fatty liver



3. ANEMIA - is defined as decrease in haemoglobin levels below normal range

males - < 13 gm/dl
females - < 10 gm/dl
Newborns - < 15 gm/dl
pregnancy - < 10.5 gm/dl.



ETIO PATHOGENESIS

Iron deficiency anaemia is caused due to ↓ in iron in bone marrow for the synthesis of haemoglobin.



uptake from peripheral iron stores



depletion of iron stores



decrease in overall iron



Causing iron deficiency anaemia

- decrease intake of iron in diet
- decrease absorption of iron from gut
- increase in excretion of iron.
- increased blood loss.

Etiology:-

1. Female reproductive life = menstruation
- due to IUCD's
- ~~post-menstrual~~
- post partum haemorrhage
2. post menstruation.
3. Adult men. - dentition changes

Laboratory findings: Microcytic, hypochromic anemia

Blood picture of Red cell indices

i) Haemoglobin - decrease in hb concentration

ii) Red cells - hypochromic, microcytic,
Central pallor
anisocytosis
poikilocytosis.

Other cells - Target cells, elliptical forms
Polychromatic cells.

iii) Reticulocyte count - normal or reduced.

iv) Absolute values - MCV \downarrow

MCH \downarrow

MCHC \downarrow

v) Leucocytes - Normal.

Necrosis

14) Definition: Type of cell death in living organisms which is localised in tissues by degrading hydrolytic enzymes accompanied by inflammatory reactions.

Causes of Necrosis:-

- (i) Degradation of hydrolytic enzymes due to ischemia and hypoxia
- (ii) Denaturation of proteins

Types of Necrosis:-

- (i) Coagulative Necrosis
- (ii) Liquefactive Necrosis
- (iii) Caseous Necrosis
- (iv) Fat Necrosis
- (v) Fibrinoid Necrosis

Coagulative Necrosis:- Necrosis of tissues due to (i) Coagulation of blood
(ii) Reduced blood supply due to hypoxia (Ischemia)

Mainly seen in kidney, heart, lungs but not the brain.

Morphological features:-

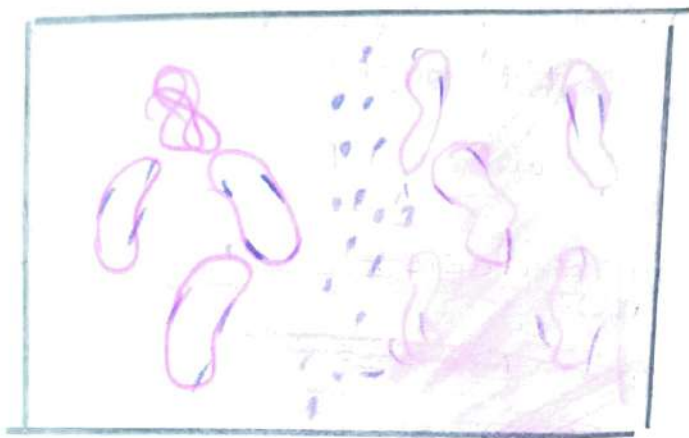
Cell become slightly swollen



Cell becomes pale, yellow more swelling.

Microscopic features:-

- Marked feature of coagulative necrosis is formation of Thrombostones
- Highly eosinophilic stain, nucleus and cytoplasm can't be differentiated.



Liquificative Necrosis:-

Cell death occur due to ischemia, hypoxic conditions. It is type of Metastatic calcification.

Mainly seen in Brain infarcts

Morphologically:- Cells are Swollen & yellow pale
Bells are seen.

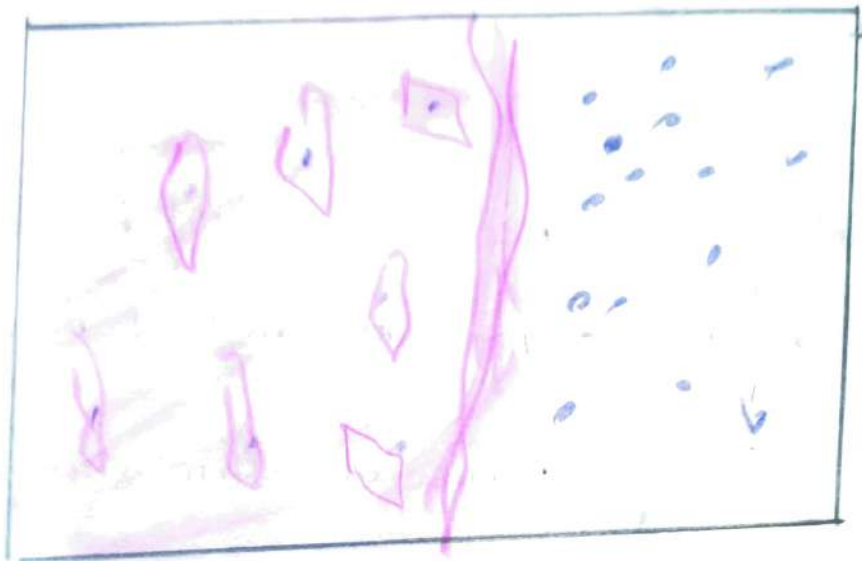
Microscopically:-

- Highly eosinophilic stain, due to liquification of cells
- Karyorrhexis, pyknosis, karyolysis of cells is seen.

Pyknosis :- Condensation of Nucleus

Karyorrhexis :- Fragmentation of Nucleus

Karyolysis :- Dissolution of Nucleus



Caseous Necrosis :-

→ Caseous means cheesy like appearance

→ This type of cell death occur due to

Tuberculosis condition

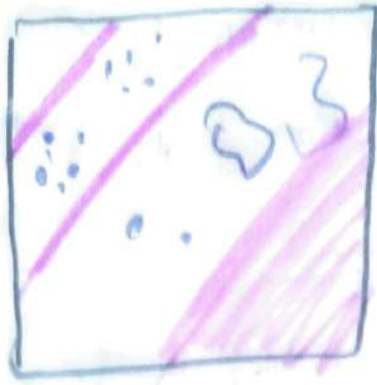
Morphologically :- Cheesy & soft, Swollen and
organ become yellow.

Cheesy appearance due to lipopolysaccharide
capsule of Mycobacterium.

Microscopically :-

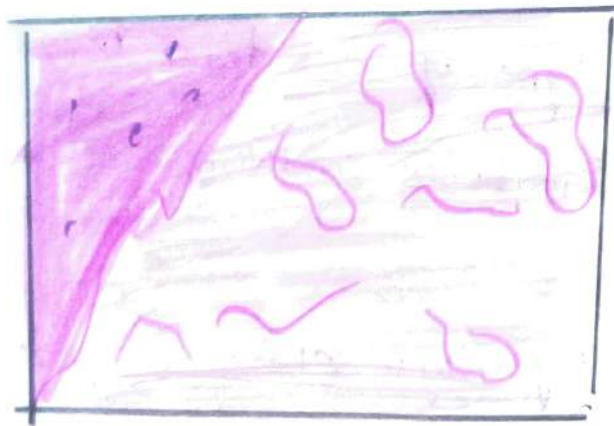
Highly eosinophilic stain.

→ Nucleus is condensed and fragmented



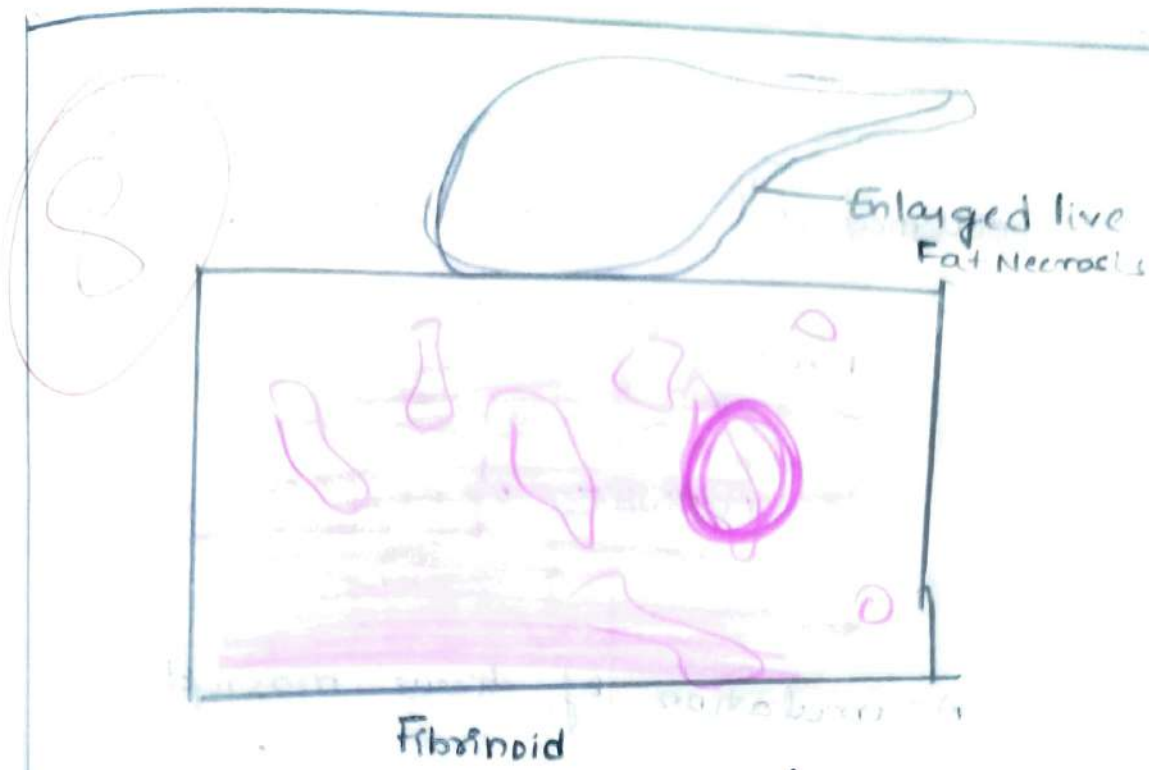
Fat Necrosis :- Accumulation of fat substances
see in breast pendulus, Acute Pancreatitis

Microscopically :- Yellowish firm deposits



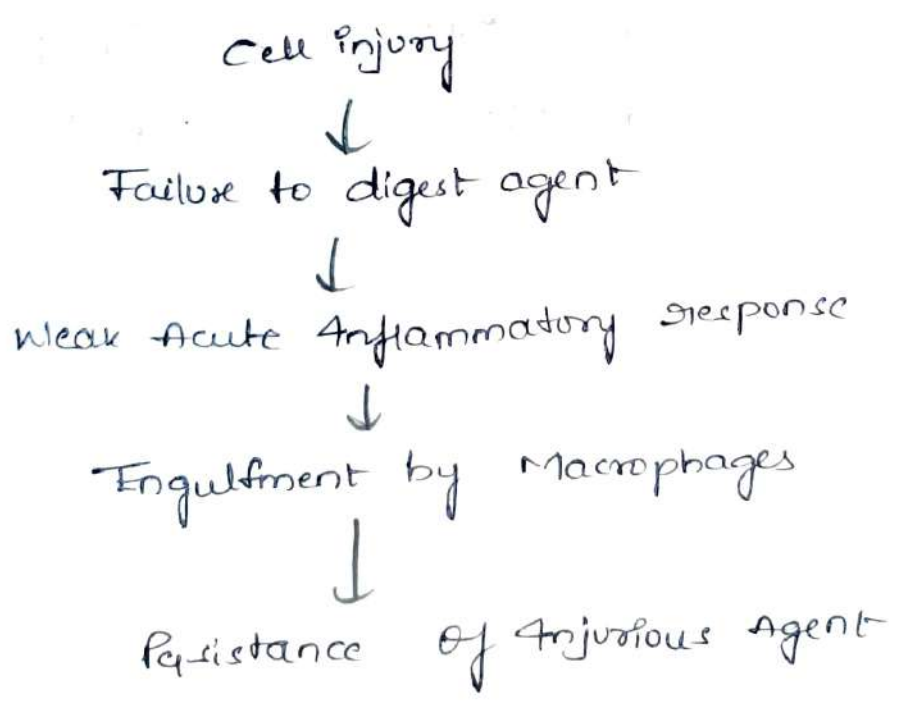
Fibrinoid Necrosis :- Depositing of fluid like
Material ; Autoimmune diseases, Arterioles in
hypertension, Peptic ulcer ,

Microscopically :- Highly eosinophilic, layaline
deposits



2) Pathogenesis of granuloma formation

Granuloma means giant cells surrounded by lymphocytes occur in inflammatory reaction.



T cell mediated
Immune
response

Poorly digest
agent

Activation of $CD4^+$ T cell

↓
Accumulation of tissue macrophages

Proliferation of T cells

↓
Macrophage activation

Transformation to
epithelioid cells
giant cells

Secreting of
fibroblastic
proliferating
cytokines



③ Metastatic calcifications

* Deposition of calcium in normal tissues

* Calcium Metabolism is deranged

* Serum calcium level is increased due to hypercalcemia.

* Reversible if we correct metabolic disorder

Causes of Metastatic calcification.

→ Hyperparathyroidism (due to adenoma)

→ Hypervitaminosis D,

→ Bony destructive lesions (Myeloma)

Dystrophic calcification

Deposition of calcium salts in degenerated tissue

• Calcium Metabolism is Normal

Serum calcium level is Normal

Generally Irreversible if Infective agent.

• Causes of Dystrophic calcification.

→ Increased binding of phosphates due to

Necrosis :-
(i) caseous
(ii) liquefactive

→ Hematoma

Metastatic

Pathogenesis :-

Increased accumulation
calcium phosphates due
hypercalcemia at
sites of lung, stomach
blood vessels



Dystropic

Pathogenesis :-

Increased binding of
phosphates with necrotic
and degenerative tissue,
then bind to calcium
forming calcium phosphates
precipitates

1A) Sys My probable diagnosis is "Systemic Lupus erythematosus" because butterfly rash over

a) face, episodes of haemolysis from past 1 week.

and positive anti-neutrophilic antibodies and anti-double

stranded ANA antibodies.

b) Etiopathogenesis of Systemic Lupus erythematosus:

Etiology:- Etiology:-

Exact Cause is not known

→ ~~Antinuclear~~ antibodies are detected against nuclear and cytoplasmic components of cells are demonstrable in cytoplasm. Discoid form.

(i) Antinuclear Antibodies (ANA) - Antibodies against nuclear antigens. Which destroy neutrophilic antibodies.

(ii) Antibodies to Double stranded (ANA antibodies) Antibodies against nuclear antigens. Which are Double stranded.

(ii) Anti Smith Antibody

(iv) other non specific antibodies:-

Anti ribonucleoproteins

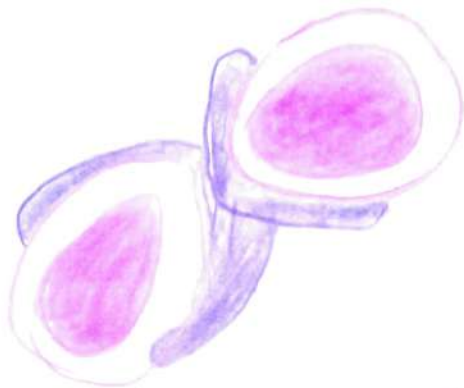
Anti phospholipid antibodies

Pathogenesis of Systemic Lupus erythematosus.
Autoantibodies formed by any of mechanism cause
tissue injury

Two types of Tissue injury:-

Type II hypersensitivity characterized by Mast
cell degranulation

Type III hypersensitivity characterized by
cytotoxicity and ADCC mechanism.
Le cell phenomenon.



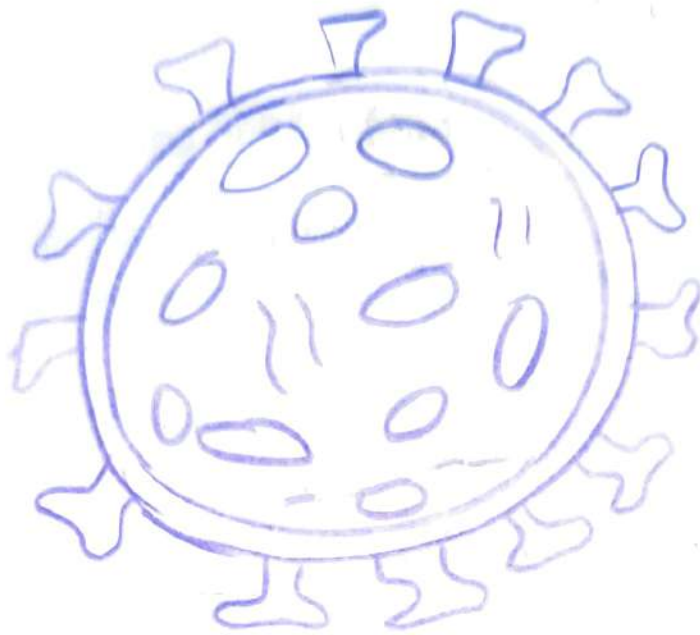
Typical Le cells

Morphological patterns of renal lesions :-

Smaller blood

[Faint, illegible handwritten notes and diagrams follow, likely describing various morphological patterns of renal lesions.]

20/11
Structure of human Immunodeficiency virus (HIV)



Pathogenesis.

Entering of HIV virus



Incorporate into Host DNA



Replicate in Host DNA

↓ by Reverse transcriptase

viral proteins are produced



Invasde the other cells



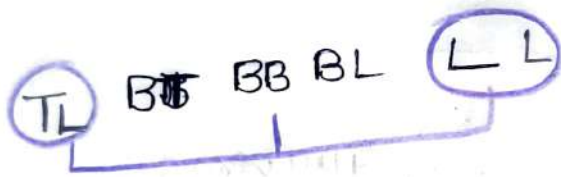
Cause Immunoodeficiency in Host

Cause HIV



3A) Classification of Leprosy according to Modified Ridley - Joplin classification:

- (1) Tuberculoid Leprosy (TL) polar end
- (2) TB Lepromatous Leprosy (LL) Polar end
- (3) Border Tuberculoid Leprosy (BT)
- (4) Border Lepromatous Leprosy (BL)
- (5) Between Border line Leprosy (BB)



Tuberculoid Leprosy	Lepromatous Leprosy
<p>Skin lesions Asymmetrical,</p>	<p>Skin Lesions Symmetrical, Multiple,</p>
<p>Homogenous erythematous</p>	<p>homogenous erythematous</p>
<p>Nerve lesions:-</p>	<p>Nerve lesions:-</p>
<ul style="list-style-type: none"> • Present with more sensory associated 	<ul style="list-style-type: none"> • Present with less sensory association disturbances
<p>Histopathology:-</p>	<p>Histopathology</p>
<p>Hard tuberculi like granulomatous formation eroding the basal layer</p>	<p>Collection of foamy macrophages & lepraecells clear zone lymphocyte</p>

Bacteriology :

Leptrae cells few,
and destroyed

Complications:-

Type 2 reactional leprosy
Neurological damage



~~Lep~~ Bacteriology:-

Leptra ~~bacti~~ cells are
highly positive to Leptrae
bacilli

Type 2 reactional
leprosy may occur

- 1A) My diagnosis is Pernicious Anaemia (one type of Megaloblastic Anaemia). It is because:-
- 1) Patient has past history of Hashimoto's thyroiditis (Autoimmune disorder)
 - 2) Patients presented with fatigue & sore throat. Pallor of conjunctiva, tongue was "beefy red" & smooth.
 - 3) Pernicious Anaemia occur in old age >60yrs.

(23)

B) Laboratory findings

- 1) Hemoglobin Estimation:-
Hemoglobin level is decreases than normal limit causing pallor.
- 2) peripheral blood smear:-
Megablastic, Macrocytic Anaemia.
Red blood size increased. (Normochromacia)
- 3) Red cell indices:-
 - 'MCV' level increased than normal
 - 'MHC' level increased than normal
 - 'MCHC' level may normal or decreased

Reticulocyte count $\frac{\circ}{\circ}$ May be low $\&$ normal level

Platelet count $\frac{\circ}{\circ}$ slightly reduced than normal

Neutrophils count $\frac{\circ}{\circ}$ on blood smear :- "Hypersegmented Neutrophils"
Multilobed.

Leucocyte count $\frac{\circ}{\circ}$ slightly reduced.

Biochemical findings



FIGLU Test for folic acid deficiency is on giving Homocysteine orally; folic acid level will be increased in urine

B₁₂ finding :- Microbiological B₁₂ assay
Radioassay test

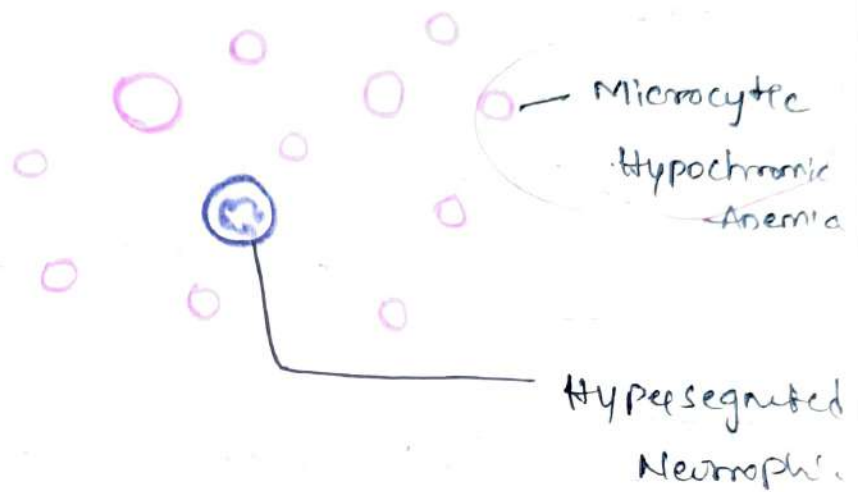
Sqphilling test :- Whether it differentiate Vit B₁₂ $\&$ folic acid deficiency.

Bone Marrow findings

Marrow cellularity :- cellularity of Marrow

"Increased" due to over production of cells from Bone Marrow

Erythropoiesis :- Erythroid hyperplasia
 Seen in Megaloblastic Anaemia.



Difference between

Kwashiorkor

Marasmus

- | | |
|---|---|
| <ul style="list-style-type: none"> • Occur due to "<u>protein</u>" deficiency with adequate calorie level • Seen in children between <u>2-4 years</u> • Edema Present • Fatty liver enlarged • Lethargic | <ul style="list-style-type: none"> • occur due to "<u>calorie</u>" deficiency • seen in "<u>Infancy</u>" <u><1 year</u> • Edema Absent • No fatty liver • Alert and irritable |
|---|---|

Kwashiorkor: "Malnutrition" caused by

"Protein" deficiency with sufficiency caloric intake.

Commonly seen children between "2-4 years" ^{more than} > 1 yr

due to Breast feeding decreased for "1st child"

if "2nd pregnancy" occurs within 2 years after

1st child.

Clinical features:- Edema, Emaciation,

Bloated body,

Anemia :-

Defined as "decreased Haemoglobin Concentration"
lower than normal limit of Age, Gender of
an individual.

Red blood cells ^(RBC) and oxygen carrying capacity
reduced.

Iron deficiency Anemia :- Nutritional deficiency
- Anemia.

Etiology :-

- (i) Women in Reproductive Age^o
Anemia commonly seen due ^{to} menstruation causes
Excess blood loss
- (ii) Decreased Dietary intake of iron
- (iii) Decreased "Iron absorption" due to
• Gastric ulcers, ↓ Brush Border in Anorexia
- (iv) Adult Males & Rarely seen due to
Chronic liver disorders, Renal disorders
Haemolytic disorders
- (v) Pregnancy :- Hemodilution cause Anemia.

Infancy poor feeding of iron and
Milk is poor source of iron

Pathogenesis :-

(i) Decreased iron intake due to Malabsorption,
Anorexia etc.

(ii) Decreased iron absorption :-

Due to GIT disorders like Achlocardia,
decrease in vitamin C

(iii) Decreased synthesis of erythropoietin :-
Renal disorders

laboratory findings :-

Hb concentration :- Hb concⁿ decreased

Red cell indices :-

MCV, MHC, MCHC will be
decreased

Peripheral blood smear:-

Microcytic, Hypochromic Anaemia

RE Count :- Normal level

Marrow cellularity:- decreased Marrow
cellularity

Serum ferritin :- Low ferritin level

TIBC capacity :- TIBC level increased

PES INSTITUTE OF MEDICAL SCIENCES & RESEARCH
KUPPAM-517425
DEPARTMENT OF PATHOLOGY
II MBBS TERM MONTHLY TEST- MARCH 2024

Date: 25.03.2024

TIME: 1 hour

(Write neat diagrams using color pencils wherever relevant)

MAX. MARKS:20

LONG ESSAY

10X1=10

MARKS

Define necrosis and enumerate the different types with examples.

SHORT ESSAY

2X5=10 MARKS

2. Describe the pathogenesis of granuloma formation.
3. Differentiate between metastatic and dystrophic calcifications

PES INSTITUTE OF MEDICAL SCIENCES & RESEARCH
KUPPAM-517425
DEPARTMENT OF PATHOLOGY
II MBBS SECOND MONTHLY TEST FOR MAY 2024

Date: 27-05-2024
TIME DURATION: 1 Hour
MAX. MARKS: 20

(Write neat diagrams using color pencils wherever necessary)

LONG ESSAY

10X1=10 MARKS

1. A 24-year-old female presented with history of recurrent episodes of fever, pleuritic chest pain, and arthralgia of two-year duration. The patient also had episodes of haematuria from past 1 week. Physical examination revealed a butterfly rash over the face and similar rashes over the extremities. Laboratory investigations revealed anaemia and thrombocytopenia. Further laboratory work-up showed positive anti-neutrophilic antibodies (ANA titre: 1:600) and strongly positive anti-double stranded DNA antibodies (1400 IU/ml). Urine examination showed few RBC casts and mild proteinuria.

- a. What is the probable diagnosis. [2 marks]
- b. Describe etio-pathogenesis of the condition with neat labelled schematic diagram. [5 marks]
- c. Enlist six morphological patterns of renal lesions in the above mention clinical condition. [3 marks]

. **(2+5+3 marks)**

SHORT ESSAY

5X2=10 MARKS

2. Describe the structure of Human Immunodeficiency Virus (HIV) and pathogenesis of HIV with schematic diagram. **(2+3 marks)**
3. Classify leprosy according to modified Ridley-Joplin classification. Tabulate the differences between tuberculoid leprosy and lepromatous leprosy. **(2+3 marks)**

PES INSTITUTE OF MEDICAL SCIENCES AND RESEARCH
KUPPAM-517425, CHITTOOR DIST., A.P
DEPARTMENT OF PATHOLOGY

Date:24/6/2024

Long Essay

1x15= 15 marks

1. A 65-years –old woman presented with fatigue and a sore tongue. She has a past history of hashimoto’s thyroiditis for which she has had a thyroidectomy done. Physical examination revealed pallor of the conjunctiva and the palmar creases . Her tongue was beefy red and smooth. Vibratory sensation was absent in the lower extremities.

A) What is your clinical impression and why? 3marks

B) Describe the laboratory (hematological and biochemical) and the bone marrow findings . 8marks

C) Draw a neat labelled diagram of the Peripheral smear and Bone marrow picture. 4marks

Short Essays

2 x 5=10marks

2.Describe Kwashiorkor. Tabulate the differences between Kwashiorkar and Marasmus.(3+2)

3.Define Anemia. Describe the aetiopathogenesis and Laboratory findings in Iron Defeciciency anemia (1+4)