

NAAC Criterion 3: Research, Innovations and Extension

3.4 Extension Activities

3.4.2: Average percentage of students participating in extension and outreach activities during the last five years





PES Institute of Medical Sciences & Research

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Detailed program report for each extension and outreach program , amount generated and Photographs





PES Institute of Medical Sciences & Research

Kuppam, Andhra Pradesh – 517425

NSS Unit

Special Camp – March 2024 (Phase 10)

Day 7: Specialist camp

Dr.Anil R, NSS PO

Date: 24.03.2024

Location: Urinayanapalle Village

On March 24, 2024, the NSS volunteers from PES Institute of Medical Sciences & Research dedicated themselves in providing specialized healthcare services to the residents of Urinayanapalle village, highlighting the targeted approach of the camp towards addressing the unique healthcare needs of the villagers. Under the expert guidance of Dr.Anil.R, Program Officer of PESIMSR NSS Unit, our team held the specialist health camp for the residents of Urinayanapalle.

Activities Conducted:

- **General Health Check-ups:**

The camp included thorough health assessments such as vital signs assessment, physical examinations, and health counselling, ensuring a holistic understanding of the villagers' health status.

- **Specialist Consultations:**

Access to specialists in General medicine, OBG, ENT, Ophthalmology and Orthopaedics facilitated early detection and management of specific health issues, enhancing the quality of healthcare services provided.

Achievements:

- **Comprehensive health screening:** The camp successfully conducted comprehensive health assessments for all participants, enabling the identification of health concerns and the provision of tailored medical advice.



- **Specialist Care Access:** Through specialist consultations, the camp ensured that villagers had easy access to specialized medical care, leading to timely interventions and improved healthcare outcomes.

Activity Monetization:

The dedicated efforts of our 50 volunteers have been recognized and valued at Rs 200 each, resulting in a total monetization of Rs 10,000 for this activity.

Comprehensive health screening: (50 x Rs 100 = Rs 5,000)

Specialist Care Access: (50 x Rs 100 = Rs 5,000)

The special camp was concluded with a validictory program, where the Village officials, Medical officer, Community Health officer, Head masters of Primary and high school, NSS program co-ordinator and NSS unit Cell, Dr YSRUHS were thanked for their contribution and time in making this special camp a grand success

Photos:







PES Institute of Medical Sciences & Research

Kuppam, Andhra Pradesh – 517425

NSS Unit

Special Camp – March 2024 (Phase 10)

Day 1: Inauguration & Area Survey Report

Dr. Anil R, NSS PO

Date: 18.03.2024

Location: Urinayanapalle Village

Camp Inauguration:

The NSS Unit of PES Institute of Medical Sciences and Research proudly inaugurated the special camp in Urinayanapalle village. The inauguration ceremony was graced by esteemed dignitaries, including Mr. Giri Prasad, the village Sarpanch, Mrs. Aruna, Anganwadi Teacher, and Mr. M. Melvin David, NSS Program Officer, PESCON, who honored us by serving as the chief guest. The ceremony witnessed the enthusiastic participation of 50 NSS volunteers from our institution, alongside the Program Officer, Dr. Anil R., marking the beginning of our community engagement efforts.

Activities Conducted:

Following the inauguration ceremony, our dedicated volunteers commenced the health survey initiative in the village. With unwavering determination, they diligently visited and surveyed a total of 63 households within the community. This initiative aims to assess the healthcare needs and challenges faced by the residents of Urinayanapalle village, thereby paving the way for effective interventions and support.

Achievements:

- The inauguration ceremony witnessed vibrant participation from esteemed village dignitaries and enthusiastic NSS volunteers, setting a spirited tone for the commencement of our special camp activities.
- A considerable portion of the area survey was successfully completed today, providing valuable insights into the healthcare landscape of Urinayanapalle village. This progress lays a solid foundation for the



implementation of future healthcare interventions and initiatives tailored to meet the community's needs.

- The community's response to our survey efforts was overwhelmingly positive, with households actively participating and expressing gratitude for the NSS team's dedication. This warm reception underscores the meaningful impact of our initiatives and strengthens our bond with the residents of Urinayanapalle village.

Activity Monetization:

As part of our commitment to community service, the monetization of today's activity amounted to ₹10,000. This calculation is based on the participation of 50 volunteers, with each volunteer contributing ₹200 towards the noble cause.

$$50 \times ₹200 = ₹10,000$$



Photos: Inauguration of NSS Special Camp at Gudlanayanapalle Village





Area Survey





PES Institute of Medical Sciences & Research

Kuppam, Andhra Pradesh – 517425

NSS Unit

Special Camp – March 2024 (Phase 10)

Day 1: Village cleaning and Sapling plantation

Dr.Anil R, NSS PO

Date: 19.03.2024

Location: Urinayanapalle Village

Camp Inauguration:

On the vibrant morning of March 19, 2024, a dedicated team comprising 50 enthusiastic NSS volunteers from PES Institute of Medical Sciences & Research descended upon Gudlanayanapalle village, driven by a shared mission to address pressing environmental challenges. Guided by the experienced leadership of Dr.Anil R, the Program Officer of PESCON NSS unit, we embarked on a multifaceted journey aimed at combating plastic waste accumulation and promoting greener surroundings through afforestation initiatives.

Activities Conducted:

- ***Environmental Cleanup Drive:*** With unwavering determination, our spirited volunteers initiated an extensive cleanup campaign, channelling their energies towards the meticulous removal of plastic waste from the village landscape.
- ***Partnership with Local Authorities:*** Leveraging the collaborative spirit, we forged a strong alliance with the local Panchayat leader, ensuring streamlined coordination for the efficient disposal of collected plastic waste in accordance with eco-friendly practices.
- ***Greening Efforts:*** Building upon the momentum of the cleanup drive, we transitioned into a tree plantation initiative, strategically planting saplings in identified areas across the village. Concurrently, we distributed tree saplings amongst villagers, igniting a spark of environmental consciousness and instilling a sense of collective responsibility for sustaining our natural ecosystem.

**Achievements:**

- The successful execution of our environmental cleanup endeavors significantly contributed to the visual and environmental rejuvenation of Urinayanapalle village, marking a pivotal step towards enhancing its overall cleanliness and aesthetic appeal.
- Through effective collaboration with local leadership, we established robust mechanisms for the proper management and disposal of plastic waste, fostering a culture of responsible waste management practices within the community.
- Our tree plantation and sapling distribution initiatives not only enriched the village landscape but also served as catalysts for nurturing a deeper appreciation for nature and eco-sustainability among villagers, thereby sowing the seeds for a greener tomorrow.

Activity Monetization:

- **Cleaning Activity:** A commendable effort from all 50 volunteers participating in the cleaning activity has been recognized with a monetization of Rs400 each, leading to a collective monetization of Rs20,000.

$$50 \times \text{Rs}400 = \text{Rs}20,000$$

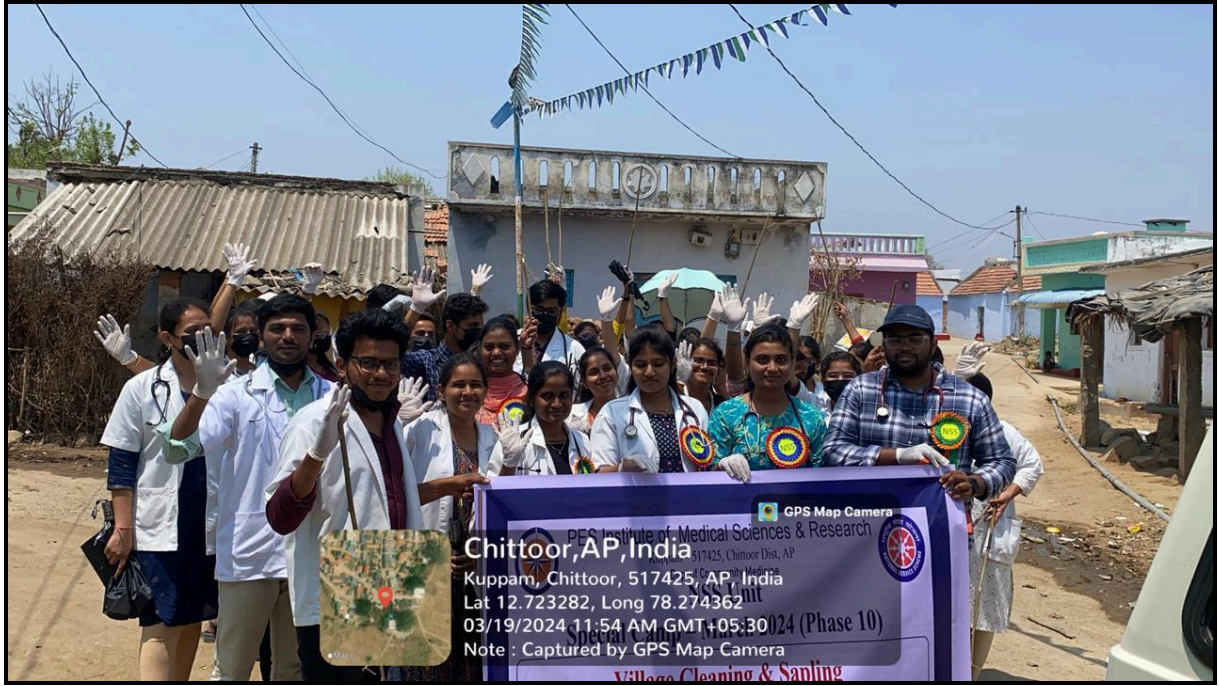
- **Tree Plantation Activity:** In appreciation of their involvement in the tree planting initiative, each volunteer has been monetized with Rs200, resulting in a total monetization of Rs10,000 for this activity.

$$50 \times \text{Rs}200 = \text{Rs}10,000$$



Photos:







PES Institute of Medical Sciences & Research

Kuppam, Andhra Pradesh – 517425

NSS Unit

Special Camp – March 2024 (Phase 10)

Day 3: Geriatric Health Programme

Dr.Anil R, NSS PO

Date: 20.03.2024

Location: Urinayanapalle Village

On March 20, 2024, our devoted team of 50 volunteers from PES Institute of Medical Science & Research embarked on a vital mission focusing on geriatric care as part of the NSS Special camp. Under the astute guidance of Dr.Anil R, Program Officer of PESIMSR NSS unit, we engaged in comprehensive geriatric assessments, prioritizing the health and well-being of our elderly community members.

Activities Conducted:

- **Geriatric Assessments:** With meticulous attention to detail, our volunteers conducted thorough assessments for 43 geriatric individuals, aiming to gain insights into their overall health status and quality of life.
- **Health Education Sessions:** Following the assessments, we facilitated tailored health education sessions, shedding light on common physiological changes associated with aging and imparting valuable knowledge on non-communicable diseases, thus empowering individuals to make informed decisions about their health.

Achievements:

- **Completion of Geriatric Assessments:** The successful completion of comprehensive geriatric assessments for 43 individuals marks a significant milestone in our efforts to prioritize the health and well-being of our elderly population.
- **Effective Health Education Dissemination:** Through engaging health education sessions, we successfully enhanced awareness about geriatric health and non-communicable diseases within the



community, thereby fostering a culture of proactive health management.

Activity Monetization:

- The participation of 50 volunteers in this impactful activity has been valued at Rs200 each, resulting in a total monetization of Rs10,000.

$$50 \times \text{Rs}200 = \text{Rs}10,000$$

Photos:





PES Institute of Medical Sciences & Research

Kuppam, Andhra Pradesh – 517425

NSS Unit

Special Camp – March 2024 (Phase 10)

Day 4: School Health Assessment

Dr.Anil R, NSS PO

Date: 21.03.2024

Location: Government High School, Urinayanapalle Village

On March 21, 2024, our devoted team of 25 volunteers from PES Institute of Medical Science & Research conducted a School health assessment on day 4 of NSS Special camp, under the guidance of Dr.Anil R, Program Officer of PESIMSR NSS unit.

Activities Conducted:

- **Comprehensive Health Assessment:** Height and weight measurements were taken to assess growth and nutritional status. Vision and hearing tests were performed to identify any potential issues. Dental checkups were carried out to evaluate oral health. General physical examination and systemic examinations were conducted
- **Identification of Health Concerns:** Identify prevalent health issues among students such as obesity, high blood pressure, vision/hearing impairments, skin diseases and dental problems. They were noted for further evaluation and intervention.
- **Promotion of Healthy Lifestyle Behaviors and health awareness:** Topics on nutrition, physical activity, puberty changes, hygiene, good touch and bad touch, garbage disposal and harmful effects of using plastics were discussed using health promotion materials.

Achievements:

- **Completion of Comprehensive Health Assessment:** Identified and documented baseline health data for 137 students and detected and documented existing health concerns among them.

- **Effective Health Education Dissemination:** Through appropriate teaching materials, the adolescents were engaged with topics concerned to them.

Activity Monetization:

- The participation of 25 volunteers in this impactful activity has been valued at Rs100 for each student, resulting in a total monetization of Rs13,700.

$$137 \times \text{Rs}100 = \text{Rs}13,700$$

Photos:







PES Institute of Medical Sciences & Research Kuppam, Andhra Pradesh – 517425

NSS Unit

Special Camp – March 2024 (Phase 10)

Day 5: NCD Surveillance

Dr.Anil R, NSS PO

Date: 22.03.2024

Location: Urinayanapalle Village

On March 22, 2024, the NSS Unit from PES Institute of Medical Sciences & Research embarked on an impactful health initiative in Urinayanapalle village, conducting screenings for Non-Communicable Diseases (NCDs) amongst the villagers. Under the leadership of Dr.Anil.R, Program Officer of the NSS Unit at PESIMSR, a team of 50 committed volunteers engaged in a critical public health drive, assessing 45 adults for NCD risk factors.

Activities Conducted:

- **Comprehensive Health Screenings:** Volunteers meticulously carried out health evaluations, which encompassed checking blood pressure, blood sugar levels, as well as height and weight measurements to gauge overall health. A NCD card was distributed to the participants.

- **Tailored Health Education:** Post-assessment, the team offered customized health counselling aimed at NCD prevention and management, equipping individuals with knowledge to better care for their health.

Achievements:

- **Successful NCD Risk Assessments:** The initiative led to the successful screening of 40 adults, marking a pivotal step in the early identification and management of NCDs.
- **Awareness and Education:** The initiative significantly contributed to educating the community on NCDs, highlighting prevention and management strategies.

Activity Monetization:

The collective effort of the 50 volunteers participating in this vital activity was monetarily valued at Rs500 per volunteer, totalling Rs25,000 in contributions towards the cause.

NCD screening: 50 x Rs 400 = Rs 20,000

Health education regarding lifestyle changes: 50 x Rs 100 = Rs 5000

Photos:





National Service Scheme		
PES Institute of Medical Sciences & Research		
PES College of Nursing		
NCD Card		
Name:	Age:	Sex:
Address:	Ph.No:	
Pulse: ___ bt/min	BP: ___/___ mmhg	
Height: ___ cms	Weight: ___ Kgs	BMI: ___
GRBS: ___ mg/dl		
Remarks:		



PES Institute of Medical Sciences & Research
Kuppam, Andhra Pradesh – 517425

NSS Unit

Special Camp – March 2024 (Phase 10)

Day 6: First Aid management Programme

Dr.Anil R, NSS PO

Date: 23.03.2024

Location: Paipalem PHC, Kuppam

On March 23, 2024, the NSS volunteers from PES Institute of Medical Sciences & Research embarked on a crucial mission aimed at bolstering the capabilities of healthcare workers at the Paipalem Primary Health Center (PHC), which oversees Urinayanapalle village. Under the expert guidance of Dr.Anil.R, Program Officer of PESIMSR NSS Unit, our team conducted an insightful First Aid Management program attended by 35 ASHA workers and ANMs..

Activities Conducted:

- **First Aid Management Demonstration:** Our volunteers delivered comprehensive training on handling various medical emergencies such as dog bites, snake bites, poisoning, burns, and CPR. Through



both theoretical explanations and practical demonstrations, participants acquired invaluable skills to effectively respond to emergencies.

Achievements:

- **Empowering Health Workers:** The program successfully equipped 35 ASHA workers and ANMs with crucial first aid management skills, thereby enhancing their ability to promptly respond to medical emergencies in the community.

Activity Monetization:

The dedicated efforts of our 50 volunteers have been recognized and valued at Rs500 each, resulting in a total monetization of Rs25,000 for this activity.

$$(50 \times \text{Rs}500 = \text{Rs}25,000)$$

Photos:









PES Institute of Medical Sciences & Research

Kuppam, Andhra Pradesh – 517425

NSS Unit

Special Camp – March 2024 (Phase 10)

Day 7: Specialist camp

Dr.Anil R, NSS PO

Date: 24.03.2024

Location: Urinayanapalle Village

On March 24, 2024, the NSS volunteers from PES Institute of Medical Sciences & Research dedicated themselves in providing specialized healthcare services to the residents of Urinayanapalle village, highlighting the targeted approach of the camp towards addressing the unique healthcare needs of the villagers. Under the expert guidance of Dr.Anil.R, Program Officer of PESIMSR NSS Unit, our team held the specialist health camp for the residents of Urinayanapalle.

Activities Conducted:

- **General Health Check-ups:**

The camp included thorough health assessments such as vital signs assessment, physical examinations, and health counselling, ensuring a holistic understanding of the villagers' health status.

- **Specialist Consultations:**

Access to specialists in General medicine, OBG, ENT, Ophthalmology and Orthopaedics facilitated early detection and management of specific health issues, enhancing the quality of healthcare services provided.

Achievements:

- **Comprehensive health screening:** The camp successfully conducted comprehensive health assessments for all participants, enabling the identification of health concerns and the provision of tailored medical advice.



- **Specialist Care Access:** Through specialist consultations, the camp ensured that villagers had easy access to specialized medical care, leading to timely interventions and improved healthcare outcomes.

Activity Monetization:

The dedicated efforts of our 50 volunteers have been recognized and valued at Rs 200 each, resulting in a total monetization of Rs 10,000 for this activity.

Comprehensive health screening: (50 x Rs 100 = Rs 5,000)

Specialist Care Access: (50 x Rs 100 = Rs 5,000)

The special camp was concluded with a validictory program, where the Village officials, Medical officer, Community Health officer, Head masters of Primary and high school, NSS program co-ordinator and NSS unit Cell, Dr YSRUHS were thanked for their contribution and time in making this special camp a grand success



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Detailed program report for each extension and outreach program and collaborating agency participated

Detailed Program report for each extension and outreach activities engaging NSS

Vruksho rakshathi rakshithaha

Date: 14th February 2018

On 14th February, 2018, the NSS Unit of PES Medical college conducted a program by name VRUKSHO RAKSHATHI RAKSHITHAHA: during which we educated our students about importance of plants and trees to ourselves and also our mother planet. Our Medical superintendent, Dr. Venugopal and Dean and Principal Dr. H. R Krishna Rao addressed the students about our duty to save plants and inspired our students by planting a sapling themselves following which our students also planted saplings in a barren land in our college premises and watered them . Hence, we not only educated the students about Importance of plants but also converted a barren land to a fertile garden.

Swacch Bharath Diwas

Date: 2nd October 2018

On 2nd October, 2018, we NSS Unit of PES Medical college organized Swacch Bharath Diwas during which we encouraged our undergraduate students to pick up the plastic and rags thrown onto the road and ground. Our students also educated the shop keepers in and around our college to prevent usage of plastic and succeeded.

Antibiotic Awareness week

Date: 12th November 2018

In the month of November 2018, we, the NSS unit of PES medical college along with PES

Nursing college celebrated World Antibiotic Awareness week from 12th -18th of November. During this week we educated our students about Importance of using antibiotics cautiously. We also conducted a rally in kuppam town and gave awareness to Medical shop owners and also people. We also educated Kuppam Engineering College students about usage of antibiotics.

Dhaan Utsav

Date: 13th November 2018

In the month of November, the NSS unit of PES medical college started raising fund to distribute foot wear to school students in the Begginapalli government school. Initially few of our team went to school and noticed that many of the students are coming to school with bare foot and are having some foot infections and injuries. Later we raised fund among undergraduate students of our college and took this to the notice of our principal. Our management came forward and released a good amount of fund. We consulted Bata company and a representative came to take foot measurements of the students.

On 13th November, 2018, we distributed footwear to all the school children in the presence of our respected Dean and Principal Dr. H.R. Krishna Roa. In this way , the NSS unit of PES medical college initiated a movement by name, DHAAN UTSAV, with a motive of making our students to celebrate the art of giving.

Condolences for Pulwama attack

Date: 14th February 2019

On 14th February, 2019, Pulwama attack took place in which around 40 CRPF personnel were killed. As a tribute to them, we the NSS Unit of PES medical college conducted a candle light rally on 16th February, 2019 to show our condolences and unity to the martyrs.

Rally for Women safety

Date: 10th December 2019

On 10th December, 2019, we NSS unit of PES medical college along with PES Nursing college with the help of Police department organised a meeting by gathering all MBBS and

Nursing students in which our Dean and Principal Dr. H.R Krishna Rao , our Medical superintendent Dr. Venugopal, our Associate Medical Superintendent Dr. Narayan, Nursing college principal, Circle Inspector of kuppam had delivered their speech regarding women rights and how women have to protect them selves and also emergency services a woman can assess to for her safety , followed by a candle light rally as condolence to Disha who was raped and killed.

National Nutrition Week

Date: 5th September 2021

As part of National Nutrition day, NSS unit at our college conducted a few events for the students

1. Poster/Theme presentation
2. Pick and Speak
3. Cooking without Fire

The poster presentation made the students so creative. They put in their ideas to create an awareness regarding the importance of Nutrition in one's life. It also created awareness among the hospital patients. Cooking without fire was a fun event which the students enjoyed and at the same time gained much knowledge on the important nutrients present in each of the food items they used for cooking which will help them to develop an interest in knowing the nutrients present in each of the food item they eat. Pick and speak was also interesting for the students to showcase their talents. Heads of the departments of Pediatrics, Medicine, Forensic Medicine and Pharmacology were present during the occasion and also they participated as judges for the above mentioned events.

Donation at an Anganwadi centre

DECEMBER 1ST 2021

Anganwadi is a type of rural child care centre in India. Through the anganwadi system the country is trying to provide affordable and accessible health care to local population Therefore it is considered as important section which shapes the lives of citizens of tomorrow

Therefore it was decided to donate mats to the anganwadi children by the NSS volunteers as a part of Children's day celebration. It was celebrated by health educating the kids, distribution of sweets and biscuits. This helps the NSS volunteers to understand the importance of anganwadi and inculcate the habit of donation among them.

CONSTITUTION DAY CELEBRATION

DECEMBER 17TH 2021

Constitution day is also known as national law day. It is celebrated on 26th November of every year. On November 26th 1949 the constitution assembly of India adopted the Constitution of India and it came into the effect on 26th January 1950.

In our college we celebrated constitution day by conducting a Awareness talk by Inter-Dr Y.Sneha reddy

The following points were discussed

1. Need for constitution in our democracy
2. Definition , structure and key features of constitution
3. Interesting facts about Indian constitution
4. Founding fathers of our constitution
5. Preamble of constitution

World women's day 2022

Date: 8.3.22

Introduction

World Women's Day is celebrated annually on March 8th to honor the achievements of women and to raise awareness about gender equality and women's rights. On this occasion, an awareness camp was organized at Government Degree College, Kuppam, for the female students and staff. The event focused on discussing the theme of women's empowerment and included a skit performed by NSS volunteers.

Event Overview

The awareness camp aimed to educate and empower the women of Government Degree College, Kuppam. The event featured detailed discussions on the theme, talks on women empowerment, and a skit to reinforce the messages conveyed during the talks.

Activities and Highlights

- **Theme Discussion:** The theme of World Women's Day was discussed in detail. Key points covered included:
 - The importance of gender equality in education, work, and society.

- o The role of women in leadership and decision-making processes.
- o Strategies for overcoming challenges and barriers faced by women.
- o Encouraging self-confidence and self-reliance among women.
- **Talks on Women Empowerment:** Several speakers addressed the gathering, providing insights and inspiration on various aspects of women empowerment. The talks included:
 - o Success stories of women who have made significant contributions in different fields.
 - o The importance of education and skill development for women's empowerment.
 - o Legal rights and protections available to women.
 - o Ways to combat gender-based violence and discrimination.
- **Skit Performance by NSS Volunteers:** To reinforce the awareness created through discussions and talks, a skit was performed by NSS volunteers. The skit focused on:
 - o Real-life scenarios highlighting issues faced by women, such as gender discrimination and violence.
 - o The importance of standing up for one's rights and supporting each other.
 - o The positive impact of women empowerment on individuals and society.
- **Involvement of College Staff:** The staff of Government Degree College actively participated in the program. Their involvement included:
 - o Assisting in organizing and coordinating the event.
 - o Providing support and encouragement to the students.
 - o Participating in the discussions and sharing their experiences and perspectives on women's empowerment.

Participation of Key Figures

The event saw active participation from key figures, including:

- **Principal and Faculty of Government Degree College:** Addressed the gathering, emphasizing the importance of women's empowerment in education and society.
- **NSS Program Officer:** Coordinated the event and motivated the NSS volunteers and students to actively participate in the awareness camp.

Conclusion

The observance of World Women's Day at Government Degree College, Kuppam, successfully raised awareness about women's empowerment and gender equality. The detailed discussions, inspiring talks, and skit performance effectively conveyed the importance of supporting and empowering women. The active participation of college staff and students ensured the event's success.

Recommendations

- Continue to organize similar awareness programs and events to promote women's empowerment throughout the year.
- Encourage female students to take on leadership roles and participate in extracurricular activities that promote gender equality.

- Foster collaborations with local organizations and government bodies to provide additional resources and support for women empowerment initiatives.

This event highlighted the critical role of education and community engagement in promoting gender equality and empowering women to achieve their full potential.

Special camp participation

Date: 21.3.22 to 27.3.22

A special camp was organised by a neighbouring college – Government degree college at nalgampalli. A general health awareness and check up was organised in which our NSS volunteers participated and served the community of nalgampalli.

World health day 2022

April 7TH 2022

World Health Day is observed annually on April 7th to raise awareness about global health issues and promote actions to improve health and well-being. The theme for 2022 was "Our Planet, Our Health," highlighting the inter-relationship between environmental health and human health.

Event Overview

On April 7, 2022, an awareness program was conducted for the students of Government Degree College to celebrate World Health Day. The program focused on explaining the theme "Our Planet, Our Health" and exploring how the health of our planet directly impacts human health.

Activities and Highlights

- **Theme Explanation:** The theme "Our Planet, Our Health" was thoroughly explained to the students. Key aspects covered included:
 - The connection between environmental conditions and public health.
 - How pollution, climate change, and environmental degradation affect human health.
 - The importance of protecting natural resources and promoting sustainable practices for improving overall health.
- **Inter-Relationship Discussion:** The program emphasized the inter-relationship between the health of our planet and human health. Discussions included:
 - The impact of environmental factors such as air and water quality on physical and mental health.

- o How maintaining a healthy environment contributes to preventing diseases and improving quality of life.
- o Practical steps individuals and communities can take to support environmental sustainability and enhance health outcomes.
- **Skit Performance by NSS Volunteers:** To reinforce the messages conveyed during the program, a skit was performed by NSS volunteers. The skit featured:
 - o Scenarios depicting the effects of environmental issues on human health.
 - o Creative and engaging ways to illustrate the importance of environmental conservation.
 - o Encouragement for students to adopt eco-friendly practices and support environmental initiatives.

The skit was well-received by the students, who enjoyed the performance and found it effective in conveying the program's key messages.

Participation of Key Figures

The event was supported by several key figures:

- **NSS Program Officer:** Coordinated the event and provided insights into the theme "Our Planet, Our Health."
- **Faculty Members:** Assisted in organizing the event and participated in discussions with students.

Conclusion

The World Health Day 2022 program at Government Degree College successfully raised awareness about the theme "Our Planet, Our Health." The explanation of the theme, discussions on the inter-relationship between environmental and human health, and the engaging skit performed by NSS volunteers effectively conveyed the importance of environmental protection for promoting better health. The students' active participation and enjoyment of the skit contributed to the event's success.

Recommendations

- Continue to organize awareness programs that connect environmental issues with health outcomes.
- Incorporate interactive and creative activities to engage students and enhance their understanding of health and environmental topics.
- Foster ongoing discussions and initiatives that promote sustainable practices and environmental stewardship among students.

This event underscored the crucial link between a healthy planet and healthy people, encouraging students to take responsibility for both their health and the environment.

Health camp at Begilpalli school

April 8TH 2022

On occasion of world health day 2022, PESIMSR had organized a health check up camp for adolescents in a near-by High school. The name of the village was Begilpalli. Total number of beneficiaries was 150 school children. About 20 referrals were there to our hospital.

World Environment day 2022

June 5TH 2022

Introduction

World Environment Day is celebrated annually on June 5th to raise awareness about environmental issues and promote actions for environmental protection. The focus is on encouraging individual and collective efforts to safeguard our planet.

Event Overview

On June 5, 2022, an environmental initiative was organized at the Rural Health Training Centre to observe World Environment Day. The event centered around planting saplings to enhance the local environment and involved engaging patients in environmental conservation efforts.

Activities and Highlights

- **Sapling Plantation:** As part of the World Environment Day celebrations, saplings were planted at the Rural Health Training Centre. Key activities included:
 - Planting a variety of saplings around the health center to contribute to environmental improvement and create green spaces.
 - Ensuring that the planted saplings are well-maintained and cared for to promote their healthy growth.
- **Patient Engagement:** Patients visiting the Rural Health Training Centre were encouraged to participate in the environmental initiative. They were:
 - Requested to plant a sapling wherever possible, either at home or in their community.
 - Provided with information on the benefits of planting trees and how it contributes to environmental health and well-being.

Participation of Key Figures

The event saw active participation from:

- **Healthcare Staff:** Assisted in organizing the sapling planting and engaged with patients to promote environmental awareness.
- **Patients:** Showed enthusiasm and support by participating in the planting initiative and committing to plant saplings in their own spaces.

Conclusion

The observance of World Environment Day 2022 at the Rural Health Training Centre successfully promoted environmental conservation through the planting of saplings. By involving patients in the initiative, the event not only contributed to the local environment but also fostered a sense of responsibility and participation in environmental efforts.

Recommendations

- Continue to organize tree planting and environmental initiatives regularly to maintain and expand green spaces.
- Develop educational materials and workshops to further engage the community in environmental conservation.
- Encourage other healthcare facilities and organizations to adopt similar initiatives to promote broader environmental awareness.

This event highlighted the importance of collective efforts in environmental protection and provided a practical way for individuals to contribute to a healthier planet.

World blood donor day 2022

June 30TH 2022

Introduction

World Blood Donor Day is celebrated annually on June 14th to honor blood donors and raise awareness about the importance of voluntary blood donation. The day emphasizes the critical role of blood donors in saving lives and highlights the need for regular and safe blood donations.

Event Overview

On June 14, 2022, an awareness camp was organized for the youth to celebrate World Blood Donor Day. The camp focused on educating young individuals about the significance of blood donation, the eligibility criteria for donating blood, and the creation of a potential donor list for emergency purposes.

Activities and Highlights

- **Awareness Camp:** The camp was designed to inform and engage the youth about blood donation. Key activities included:
 - **Educational Briefing:** Participants were briefed on various aspects of blood donation, including:
 - Eligibility criteria for donating blood (e.g., age, weight, health conditions).
 - Situations when individuals cannot donate blood (e.g., certain medical conditions, recent surgeries).
 - The process and benefits of blood donation, including how it helps in saving lives and improving health outcomes.
 - **Potential Donor List Creation:** A list of potential blood donors was compiled from the volunteers who expressed their willingness to donate blood. This list is intended for emergency purposes and will be used to contact volunteers when there is an urgent need for blood donations.
- **Donation of First Aid Kit:** In addition to the awareness camp, a first aid kit was donated to the college where the youth studied. This gesture aimed to:
 - Enhance the college's preparedness for handling minor injuries and medical emergencies.
 - Provide a practical resource that supports the health and safety of students and staff.

Participation of Key Figures

The event saw participation from:

- **Healthcare Professionals:** Provided valuable information and answered questions regarding blood donation.
- **College Staff and Students:** Engaged in the awareness camp, showed enthusiasm for the initiative, and volunteered for the potential donor list.

Conclusion

The observance of World Blood Donor Day 2022 successfully raised awareness among the youth about the importance of blood donation. The educational briefing and creation of a potential donor list contributed to building a ready network of volunteers for emergencies. The donation of a first aid kit further supported the college's health and safety measures.

Recommendations

- Continue to organize similar awareness camps to educate more individuals about blood donation and its significance.
- Expand outreach to other educational institutions and communities to build a broader network of potential blood donors.
- Regularly update the donor list and engage with potential donors to ensure their continued participation.

This event highlighted the critical role of voluntary blood donation in healthcare and fostered a sense of responsibility and preparedness among the youth.

40 mini

International yoga day 2022

June 21TH 2022

On occasion of International yoga day 2022, a awareness camp was organized for the anganwadi children regarding the importance of yoga. The idea was inculcating the habit of yoga at this tender age will help in sustaining the habits for lifelong.

PES Green & Clean Initiative Under NSS Unit

July 07TH 2022

As a part of cleanliness drive on the PESIMSR Campus, NSS unit organized a PES Green and Clean Program to clean the campus and keep it plastic free. All the NSS volunteers and students of different courses like Medicine, Nursing & paramedical participated in the program.

Dr H R Krishna Rao, Dean and Principal, PESIMSR was present on the occasion , briefed the staff and students regarding the importance of clean campus and ill effects of plastics and motivated the students to carry out the drive.

Every Wednesdays one course of students carry out this activity to keep the campus clean.

National Nutrition Week

September 07TH 2022

An awareness program was conducted at Yamaganapalli Government high school on 7.9.22 between 10 am to 11 am. About 15 NSS volunteers attended the program. Around 50 students and 8 teachers attended the program. the NSS volunteers educated the students regarding various aspects of nutrition and its importance.

World Suicide Prevention Day

September 10TH 2022

An awareness program was organized for Medicos and Interns of PESIMSR on the occasion of World Suicide prevention day on September 10th 2022. they were trained on how to identify people who are vulnerable to suicides and helped them to understand the importance of the theme for World Suicide prevention day. About 200 students and 10 interns attended the program.

Dr Chitra, Prof & head of Community Medicine briefed on the burden of suicides. Dr Mukesh, Assistant Professor of Psychiatry talked on the theme and warning signs. Dr Anil NSS PO, spoke on the importance of observing World Suicide prevention day.

This program was conducted in association with Department of Community Medicine and Department of Psychiatry.

World Patient Safety Week

September 24th 2022

On occasion of World patient safety day , PESIMSR organsied a week long awareness program to highlight the importance of patient safety. The theme was MEDICATION WITHOUT HARM. PESIMSR NSS Unit organized a rally to spread awareness about patient safety among public, patients, doctors, undergraduates of MBBS, Nursing, Paramedical and Postgraduates.

Medical superintendent, Asst MS, Principal of Nursing college, Principal of Paramedical College, Dr Sangeetha, Dr Anil, Dr Vishweswar Reddy, Mr Melvin were present on the occasion. About 100 volunteers attended the rally. The gathering was addressed by Dr Vishweswar Reddy.

World Rabies Prevention Day

September 30TH 2022

An awareness program was organized by Medicos and Interns of PESIMSR (NSS volunteers) on the occasion of World Rabies prevention day on September 30th 2022. The program was organized for Anganwadi teachers, helpers, ASHAs, ANMs and public at the CDPO office,

Kuppam. They were taught on the dos and donts after an animal bite, the first aid to be given, vaccinations and other animal bites. About 25 people were benefitted from the program.

The theme was RABIES: ONE HEALTH, ZERO DEATHS

World Mental Health Day

October 10th 2022

An awareness and screening program was organized by interns of PESIMSR (NSS volunteers) on the occasion of World Mental Health Day on October 10th 2022. The program was organized for trans-genders at their office, Kuppam. They were sensitized about the mental health problems which are high among the TG community and how they become victims of suicides. Warning signs, symptoms to identify among their peers were taught to them. A psychiatrist gave a talk on how to open up on mental health and organized a screening program for them. About 12 Trans-gender people were benefitted from the program.

National Unity Day

October 31th 2022

On the occasion of “National Unity Day”, an awareness program and pledge taking ceremony was organized by NSS Unit PESIMSR. The program was organized for all NSS volunteers, paramedical and nursing students of PESIMSR. They were sensitized about the “National Unity Day” and its importance. The contribution of Sardar Vallabhai Patel to our Country was highlighted during the program. A pledge taking ceremony was organized to mark the occasion and the spirit of Rashtriya Ekta Diwas. Dr Anil R, NSS Programme officer, NSS unit, PESIMSR and Dr Leena, Assistant Professor of Physiology were present during the occasion.

World hypertension Day

May 17th 2023

Report on World Hypertension Day Observance

Introduction

World Hypertension Day is observed annually on May 17th to raise awareness about hypertension, commonly known as high blood pressure. This day highlights the importance of

monitoring blood pressure regularly and understanding the associated health risks. The theme of World Hypertension Day, 2023 is 'Measure Your Blood Pressure Accurately, Control It, Live Longer'.

Event Overview

On May 17th, a team of 20 NSS volunteers, accompanied by postgraduate students from the Community Medicine department, visited the local Primary Health Centre (PHC) to commemorate World Hypertension Day. The activities were aimed at educating the community about hypertension and promoting healthy lifestyle practices.

Awareness Campaign

The group conducted an awareness session emphasizing hypertension as a "silent killer." The key points discussed included:

- **Definition of Hypertension:** Understanding what hypertension is and its prevalence.
- **Risk Factors:** Highlighting the various risk factors associated with hypertension, such as:
 - Age
 - Family history
 - Obesity
 - Sedentary lifestyle
 - High salt intake
 - Excessive alcohol consumption
 - Smoking
 - Stress
- **Prevention and Management:** Discussing lifestyle changes and preventive measures, including:
 - Regular physical activity
 - Healthy diet with low salt intake
 - Avoidance of tobacco and limiting alcohol consumption
 - Regular blood pressure monitoring

Screening Camp

A hypertension screening camp was organized where the community members had their blood pressure measured. This initiative aimed to:

- Identify individuals with elevated blood pressure.
- Provide immediate advice on lifestyle modifications and, if necessary, medical consultation.
- Distribute informational pamphlets on hypertension management.

Involvement of Medical Officer

The Medical Officer of the PHC actively participated in the program. They provided expert insights on hypertension, addressed queries from the community, and reinforced the importance of regular health check-ups and adherence to prescribed medication for those diagnosed with hypertension.

Conclusion

The event was a significant step towards raising awareness about hypertension and its associated risks within the community. The collaborative effort of NSS volunteers, postgraduate students, and the PHC staff ensured a comprehensive approach to educating and screening the local population, contributing to better hypertension management and prevention.

Recommendations

- Regular follow-up screenings and health education sessions.
- Continued collaboration between community health workers and medical professionals.
- Implementation of community-based hypertension prevention programs.

This event highlighted the crucial role of community engagement and education in combating hypertension and promoting public health.

World No tobacco Day

May 31st 2023

Introduction

World No Tobacco Day is observed annually on May 31st to highlight the health risks associated with tobacco use and advocate for effective policies to reduce tobacco consumption. This day aims to raise awareness about the harmful effects of tobacco and encourage individuals to quit smoking and other forms of tobacco use. This year's theme is "Grow food, not tobacco".

Event Overview

On May 31st, a team of 30 NSS volunteers along with the NSS Program Officer Dr Anil R, accompanied by postgraduate students from the Community Medicine department, visited the local hospital to commemorate World No Tobacco Day. The activities focused on educating the community about the dangers of tobacco use through interactive and engaging methods.

Awareness Campaign

The group conducted an awareness session using roleplays and health education aids to communicate the risks of tobacco use. The key points discussed included:

- **Health Risks of Tobacco:** Understanding the severe health consequences of tobacco use, such as:
 - Lung cancer
 - Heart disease
 - Chronic obstructive pulmonary disease (COPD)
 - Stroke
 - Oral cancers
- **Secondhand Smoke:** Highlighting the dangers of secondhand smoke to non-smokers, particularly children and pregnant women.
- **Addiction and Quitting:** Discussing the addictive nature of nicotine and providing information on resources and support systems available for quitting tobacco.

Interactive Roleplays

NSS volunteers performed roleplays to vividly depict scenarios illustrating the impact of tobacco use on health and relationships. These roleplays aimed to:

- Show real-life consequences of tobacco addiction.
- Encourage empathy and understanding among viewers.
- Motivate tobacco users to consider quitting.

Health Education Aids

The team created various health education aids, such as posters, pamphlets, and infographics, which were displayed in the hospital and distributed to visitors. These aids included:

- Visuals depicting the harmful effects of tobacco on different organs.
- Tips and strategies for quitting tobacco.
- Information about local cessation programs and helplines.

Hospital Engagement

The hospital staff, including doctors and nurses, supported the initiative by:

- Engaging with visitors and providing additional information on the dangers of tobacco use.
- Offering advice on smoking cessation and the benefits of quitting.
- Encouraging patients and their families to take advantage of available resources for quitting tobacco.

Conclusion

The event was a significant step towards raising awareness about the dangers of tobacco use within the community. The creative use of roleplays and health education aids effectively communicated the message and engaged the audience. The collaboration between NSS volunteers, postgraduate students, and hospital staff ensured a comprehensive approach to educating the community about the risks of tobacco use and the benefits of quitting.

Recommendations

- Regular follow-up educational sessions and support groups for tobacco cessation.
- Continued collaboration between community health workers, volunteers, and medical professionals.
- Implementation of community-based tobacco prevention and cessation programs.

This event underscored the importance of interactive and engaging methods in raising awareness and promoting public health, particularly in the fight against tobacco use.

World Environment day

June 05th 2023

Introduction

World Environment Day is observed annually on June 5th to encourage worldwide awareness and action for the protection of our environment. This year's theme focused on the dangers of plastic pollution and its health consequences, emphasizing the need for sustainable alternatives and practices. This year's campaign is celebrated under the theme #BeatPlasticPollution

Event Overview

On June 5th, a team of 40 NSS volunteers attended an awareness class centered on the theme of plastic pollution. The session aimed to sensitize the volunteers on the importance of environmental conservation and equip them with the knowledge to spread awareness. Following the class, the volunteers visited various shops in and around the campus to educate shop owners and customers about the hazards of using plastics.

Awareness Class

The awareness class covered several key topics, including:

- **Plastic Pollution:** Understanding the extent of plastic pollution and its impact on the environment.
- **Health Consequences:** Highlighting the health risks associated with plastic use, such as:

- o Chemicals from plastics leaching into food and water.
- o Microplastics entering the food chain and causing potential health issues.
- o Air pollution from burning plastics leading to respiratory problems.
- **Sustainable Alternatives:** Discussing eco-friendly alternatives to single-use plastics, such as:
 - o Reusable bags
 - o Glass or metal containers
 - o Biodegradable packaging

Shop Visits

After the awareness class, the NSS volunteers embarked on a mission to visit various shops around the campus. Their objectives were to:

- Educate shop owners and customers about the dangers of plastic use.
- Distribute informational pamphlets highlighting the environmental and health risks of plastics.
- Encourage the adoption of sustainable practices and alternatives to plastics.

During these visits, the volunteers:

- Explained the adverse effects of plastic pollution on the environment, such as soil and water contamination.
- Highlighted the health consequences of plastic exposure, including hormone disruption and increased cancer risk.
- Demonstrated the benefits of using eco-friendly alternatives and provided practical tips for reducing plastic use.

Engagement with Shop Owners

The shop owners responded positively to the volunteers' efforts. Many expressed willingness to:

- Reduce the use of single-use plastics in their shops.
- Promote the use of reusable bags and containers.
- Display educational materials provided by the volunteers to inform customers about plastic pollution.

Conclusion

The event was a crucial step towards raising awareness about plastic pollution and its associated health risks. The NSS volunteers, equipped with knowledge from the awareness class, effectively communicated the message to the community. Their visits to the shops in and around the campus helped foster a sense of responsibility among shop owners and customers, encouraging them to adopt more sustainable practices.

Recommendations

- Conduct regular follow-up visits to ensure continued commitment to reducing plastic use.
- Organize more awareness sessions and workshops on environmental conservation.
- Collaborate with local authorities to implement policies supporting the reduction of plastic pollution.

This event highlighted the power of community engagement and education in promoting environmental sustainability and protecting public health.

World Blood donor day

June 14th 2023

Introduction

World Blood Donor Day is observed annually on June 14th to raise awareness about the need for safe blood and blood products and to thank voluntary, unpaid blood donors for their life-saving gifts. The theme for 2023 was "Give blood, give plasma, share life, share often."

Event Overview

On June 14, 2023, the NSS volunteers, in association with the Department of Pathology, organized a poster competition for nursing students around the theme of World Blood Donor Day. Additionally, a rally was conducted inside the campus to create awareness among students, faculty, and the general public regarding the importance of blood donation. The event was graced by the presence of the Dean and Principal, the Medical Superintendent, the Head of the Department of Pathology, the NSS program officer, NSS volunteers, and faculty members.

Poster Competition

The poster competition aimed to encourage nursing students to creatively express the theme "Give blood, give plasma, share life, share often." The objectives of the competition were to:

- Highlight the importance of regular blood and plasma donation.
- Encourage students to use art as a medium to promote health awareness.
- Foster a sense of community and responsibility among nursing students.

Key points from the competition:

- Several impressive posters were created, emphasizing the critical role of blood and plasma donation.
- The posters illustrated the life-saving impact of donations and encouraged the community to donate regularly.

- Winners of the competition were awarded certificates and prizes, and their posters were displayed prominently in the campus.

Awareness Rally

The awareness rally inside the campus was a significant event aimed at spreading the message of blood donation. The rally included:

- Participation from NSS volunteers, nursing students, faculty, and the general public.
- Distribution of informational pamphlets about the benefits of blood donation and the process involved.
- Use of banners and placards with motivational slogans to attract attention.

During the rally:

- Volunteers and participants marched through the campus, raising slogans and distributing pamphlets.
- Informative talks were given by key figures, including the Dean and Principal, the Medical Superintendent, the Head of the Department of Pathology, and the NSS program officer, who emphasized the importance of blood donation.
- Participants were encouraged to pledge to donate blood and plasma regularly.

Conclusion

The event successfully raised awareness about the importance of blood and plasma donation among the campus community. The poster competition and rally, supported by the participation of key figures and volunteers, emphasized the life-saving impact of regular donations. The collaborative effort of the NSS volunteers, the Department of Pathology, and the institution's leadership ensured a comprehensive approach to promoting blood donation.

Recommendations

- Organize regular blood donation drives in collaboration with local blood banks.
- Continue to engage students and faculty in awareness activities through competitions and educational sessions.
- Develop partnerships with community organizations to expand the reach of blood donation campaigns.

This event demonstrated the power of community involvement and education in promoting blood donation, ultimately contributing to saving lives and improving public health.

World Breastfeeding week

August 3rd 2023

Introduction

World Breastfeeding Week is celebrated annually from August 1-7 to promote the importance of breastfeeding and improve the health of babies globally. The theme for 2023 was "Let's make breastfeeding and work, work!" which focuses on supporting breastfeeding in the workplace.

Event Overview

To mark World Breastfeeding Week 2023, the NSS volunteers, in association with the Department of Pediatrics, organized a comprehensive program at Shahi Garment Factory for all female employees. The event aimed to educate and empower working mothers about the significance of breastfeeding and its numerous advantages.

Awareness Program at Shahi Garment Factory

The awareness program included several engaging activities designed to inform and support the female employees:

- **Roleplay Performance:** The NSS volunteers performed a roleplay illustrating the importance of breastfeeding and the negative effects of bottle-feeding. The roleplay aimed to:
 - Demonstrate the health benefits of breastfeeding for both the mother and the baby.
 - Highlight the risks associated with bottle-feeding, including infections and nutritional deficiencies.
 - Encourage working mothers to continue breastfeeding even after returning to work.
- **Dance Program:** A dance performance was organized to highlight the significance of mother-baby bonding. The performance creatively conveyed the emotional and health benefits of breastfeeding, reinforcing the week's theme.

Address by Key Figures

The program featured speeches by prominent figures from the medical community:

- **Head of the Department of Community Medicine:** Addressed the gathering, emphasizing the importance of breastfeeding and workplace support for breastfeeding mothers. Key points included:
 - The health benefits of breastfeeding for infants, including better immunity and nutrition.
 - The importance of employer support in providing time and space for breastfeeding or expressing milk at work.

- **Head of the Department of Pediatrics:** Highlighted the 2023 theme "Let's make breastfeeding and work, work!" and discussed practical strategies for integrating breastfeeding into a working mother's routine. Key points included:
 - Techniques for expressing and storing breast milk.
 - Encouraging workplaces to adopt breastfeeding-friendly policies.

Rally at the City Centre

In addition to the program at the factory, a rally was conducted in the city center to raise awareness among the general public about the importance of breastfeeding and supporting breastfeeding mothers at work. The rally included:

- Participation from NSS volunteers, faculty, and staff from the Departments of Community Medicine and Pediatrics.
- Distribution of informational pamphlets on breastfeeding benefits and tips for working mothers.
- Use of banners and placards with slogans supporting breastfeeding.

Participation of Key Figures

The rally and factory program were supported by several notable figures:

- **NSS Program Officer:** Coordinated the event and motivated the volunteers to continue their efforts in promoting maternal and child health.
- **Faculty of Community Medicine and Pediatrics:** Provided valuable insights and support throughout the program.

Conclusion

The event successfully raised awareness about the importance of breastfeeding and the need for workplace support. The roleplay, dance performance, and speeches provided valuable information and encouragement to the female employees at Shahi Garment Factory. The rally further amplified the message within the city center, promoting a culture of support for breastfeeding mothers.

Indian Constitution day

November 27th 2023

Introduction

Indian Constitution Day, also known as Samvidhan Divas, is celebrated on November 26th each year to commemorate the adoption of the Constitution of India. The day serves as a reminder of

the importance of the Constitution in guiding the nation's governance and protecting the rights of its citizens.

Event Overview

To mark Indian Constitution Day, the NSS volunteers, in association with PES Nursing College (PESCON), organized a comprehensive program for all students, emphasizing the significance of the Constitution. The activities included a quiz competition, a webinar by a renowned lawyer, a roleplay, and a pledge reading.

Quiz Competition

The NSS Unit organized a quiz competition for students from PES Institute of Medical Sciences and Research (PESIMSR) and PESCON, revolving around the Indian Constitution. The objectives of the competition were to:

- Enhance students' knowledge about the Constitution of India.
- Encourage a spirit of healthy competition and learning.
- Promote awareness about constitutional rights and duties.

Key points from the competition:

- The quiz covered various aspects of the Constitution, including its history, key articles, and amendments.
- The competition saw enthusiastic participation from students, reflecting their interest in the subject.
- Winners were awarded prizes and certificates, acknowledging their knowledge and effort.

Webinar by Dr. Rupam Lal Howlader

A webinar was organized where Dr. Rupam Lal Howlader, Assistant Professor at Dr. Ambedkar Government Law College, Puducherry, spoke to NSS volunteers and students. Key points from his talk included:

- The historical context and significance of the Indian Constitution.
- An in-depth discussion on the key features and provisions of the Constitution.
- The importance of understanding and upholding constitutional values in daily life.
- Encouraging students to be aware of their rights and duties as citizens.

Preamble Reading and Pledge

The NSS Program Officer, Dr. Anil R., administered the reading of the Preamble and a pledge to uphold the values enshrined in the Constitution. This activity aimed to:

- Reinforce the principles and values of the Constitution among the students.
- Encourage a sense of responsibility and patriotism.

- Foster unity and respect for the rule of law.

Address by PESCON Principal and Vice Principal

The gathering was addressed by the Principal and Vice Principal of PESCON, who highlighted the importance of Indian Constitution Day and its relevance to students. Key points from their addresses included:

- The role of the Constitution in shaping India's democratic framework.
- The significance of understanding constitutional rights and responsibilities.
- Encouragement to students to actively participate in civic duties and contribute to the nation's development.

Prize Distribution

The event concluded with the distribution of prizes and certificates to the winners of the quiz competition. This ceremony recognized the efforts and knowledge of the participants and motivated others to engage in similar educational activities.

Conclusion

The observance of Indian Constitution Day successfully raised awareness about the importance of the Constitution among the students. The quiz competition, webinar, roleplay, and pledge reading provided a comprehensive understanding of the Constitution's significance. The involvement of key figures and the enthusiastic participation of students made the event a resounding success.

Recommendations

- Organize similar educational programs annually to promote constitutional awareness.
- Encourage students to participate in debates, discussions, and other activities related to the Constitution.
- Collaborate with legal experts and institutions to provide deeper insights into constitutional law and its application.

This event underscored the importance of the Constitution in the lives of students and citizens, fostering a deeper understanding and appreciation of the values it upholds.

World HIV day

December 1st 2023

Introduction

World HIV Day is observed annually on December 1st to raise awareness about HIV/AIDS and demonstrate international solidarity in the face of the epidemic. The theme for this year was "Let Communities Lead," emphasizing the crucial role of community-led initiatives in combating HIV/AIDS.

Event Overview

On December 1st, a group of NSS volunteers, postgraduate students in Community Medicine, and NSS Program Officer Dr. Anil organized an HIV awareness program for the general public at a nearby primary health centre. The event aimed to educate the community about HIV, address the theme, and promote proactive measures against the infection.

Activities and Highlights

- **Awareness Program:** The NSS volunteers and postgraduate students conducted an informative session to educate the public about HIV/AIDS, including:
 - Modes of transmission
 - Prevention methods
 - Importance of regular testing
 - Available treatments and support services
 - The need to combat stigma and discrimination associated with HIV/AIDS
- **Booklet Release:** An HIV awareness booklet was released during the event, providing comprehensive information about HIV/AIDS. The booklet was distributed to the attendees for further dissemination within the community. Key contents of the booklet included:
 - Detailed information on HIV prevention, testing, and treatment
 - Resources for support and counseling services
 - Stories and testimonials from individuals living with HIV
- **Dance Program:** A dance performance was organized to highlight the challenges associated with HIV infection and its social implications. The performance creatively depicted:
 - The struggles faced by individuals living with HIV
 - The social stigma and discrimination they often encounter
 - The importance of community support and empathy

Participation of Key Figures

The program saw active involvement from significant local figures:

- **Medical Officer of the PHC:** Spoke about the medical aspects of HIV/AIDS, stressing the importance of early detection and continuous treatment. The officer also provided insights into the local health services available for HIV patients.
- **Local Councillor:** Addressed the gathering, emphasizing community support and the role of local governance in facilitating awareness and support programs. The councillor encouraged the public to participate actively in creating an inclusive and supportive environment for individuals living with HIV.

Conclusion

The event successfully raised awareness about HIV/AIDS among the local community, aligning with the theme "Let Communities Lead." The collaborative efforts of the NSS volunteers, postgraduate students, medical professionals, and local leaders emphasized the importance of community involvement in combating HIV/AIDS. The release of the HIV awareness booklet and the impactful dance performance further reinforced the message, promoting understanding and empathy within the community.

Recommendations

- Continue to organize regular awareness programs and community-led initiatives to combat HIV/AIDS.
- Distribute the HIV awareness booklet widely to ensure the information reaches a larger audience.
- Foster partnerships with local organizations and health services to provide ongoing support and resources for individuals living with HIV.

This event highlighted the power of community engagement in addressing public health challenges and underscored the collective responsibility in the fight against HIV/AIDS.

World Cancer day

February 14 th 2024

Introduction

World Cancer Day is observed annually on February 4th to raise awareness about cancer and encourage its prevention, detection, and treatment. The theme for 2022-2024 is "Close the Care Gap," emphasizing the need to address disparities in cancer care and ensure equitable access to services for all.

Event Overview

On February 4th, a group of NSS volunteers, postgraduate students in Community Medicine, and NSS Program Officer Dr. Anil organized a cancer awareness program for the general public at

Kuppam Anganwadi. The event aimed to educate the community about cancer, align with the theme "Close the Care Gap," and promote proactive measures for cancer prevention and early detection.

Activities and Highlights

- **Awareness Program:** The NSS volunteers and postgraduate students conducted an informative session to educate the public about cancer, including:
 - Common types of cancer and their symptoms
 - Importance of regular screening and early detection
 - Lifestyle changes to reduce cancer risk
 - Available treatments and support services
 - The need to address social stigma associated with cancer
- **Dance Program:** A dance performance was organized to highlight the challenges associated with cancer and its social implications. The performance creatively depicted:
 - The physical and emotional struggles faced by individuals living with cancer
 - The social stigma and discrimination they often encounter
 - The importance of community support and empathy
- **Address by Key Figures:** The program featured speeches by several prominent figures:
 - **CDPO of the Anganwadi:** Addressed the gathering, emphasizing the importance of cancer awareness and community support. The CDPO highlighted the role of local institutions in spreading awareness and providing support to those affected by cancer.
 - **Dr. Anil R., NSS Program Officer:** Highlighted the importance of cancer screening and early detection. He urged local leaders to organize regular cancer screening camps in association with PESIMSR to ensure accessible and timely care for the community.
 - **Local Councillor:** Pledged support for organizing cancer screening camps and emphasized the need for community participation in cancer prevention and care initiatives.

Conclusion

The event successfully raised awareness about cancer among the local community, aligning with the theme "Close the Care Gap." The collaborative efforts of the NSS volunteers, postgraduate students, and local leaders emphasized the importance of equitable access to cancer care. The dance performance and informative sessions promoted understanding and empathy within the community.

Recommendations

- Continue to organize regular awareness programs and community-led initiatives to promote cancer prevention and early detection.
- Work with local leaders and health institutions to organize regular cancer screening camps.

- Foster partnerships with local organizations to provide ongoing support and resources for individuals affected by cancer.

This event highlighted the power of community engagement in addressing public health challenges and underscored the collective responsibility in the fight against cancer.

World Health day

April 7th 2024

Introduction

World Health Day is celebrated annually on April 7th to raise awareness about global health issues and encourage actions to improve health and well-being. The theme for 2024 is "My Health, My Right," emphasizing the right to health and the importance of personal and collective responsibility in achieving it.

Event Overview

On April 7, 2024, an awareness program was organized by NSS volunteers and NSS Program Officer Dr. Anil in association with PES Nursing College (PESCON). The program aimed to educate nursing students about the theme and promote awareness of health rights.

Activities and Highlights

- **Awareness Program:** NSS volunteers and Dr. Anil conducted an informative session for the nursing students, covering:
 - The significance of the theme "My Health, My Right"
 - The importance of recognizing health as a fundamental human right
 - Strategies for advocating for personal and community health rights
 - The role of healthcare professionals in supporting and promoting health rights
- **Reels Competition:** Nursing students participated in a reels competition based on the theme. The competition aimed to:
 - Encourage creative expression and engagement with the theme
 - Promote the use of social media to spread awareness about health rights
 - Foster a sense of community and collaboration among students

Key points from the competition:

- Students created various reel videos highlighting different aspects of health rights.
- The reels were judged by esteemed judges, including faculty members and external experts.
- The creativity and message delivery in the reels were highly appreciated.

Participation of Key Figures

The gathering was attended by several key figures, including:

- **Principal of PESCON:** Addressed the students, emphasizing the importance of understanding and advocating for health rights.
- **Vice Principal of PESCON:** Highlighted the role of nursing students in promoting health rights within the community.
- **NSS PO PESCON and Faculty of Nursing College:** Provided insights and support throughout the event, encouraging students to actively participate in health advocacy.

Prize Distribution

The event concluded with the distribution of prizes and certificates to the winners of the reels competition. The dignitaries recognized the efforts and creativity of the participants, motivating them to continue their advocacy for health rights.

Conclusion

The observance of World Health Day successfully raised awareness about the theme "My Health, My Right" among nursing students. The awareness program and reels competition provided a comprehensive understanding of health rights and encouraged creative engagement with the theme. The active participation of key figures and students made the event a resounding success.

Recommendations

- Continue to organize similar awareness programs and competitions to promote health rights.
- Encourage students to use social media and other platforms to spread awareness about health issues.
- Foster collaborations with other institutions and organizations to expand the reach of health advocacy efforts.

This event highlighted the importance of recognizing health as a fundamental right and the collective responsibility in achieving better health outcomes for all.

World No tobacco day

May 31st 2024

Introduction

World No Tobacco Day is observed annually on May 31st to raise awareness about the harmful effects of tobacco use and to advocate for effective policies to reduce tobacco consumption. The theme for 2024 is "Protecting children from tobacco industry interference," emphasizing the need to shield young people from the harmful influences of the tobacco industry.

Event Overview

On May 31, 2024, NSS volunteers organized an awareness program in Kangundi village near Kuppam. The program aimed to educate the community about the dangers of tobacco use, particularly its impact on children, and to promote the 2024 theme.

Activities and Highlights

- **Awareness Program:** The NSS volunteers conducted an informative session to educate the community about the theme "Protecting children from tobacco industry interference." The session covered:
 - The harmful effects of tobacco use on health, especially among children and adolescents.
 - The strategies used by the tobacco industry to target young people.
 - The importance of protecting children from exposure to tobacco marketing and products.
- **Dance Program:** A dance performance was organized to highlight the problems associated with tobacco use and its social implications. The performance creatively depicted:
 - The physical and health consequences of tobacco consumption.
 - The influence of tobacco marketing on children and the need for community vigilance.
 - The importance of creating a tobacco-free environment for future generations.
- **Rally and Health Education Aids:** A rally was conducted in the village to spread awareness about the theme. The rally included:
 - Participation from NSS volunteers and community members.
 - Use of banners, placards, and health education aids to convey key messages about the dangers of tobacco use and the importance of protecting children.
 - Distribution of informational pamphlets to the villagers, providing tips on how to prevent tobacco industry interference and protect children's health.

Participation of Key Figures

The event saw active involvement from several key figures, including:

- **Local Leaders:** Addressed the gathering, emphasizing the need for community action to protect children from tobacco industry interference.
- **Health Educators:** Provided valuable insights into the health risks associated with tobacco use and the importance of early prevention.

Conclusion

The observance of World No Tobacco Day 2024 in Kangundi village successfully raised awareness about the harmful effects of tobacco use and the need to protect children from tobacco industry interference. The dance program and rally effectively engaged the community and conveyed the importance of the theme. The active participation of local leaders and health educators ensured the event's success.

Recommendations

- Continue to organize similar awareness programs in other villages and communities to spread the message further.
- Collaborate with schools and youth organizations to educate children and adolescents about the dangers of tobacco use.
- Advocate for stronger policies and regulations to prevent tobacco industry interference in communities.

This event highlighted the critical role of community engagement in protecting children from the harmful influences of the tobacco industry and promoting a healthier, tobacco-free future.

World Environment day

June 5th 2024

Introduction

World Environment Day is celebrated annually on June 5th to encourage awareness and action for the protection of the environment. The theme for 2024 focuses on land restoration, halting desertification, and building drought resilience under the slogan “Our Land. Our Future.”

Event Overview

On June 5, 2024, the NSS unit of PESIMSR organized a series of activities to observe World Environment Day. The events included an essay competition, a sapling plantation program, and a campus cleaning drive, engaging MBBS and Nursing students, faculty, and the general public in environmental conservation efforts.

Activities and Highlights

- **Essay Competition:** An essay competition was organized for MBBS and Nursing students around the theme “Our Land. Our Future.” The objectives of the competition were to:
 - Encourage students to research and write about land restoration, desertification, and drought resilience.
 - Promote awareness of environmental issues among the student community.
 - Recognize and reward insightful and well-written essays on the theme.

Key points from the competition:

- Students submitted essays discussing various aspects of land restoration and environmental protection.
- The essays were judged by a panel of faculty members, and winners were awarded prizes and certificates.
- **Sapling Plantation Program:** A sapling plantation program was conducted on campus to promote a cleaner and greener environment. The program included:
 - Participation from students, faculty, and the general public.
 - Planting of various saplings around the campus, contributing to PESIMSR’s vision of environmental sustainability.
 - Highlighting the importance of tree planting in combating desertification and building drought resilience.
- **Campus Cleaning Drive:** A campus cleaning drive was inaugurated to make the campus plastic-free. The activities included:
 - Students and faculty participating in the cleanup effort, collecting and properly disposing of plastic waste.
 - Promoting the use of reusable and eco-friendly alternatives to plastic.
 - Raising awareness about the environmental impact of plastic pollution and the importance of maintaining a clean campus.

Participation of Key Figures

The event saw active involvement from several key figures, including:

- **Dean and Principal:** Addressed the gathering, emphasizing the institution’s commitment to environmental sustainability.
- **Medical Superintendent:** Highlighted the health benefits of a cleaner environment and the role of healthcare professionals in advocating for environmental protection.
- **Head of the Department of Community Medicine:** Spoke about the importance of land restoration and the theme “Our Land. Our Future.”
- **NSS Program Officer:** Coordinated the event and motivated students and faculty to actively participate in environmental conservation efforts.
- **NSS Volunteers and Faculty:** Provided support and actively participated in all activities.

Conclusion

The observance of World Environment Day 2024 at PESIMSR successfully raised awareness about environmental issues and promoted actions towards land restoration, halting desertification, and building drought resilience. The essay competition, sapling plantation program, and campus cleaning drive engaged the entire campus community in meaningful activities, reinforcing the institution's vision of a cleaner and greener environment.

Recommendations

- Continue to organize similar environmental awareness programs and activities annually.
- Encourage student-led initiatives for environmental protection and sustainability.
- Foster collaborations with local environmental organizations to expand the reach and impact of conservation efforts.

This event highlighted the critical role of education and community engagement in promoting environmental sustainability and protecting our land for future generations.

World Population day

July 11th 2024

Introduction

World Population Day is observed annually on July 11th to raise awareness about global population issues. The theme for 2024 is "Leave no one behind, count everyone," emphasizing the importance of inclusive and accurate population data for ensuring equitable access to resources and services.

Event Overview

On July 11, 2024, NSS volunteers organized an awareness program in Kuppam town to educate the community about the theme and its significance. The event included a flash mob performance and a rally to engage the public and spread the message of inclusive population counting.

Activities and Highlights

- **Flash Mob Program:** NSS volunteers performed a flash mob in a central location in Kuppam town. The objectives of the flash mob were to:
 - Draw attention to the theme "Leave no one behind, count everyone."
 - Highlight the importance of inclusive population data for planning and resource allocation.
 - Engage the community in a dynamic and interactive manner.

Key points from the flash mob:

- o Volunteers performed a choreographed dance that incorporated messages about population inclusion and the significance of accurate counting.
- o The performance attracted a large audience, sparking curiosity and interest in the theme.
- **Rally and Health Education Aids:** A rally was conducted to further spread awareness about the theme. The rally included:
 - o Participation from NSS volunteers and community members.
 - o Use of banners, placards, and health education aids to convey key messages about the importance of inclusive population data.
 - o Distribution of informational pamphlets to the public, providing insights into the benefits of accurate population counting and the challenges faced by marginalized groups.

Participation of Key Figures

The event saw active involvement from several key figures, including:

- **Local Leaders:** Addressed the gathering, emphasizing the need for inclusive population policies and the role of accurate data in ensuring no one is left behind.
- **Health Educators:** Provided valuable insights into the importance of population data for health planning and resource allocation.

Conclusion

The observance of World Population Day 2024 in Kuppam town successfully raised awareness about the importance of inclusive and accurate population counting. The flash mob performance and rally effectively engaged the community and conveyed the theme's significance. The active participation of local leaders and health educators ensured the event's success.

Recommendations

- Continue to organize similar awareness programs in other towns and villages to spread the message further.
- Collaborate with local organizations and government bodies to improve population data collection and inclusivity.
- Encourage community participation in population surveys and censuses to ensure accurate and comprehensive data.

This event highlighted the critical role of community engagement in promoting inclusive population policies and ensuring equitable access to resources and services for all.

Extension and outreach activities engaging NSS

Vruksho rakshathi rakshithaha:

14th February, 2018



Swachh Bharat Diwas

2nd October, 2018



World Antibiotic Awareness Week

November 2018





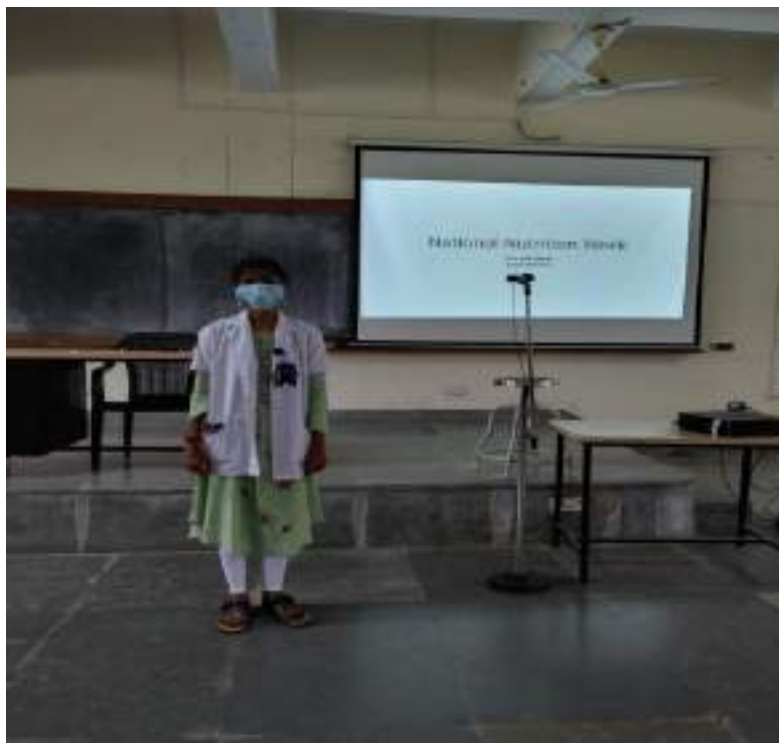
Rally for women safety

10th December, 2019



National Nutrition Week

Date: 5th September 2021





Donation at an Anganwadi centre

DECEMBER 1ST 2021





CONSTITUTION DAY CELEBRATION

DECEMBER 17TH 2021



World women's day 2022

Date: 8.3.22



Special camp participation

Date: 21.3.22 to 27.3.22



World health day 2022

April 7TH 2022



Health camp at Begilpalli school

April 8TH 2022



World Environment day 2022

June 5TH 2022



World blood donor day 2022

June 30TH 2022



International yoga day 2022

June 21TH 2022



National Nutrition Week

September 07TH 2022



World Suicide Prevention Day

September 10TH 2022



World Rabies Prevention Day

September 30TH 2022



World Mental Health Day

October 10th 2022



National Unity Day

October 31th 2022



World hypertension Day

May 17th 2023



World No tobacco Day

May 31st 2023



World Environment day

June 05th 2023



World Blood donor day

June 14th 2023



World Breast feeding week

August 3rd 2023



కుప్పం ఆర్టీసీ బస్టాండు కూడలిలో వైద్యులు,
విద్యార్థుల మానవహారం

తల్లిపాలే బిడ్డకు అమృతం

కుప్పం పట్టణం, స్టాన్ టుడే: విభక్త తల్లి పాలు అమ్మ తమని దిన్న పిల్లల విలాసాదినీ ధారాశేంద్ర నాయకులు అన్నారు. పీఈయమ్ వైద్య అసోసియేషన్, లయన్స్ క్లబ్ ఆధ్వర్యంలో కుప్రవారం కుప్పం పట్టణంలో షుభార్థులు చేతవేట్టు కొవి ఆవగాహన కార్యక్రమం జరిగింది. ఆర్టీసీ బస్టాండు కూడలిలో మానవహారంగా ఏర్పాటై కుప్పం తల్లిపాల కారా కలిగే ప్రయోజనాలు తెలిపారు. వైద్యులు హాటింగ్ వండ్ల, కమ్యూనిటీ మెడిసిన్ విభాగం అధ్యక్షులు అనిల్ రాజ్, ఏమ్మెమ్. మహాద్ పాల్గొన్నారు.



Indian Constitution day

November 27th 2023



World HIV day

December 1st 2023



World Cancer day

February 14 th 2024



World Health day

April 7th 2024



World No tobacco day

May 31st 2024





World Environment day

June 5th 2024





PES INSTITUTE OF MEDICAL SCIENCES & RESEARCH
PES COLLEGE OF NURSING

NSS UNITS ENVIRONMENTAL DAY CELEBRATION!

#GREENINGOURDRIVE



**THEME:
LAND RESTORATION,
DESERTIFICATION &
DROUGHT RESILIENCE**



Sapling Plantation by
Dr. H.R. Krishna Rao
Dean & Principal - PESMRC



Campus Clean & Green Drive by Faculties & Students
Date: 06.08.2024 Time: 11:00 AM Venue: Cypil, CP



Essay Competition
Title: The Role of Youth in Land Restoration
Open to all the Students of Medical, Nursing, Physiotherapy & MPT
Date: 06.08.2024 Time: 1:00 PM Venue: Nursing College

#BESTTOOURLAND

Follow us on





PES Institute of Medical Sciences & Research

Kuppam, Andhra Pradesh – 517425

NSS Unit

Special Camp – March 2024 (Phase 10)

Day 1: Inauguration & Area Survey Report

Dr. Anil R, NSS PO

Date: 18.03.2024

Location: Urinayanapalle Village

Camp Inauguration:

The NSS Unit of PES Institute of Medical Sciences and Research proudly inaugurated the special camp in Urinayanapalle village. The inauguration ceremony was graced by esteemed dignitaries, including Mr. Giri Prasad, the village Sarpanch, Mrs. Aruna, Anganwadi Teacher, and Mr. M. Melvin David, NSS Program Officer, PESCON, who honored us by serving as the chief guest. The ceremony witnessed the enthusiastic participation of 50 NSS volunteers from our institution, alongside the Program Officer, Dr. Anil R., marking the beginning of our community engagement efforts.

Activities Conducted:

Following the inauguration ceremony, our dedicated volunteers commenced the health survey initiative in the village. With unwavering determination, they diligently visited and surveyed a total of 63 households within the community. This initiative aims to assess the healthcare needs and challenges faced by the residents of Urinayanapalle village, thereby paving the way for effective interventions and support.

Achievements:

- The inauguration ceremony witnessed vibrant participation from esteemed village dignitaries and enthusiastic NSS volunteers, setting a spirited tone for the commencement of our special camp activities.
- A considerable portion of the area survey was successfully completed today, providing valuable insights into the healthcare landscape of Urinayanapalle village. This progress lays a solid foundation for the



implementation of future healthcare interventions and initiatives tailored to meet the community's needs.

- The community's response to our survey efforts was overwhelmingly positive, with households actively participating and expressing gratitude for the NSS team's dedication. This warm reception underscores the meaningful impact of our initiatives and strengthens our bond with the residents of Urinayanapalle village.

Activity Monetization:

As part of our commitment to community service, the monetization of today's activity amounted to ₹10,000. This calculation is based on the participation of 50 volunteers, with each volunteer contributing ₹200 towards the noble cause.

$$50 \times ₹200 = ₹10,000$$



Photos: Inauguration of NSS Special Camp at Gudlanayanapalle Village





Area Survey





PES Institute of Medical Sciences & Research

Kuppam, Andhra Pradesh – 517425

NSS Unit

Special Camp – March 2024 (Phase 10)

Day 1: Village cleaning and Sapling plantation

Dr.Anil R, NSS PO

Date: 19.03.2024

Location: Urinayanapalle Village

Camp Inauguration:

On the vibrant morning of March 19, 2024, a dedicated team comprising 50 enthusiastic NSS volunteers from PES Institute of Medical Sciences & Research descended upon Gudlanayanapalle village, driven by a shared mission to address pressing environmental challenges. Guided by the experienced leadership of Dr.Anil R, the Program Officer of PESCON NSS unit, we embarked on a multifaceted journey aimed at combating plastic waste accumulation and promoting greener surroundings through afforestation initiatives.

Activities Conducted:

- ***Environmental Cleanup Drive:*** With unwavering determination, our spirited volunteers initiated an extensive cleanup campaign, channelling their energies towards the meticulous removal of plastic waste from the village landscape.
- ***Partnership with Local Authorities:*** Leveraging the collaborative spirit, we forged a strong alliance with the local Panchayat leader, ensuring streamlined coordination for the efficient disposal of collected plastic waste in accordance with eco-friendly practices.
- ***Greening Efforts:*** Building upon the momentum of the cleanup drive, we transitioned into a tree plantation initiative, strategically planting saplings in identified areas across the village. Concurrently, we distributed tree saplings amongst villagers, igniting a spark of environmental consciousness and instilling a sense of collective responsibility for sustaining our natural ecosystem.

**Achievements:**

- The successful execution of our environmental cleanup endeavors significantly contributed to the visual and environmental rejuvenation of Urinayanapalle village, marking a pivotal step towards enhancing its overall cleanliness and aesthetic appeal.
- Through effective collaboration with local leadership, we established robust mechanisms for the proper management and disposal of plastic waste, fostering a culture of responsible waste management practices within the community.
- Our tree plantation and sapling distribution initiatives not only enriched the village landscape but also served as catalysts for nurturing a deeper appreciation for nature and eco-sustainability among villagers, thereby sowing the seeds for a greener tomorrow.

Activity Monetization:

- **Cleaning Activity:** A commendable effort from all 50 volunteers participating in the cleaning activity has been recognized with a monetization of Rs400 each, leading to a collective monetization of Rs20,000.

$$50 \times \text{Rs}400 = \text{Rs}20,000$$

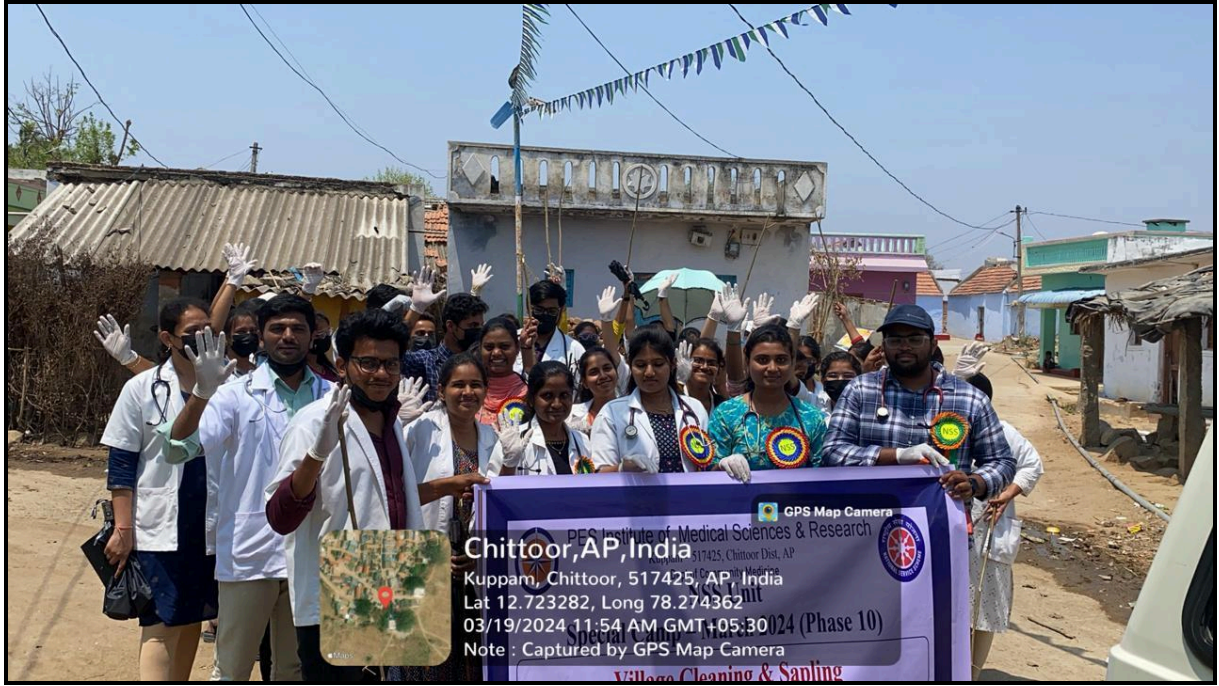
- **Tree Plantation Activity:** In appreciation of their involvement in the tree planting initiative, each volunteer has been monetized with Rs200, resulting in a total monetization of Rs10,000 for this activity.

$$50 \times \text{Rs}200 = \text{Rs}10,000$$



Photos:







PES Institute of Medical Sciences & Research

Kuppam, Andhra Pradesh – 517425

NSS Unit

Special Camp – March 2024 (Phase 10)

Day 3: Geriatric Health Programme

Dr.Anil R, NSS PO

Date: 20.03.2024

Location: Urinayanapalle Village

On March 20, 2024, our devoted team of 50 volunteers from PES Institute of Medical Science & Research embarked on a vital mission focusing on geriatric care as part of the NSS Special camp. Under the astute guidance of Dr.Anil R, Program Officer of PESIMSR NSS unit, we engaged in comprehensive geriatric assessments, prioritizing the health and well-being of our elderly community members.

Activities Conducted:

- **Geriatric Assessments:** With meticulous attention to detail, our volunteers conducted thorough assessments for 43 geriatric individuals, aiming to gain insights into their overall health status and quality of life.
- **Health Education Sessions:** Following the assessments, we facilitated tailored health education sessions, shedding light on common physiological changes associated with aging and imparting valuable knowledge on non-communicable diseases, thus empowering individuals to make informed decisions about their health.

Achievements:

- **Completion of Geriatric Assessments:** The successful completion of comprehensive geriatric assessments for 43 individuals marks a significant milestone in our efforts to prioritize the health and well-being of our elderly population.
- **Effective Health Education Dissemination:** Through engaging health education sessions, we successfully enhanced awareness about geriatric health and non-communicable diseases within the



community, thereby fostering a culture of proactive health management.

Activity Monetization:

- The participation of 50 volunteers in this impactful activity has been valued at Rs200 each, resulting in a total monetization of Rs10,000.

$$50 \times \text{Rs}200 = \text{Rs}10,000$$

Photos:





PES Institute of Medical Sciences & Research

Kuppam, Andhra Pradesh – 517425

NSS Unit

Special Camp – March 2024 (Phase 10)

Day 4: School Health Assessment

Dr.Anil R, NSS PO

Date: 21.03.2024

Location: Government High School, Urinayanapalle Village

On March 21, 2024, our devoted team of 25 volunteers from PES Institute of Medical Science & Research conducted a School health assessment on day 4 of NSS Special camp, under the guidance of Dr.Anil R, Program Officer of PESIMSR NSS unit.

Activities Conducted:

- **Comprehensive Health Assessment:** Height and weight measurements were taken to assess growth and nutritional status. Vision and hearing tests were performed to identify any potential issues. Dental checkups were carried out to evaluate oral health. General physical examination and systemic examinations were conducted
- **Identification of Health Concerns:** Identify prevalent health issues among students such as obesity, high blood pressure, vision/hearing impairments, skin diseases and dental problems. They were noted for further evaluation and intervention.
- **Promotion of Healthy Lifestyle Behaviors and health awareness:** Topics on nutrition, physical activity, puberty changes, hygiene, good touch and bad touch, garbage disposal and harmful effects of using plastics were discussed using health promotion materials.

Achievements:

- **Completion of Comprehensive Health Assessment:** Identified and documented baseline health data for 137 students and detected and documented existing health concerns among them.

- **Effective Health Education Dissemination:** Through appropriate teaching materials, the adolescents were engaged with topics concerned to them.

Activity Monetization:

- The participation of 25 volunteers in this impactful activity has been valued at Rs100 for each student, resulting in a total monetization of Rs13,700.

$$137 \times \text{Rs}100 = \text{Rs}13,700$$

Photos:







PES Institute of Medical Sciences & Research Kuppam, Andhra Pradesh – 517425

NSS Unit

Special Camp – March 2024 (Phase 10)

Day 5: NCD Surveillance

Dr.Anil R, NSS PO

Date: 22.03.2024

Location: Urinayanapalle Village

On March 22, 2024, the NSS Unit from PES Institute of Medical Sciences & Research embarked on an impactful health initiative in Urinayanapalle village, conducting screenings for Non-Communicable Diseases (NCDs) amongst the villagers. Under the leadership of Dr.Anil.R, Program Officer of the NSS Unit at PESIMSR, a team of 50 committed volunteers engaged in a critical public health drive, assessing 45 adults for NCD risk factors.

Activities Conducted:

- **Comprehensive Health Screenings:** Volunteers meticulously carried out health evaluations, which encompassed checking blood pressure, blood sugar levels, as well as height and weight measurements to gauge overall health. A NCD card was distributed to the participants.

- **Tailored Health Education:** Post-assessment, the team offered customized health counselling aimed at NCD prevention and management, equipping individuals with knowledge to better care for their health.

Achievements:

- **Successful NCD Risk Assessments:** The initiative led to the successful screening of 40 adults, marking a pivotal step in the early identification and management of NCDs.
- **Awareness and Education:** The initiative significantly contributed to educating the community on NCDs, highlighting prevention and management strategies.

Activity Monetization:

The collective effort of the 50 volunteers participating in this vital activity was monetarily valued at Rs500 per volunteer, totalling Rs25,000 in contributions towards the cause.

NCD screening: 50 x Rs 400 = Rs 20,000

Health education regarding lifestyle changes: 50 x Rs 100 = Rs 5000

Photos:





National Service Scheme		
PES Institute of Medical Sciences & Research		
PES College of Nursing		
NCD Card		
Name:	Age:	Sex:
Address:	Ph.No:	
Pulse: ___ bt/min	BP: ___/___ mmhg	
Height: ___ cms	Weight: ___ Kgs	BMI: ___
GRBS: ___ mg/dl		
Remarks:		



PES Institute of Medical Sciences & Research
Kuppam, Andhra Pradesh – 517425

NSS Unit

Special Camp – March 2024 (Phase 10)

Day 6: First Aid management Programme

Dr.Anil R, NSS PO

Date: 23.03.2024

Location: Paipalem PHC, Kuppam

On March 23, 2024, the NSS volunteers from PES Institute of Medical Sciences & Research embarked on a crucial mission aimed at bolstering the capabilities of healthcare workers at the Paipalem Primary Health Center (PHC), which oversees Urinayanapalle village. Under the expert guidance of Dr.Anil.R, Program Officer of PESIMSR NSS Unit, our team conducted an insightful First Aid Management program attended by 35 ASHA workers and ANMs..

Activities Conducted:

- **First Aid Management Demonstration:** Our volunteers delivered comprehensive training on handling various medical emergencies such as dog bites, snake bites, poisoning, burns, and CPR. Through

both theoretical explanations and practical demonstrations, participants acquired invaluable skills to effectively respond to emergencies.

Achievements:

- **Empowering Health Workers:** The program successfully equipped 35 ASHA workers and ANMs with crucial first aid management skills, thereby enhancing their ability to promptly respond to medical emergencies in the community.

Activity Monetization:

The dedicated efforts of our 50 volunteers have been recognized and valued at Rs500 each, resulting in a total monetization of Rs25,000 for this activity.

(50 x Rs500 = Rs25,000)

Photos:

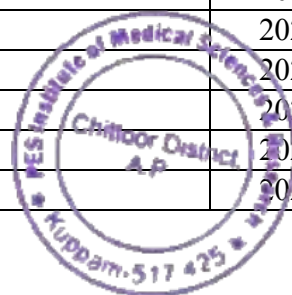




PES Institute of Medical Sciences and Research

Students participated in extension and outreach activities in collaboration with National and International agencies, industry, community, Government and Non-Governmental Organisations engaging NSS/NCC/Red cross/YRC/institutional clubs etc. during the last five years

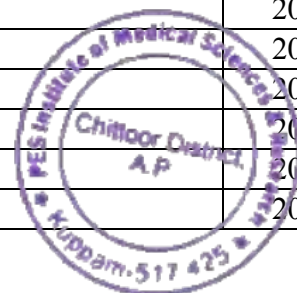
Sl No.	Student Name	Year
1	Kuppam Ashrith Reddy	2023-24
2	A T Haritha	2023-24
3	Macha Sujith Reddy	2023-24
4	Pattem Rushi Keshava Reddy	2023-24
5	Vemuri Sai Krishna Suseel Kumar	2023-24
6	Atla Pardha Saradhi Reddy	2023-24
7	Bodeddula Swathika	2023-24
8	Hariyapuraju Kesava Kaushik	2023-24
9	Andra Vasudha	2023-24
10	Pothireddy Mouna Sree	2023-24
11	Bakkireddygaru Varsha Reddy	2023-24
12	M Charan	2023-24
13	Chinnapullaiahgari Jagadeesh Reddy	2023-24
14	Nanduru Sravani	2023-24
15	Gangireddy Teja Priya Reddy	2023-24
16	Kondakindi Prashanth Kumar Reddy	2023-24
17	Indluru Saikumar Reddy	2023-24
18	Mylamuri Teena Sravanthi	2023-24
19	Palla Bhargavi	2023-24
20	Ediga Jayanth	2023-24
21	Yanamalamanda Mounya	2023-24
22	Sumedha Yenni	2023-24
23	Hasti Dhanush	2023-24
24	Dudekula Shamshad Begum	2023-24
25	Chittem Sri Vidya	2023-24
26	Jogu Kuruva Jyothsna Priya	2023-24
27	Sampangi Goutham Kumar	2023-24
28	Rachakunta Tharun Kumar	2023-24
29	Mosala Rajasimha	2023-24
30	Mangali Praveen Kumar	2023-24
31	Bochu Naga Lokesh	2023-24
32	Chirri Dhakshayani	2023-24
33	Kakarla Harshitha	2023-24
34	Chakali Pavani	2023-24
35	Pothula Manoj Kumar	2023-24
36	Dantham Kalyani	2023-24
37	Shaik Mohammed Nowmann Gouse	2023-24



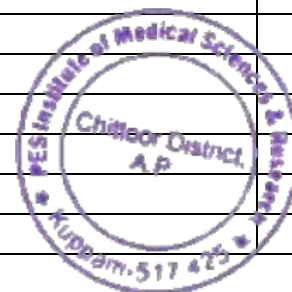
38	Shaik Heeba Ilham	2023-24
39	Shaik Sayera	2023-24
40	Pathan Arshida Khan	2023-24
41	Kalagadda Rahul	2023-24
42	Ayyavara Sai Varun Teja	2023-24
43	Boggula Hemanth Kumar	2023-24
44	Amari Ganesh	2023-24
45	Veluru Sanjana	2023-24
46	Sombathina Mahima Jyothi	2023-24
47	Pandalapati Paramjyothi Das	2023-24
48	Padamutham Harshitha Priyanjali	2023-24
49	Mode Siva Prasad Naik	2023-24
50	Meghavath Akhiranandan Naik	2023-24
51	Karunakar Sharonbabu	2023-24
52	Bhukya Yaajna Vallika	2023-24
53	Bollu Jahnvi	2023-24
54	Motupalli Poojitha Chowdary	2023-24
55	Tejaswini D V	2023-24
56	Mandem Shravya	2023-24
57	Doolam Bhumika	2023-24
58	Kataru Hima Varshitha	2023-24
59	Kollapaneni Sharika	2023-24
60	Pabbathi Chaitanya	2023-24
61	Saribala Likitha	2023-24
62	Peruru Venkata Vaishnavi	2023-24
63	Ponugoti Muni Varsha	2023-24
64	Eswar Karthik Ammineni	2023-24
65	Chitteti Roshini Sri Sai	2023-24
66	Balagani Venkata Jagadesh Yadav	2023-24
67	Mekala Venkata Pranavi	2023-24
68	S S Deepalakshmi	2023-24
69	Amuluru Hima Teja	2023-24
70	Giduturi Vijay Srinivas	2023-24
71	Gangundi Varsshinie	2023-24
72	Arimilli Kamal	2023-24
73	Golla Mahesh Babu	2023-24
74	Peddineni Mahima Sree	2023-24
75	Busireddy Naga Subba Reddy	2023-24
76	Edigaramesh Geethanjali	2023-24
77	K Vamsi	2023-24
78	K Venkata Pavan Kumar	2023-24
79	M H Prathap	2023-24
80	Chintakunta Sai Sri	2023-24
81	Ashmit Gaur	2023-24
82	Mohammed Rizvee T H	2023-24



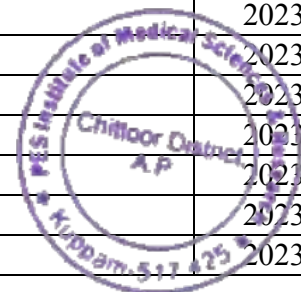
83	Gaddam Aditya Janardhan	2023-24
84	Annareddy Kalyani	2023-24
85	Gurralla Reddy Varun Reddy	2023-24
86	Achukatla Anshu Taj	2023-24
87	Potuboina Chinni Mounika	2023-24
88	Chinnakotla Giridhar	2023-24
89	Loukya Meda	2023-24
90	W R Nitish Srinivaas	2023-24
91	Kuruva Meghana	2023-24
92	Takkoli Sravani	2023-24
93	Karanam Udayini	2023-24
94	Divagaran R	2023-24
95	Ch.Sahith	2023-24
96	Mallichetla Kedaranath	2023-24
97	Kalla Thigakanti Naidu	2023-24
98	Yashwant Dayanidhi Godesi	2023-24
99	Y Manideep Reddy	2023-24
100	V. Rishitha	2023-24
101	Tharagalla. Bhagya Srivenkata Sai Nandini	2023-24
102	Donepati Blessy Nazarene	2023-24
103	B. Archana	2023-24
104	M. Sowjanya	2023-24
105	Menakuru Bhavitha	2023-24
106	Swathy.G	2023-24
107	E T Gnana Samhitha	2023-24
108	Alekhy Pachigalla	2023-24
109	Sankranthi Rajasekhar	2023-24
110	N.P.Mithilesh	2023-24
111	M.Abhishek Reddy	2023-24
112	Gotappagari Hari Teja	2023-24
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123	Divija Konduru	2023-24
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125	Dharani.R	2023-24
126	M.M.Harshadeep	2023-24
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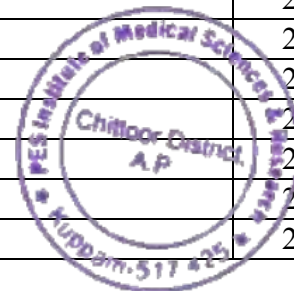
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132	Adimulam Padmaja	2023-24
133	Diyala Pavani	2023-24
134	Battala Vishnuvardhan	2023-24
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136	Mourya Sathwik	2023-24
137	Sai Krishna Teja	2023-24
138	Pujari Hema Sree	2023-24
139	Devalla Surya Teja	2023-24
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141	Sharvani Yacham	2023-24
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144	Kambala Preethi	2023-24
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150	Sahith	2023-24
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152	Kalla Thigakanti Naidu	2023-24
153	Yashwant Dayanidhi Godesi	2023-24
154	Y Manideep Reddy	2023-24
155	V. Rishitha	2023-24
156	Tharagalla. Bhagya Srivenkata Sai Nandini	2023-24
157	Donepati Blessy Nazarene	2023-24
158	B. Archana	2023-24
159	M. Sowjanya	2023-24
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161	Swathy.G	2023-24
162	E T Gnana Samhitha	2023-24
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166	M.Abhishek Reddy	2023-24
167	Gotappagari Hari Teja	2023-24
168	Mudupuguntla Vedavyas	2023-24
169	K.Sujana Desai	2023-24
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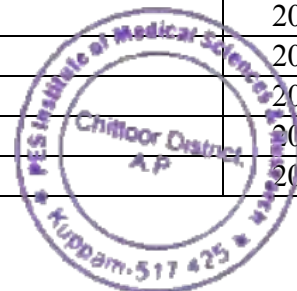
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181	M.M.Harshadeep	2023-24
182	Lavanya Gundala	2023-24
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203	G . Jaswanth Yadav	2023-24
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206	A.Sahas Kumar	2023-24
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209	Anjana Ajayan	2023-24
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212	B Vijay Kumar	2023-24
213	B.Tilak Datta	2023-24
214	Bandi Sai Karthik	2023-24
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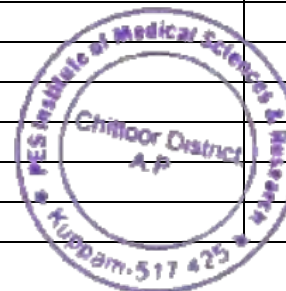
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222	D Vinay Babu	2023-24
223	Dasari Priyanka	2023-24
224	Deekshitha L	2023-24
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226	Devarapalli Bharath Kumar Reddy	2023-24
227	Devika Unni	2023-24
228	Eete.Mounika	2023-24
229	F.Azeez Ur Rahaman	2023-24
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235	Gangireddy Ganesh Kumar Reddy	2023-24
236	Garikipati Jyothika	2023-24
237	Gudimallam Kusuma Sri	2023-24
238	Gulshan Shaik	2023-24
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243	J Jayanth	2023-24
244	Jakkamputi Naga Bhargavi	2023-24
245	K Dheeraj	2023-24
246	K.Laxmanna	2023-24
247	Kalla Thigakanti Naidu	2023-24
248	Kancharana Kartheek	2023-24
249	Kandula Avinash	2023-24
250	Keerthana Chembeti	2023-24
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252	Kuruba Sandeep	2023-24
253	Lalam Hima Varshini	2023-24
254	M Sai Ramya Jabili	2023-24
255	M Tejovinathi	2023-24
256	M.Abhishek Reddy	2023-24
257	M.Siva Sai	2023-24
258	M.Swetha	2023-24
259	M.Vedavyas	2023-24
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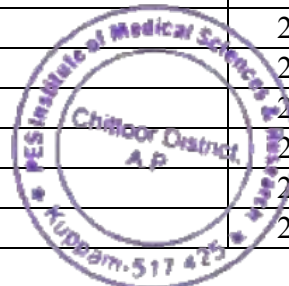
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267	Nagaruru Seema	2023-24
268	Nithya D	2023-24
269	P. Venkata Raghu	2023-24
270	P.Dhanusha Hari	2023-24
271	P.V. Saitejakalyan	2023-24
272	Pasam Bhuvana Harshitha	2023-24
273	Pasula Valmiki Srikar Rajarshi	2023-24
274	Piyush Panigrahy	2023-24
275	Puladasu Anand	2023-24
276	R.Nithish Krishnaa	2023-24
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278	Rethick Nagara	2023-24
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298	V Madhumitha	2023-24
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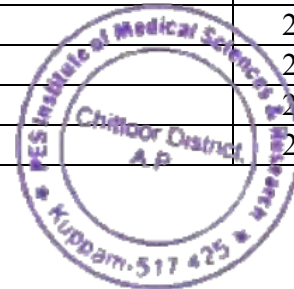
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314	B. Archana	2023-24
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316	Bachina Sai Sandeep	2023-24
317	Badavath Meenakshi	2023-24
318	Bannela Mahesh	2023-24
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321	Batthala Vikas	2023-24
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324	Bharathwaj S	2023-24
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398	Palagudi Mahesh	2023-24
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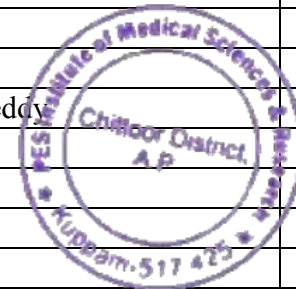
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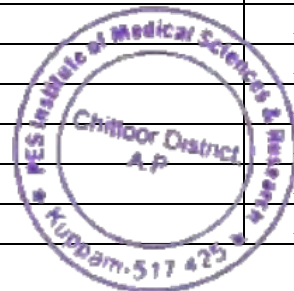
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576	F.Azeez Ur Rahaman	2022-23
577	G Vishnu Vardhan	2022-23



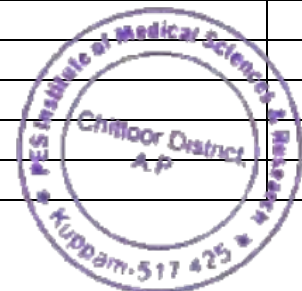
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580	Gadde Lakshmi Datta	2022-23
581	Ganesh Degala	2022-23
582	Gangireddy Ganesh Kumar Reddy	2022-23
583	Garikipati Jyothika	2022-23
584	Gudimallam Kusuma Sri	2022-23
585	Gulshan Shaik	2022-23
586	Gundupalli Yogavardhan Reddy	2022-23
587	Gunji Vedagiriharikrishnadileep	2022-23
588	Harika C	2022-23
589	Issac	2022-23
590	J Jayanth	2022-23
591	Jakkamputi Naga Bhargavi	2022-23
592	K Dheeraj	2022-23
593	K.Laxmanna	2022-23
594	Kalla Thigakanti Naidu	2022-23
595	Kancharana Kartheek	2022-23
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597	Keerthana Chembeti	2022-23
598	Kummuru Sanjith Kumar	2022-23
599	Kuruba Sandeep	2022-23
600	Lalam Hima Varshini	2022-23
601	M Sai Ramya Jabili	2022-23
602	M Tejovinathi	2022-23
603	M.Abhishek Reddy	2022-23
604	M.Siva Sai	2022-23
605	M.Swetha	2022-23
606	M.Vedavyas	2022-23
607	M.Vishnu Vardhan	2022-23
608	Madineni Sai Tharun	2022-23
609	Mallichetla Kedaranath	2022-23
610	Moghal Irfan Basha	2022-23
611	Mukunthan Saravanakumar	2022-23
612	Mynuddin Dudekula	2022-23
613	N.P.Mithilesh	2022-23
614	Nagaruru Seema	2022-23
615	Nithya D	2022-23
616	P. Venkata Raghu	2022-23
617	P.Dhanusha Hari	2022-23
618	P.V. Saitejakalyan	2022-23
619	Pasam Bhuvana Harshitha	2022-23
620	Pasula Valmiki Srikar Rajarshi	2022-23
621	Piyush Panigrahy	2022-23
622	Puladasu Anand	2022-23



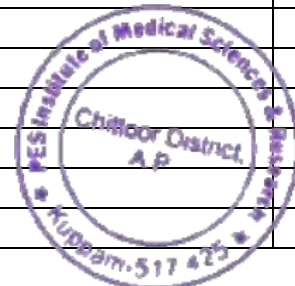
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624	Rahul Koticalapudi	2022-23
625	Rethick Nagara	2022-23
626	Ritu Varma Jampana	2022-23
627	S Prathyusha Reddy	2022-23
628	S.S.Kamalanath	2022-23
629	Sake Vedambika	2022-23
630	Sangala Lahari	2022-23
631	Sankranthi Rajasekhar	2022-23
632	Seshadri Shreela	2022-23
633	Shaik Mohammed Hajee Ali	2022-23
634	Shaik Shahina	2022-23
635	Shaik Ukil Ahamed	2022-23
636	Shaik.Rizwanulla Basha	2022-23
637	Shiva Thammineni	2022-23
638	Singam Deepika Reddy	2022-23
639	Somineni Ragasree	2022-23
640	Srikanth M	2022-23
641	Srisalam Reddy Mohith Goud	2022-23
642	Talari Venkata Praveen Kumar	2022-23
643	Tharagalla Bhagya Srivenkata Sai Nandini	2022-23
644	V L D Anjali Batchu	2022-23
645	V Madhumitha	2022-23
646	V Roop Manikanta Reddy	2022-23
647	V.Saisree Reddy	2022-23
648	Varshini G	2022-23
649	Vinnamala Harsha Vardhan	2022-23
650	Y Manideep Reddy	2022-23
651	Y. Sai Kulwanth	2022-23
652	Y.Charankumar Reddy	2022-23
653	Yogyasree M	2022-23
654	A.Manasa Sai	2022-23
655	Addepalli Bindu	2022-23
656	Aditi.R	2022-23
657	Aheli Kundu	2022-23
658	Amavarapu Chanduvamsi	2022-23
659	Ampapatni Mohan Vamsi	2022-23
660	Atmuri Sree Sai Spoorthy	2022-23
661	B. Archana	2022-23
662	B.Shahin Banu	2022-23
663	Bachina Sai Sandeep	2022-23
664	Badavath Meenakshi	2022-23
665	Bannela Mahesh	2022-23
666	Basireddy Rishitha	2022-23
667	Bathula Harideva Anurag	2022-23



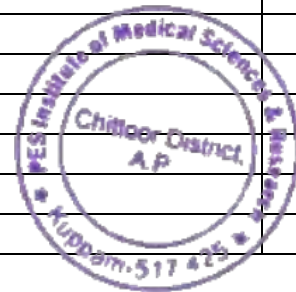
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671	Bharathwaj S	2022-23
672	Bhogala Vishnugovardhan Reddy	2022-23
673	Bodireddy Poorna Teja	2022-23
674	Boyalla Venkata Siva Sai Kumar Reddy	2022-23
675	C.Sree Brunda	2022-23
676	Charanjit M	2022-23
677	Chilluru Naveen Krishna	2022-23
678	Chintaguntla Sai Pranavi	2022-23
679	Chintamakula Meghana	2022-23
680	D Gayathri	2022-23
681	Dadigala Sravan Kumar	2022-23
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683	Dhiddi Haritha	2022-23
684	Dixit Sushrita	2022-23
685	Donepati Blessy Nazarene	2022-23
686	Doopam Hima Bindu	2022-23
687	Durgasamudram Thanusha	2022-23
688	E. T. Gnana Samhitha	2022-23
689	E.Tharuna Sai	2022-23
690	Endluri Akhil Sai	2022-23
691	Epuri.Maheswari	2022-23
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696	Gogireddy Divya Sai	2022-23
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698	Gopu Shailaja	2022-23
699	Harshitha R	2022-23
700	Indla Aparna	2022-23
701	J Vasantha Sai Kumar	2022-23
702	J.Mounika	2022-23
703	Jagili Vineetha	2022-23
704	Janvikabala Gurusamy	2022-23
705	Jyothsna.M	2022-23
706	K.Jahnavi	2022-23
707	K.Meghana	2022-23
708	K.Raj Prakash Reddy	2022-23
709	K.Rishika	2022-23
710	K.Sujana Desai	2022-23
711	Kallu Mahendra	2022-23
712	Kanimbakam Dillibabu	2022-23



713	Kare Snehalatha	2022-23
714	Kesireddy Bhargavi	2022-23
715	Konreddy Uday Kiran Reddy	2022-23
716	Korapala Vyshnavi	2022-23
717	Kowthalam Manoj Kumar	2022-23
718	Kundanam Balaram Poornima	2022-23
719	Kurukuntla Vishnupriya	2022-23
720	L Mourya Reddy	2022-23
721	Lakkam Lokesh Kumar Reddy	2022-23
722	Lakkireddy Vaishnavi	2022-23
723	Lekkalapudi Manoj Naidu	2022-23
724	Lolla Yashaswini	2022-23
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726	M. Sowjanya	2022-23
727	M.Rajashekar	2022-23
728	Maharajee A	2022-23
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731	Menakuru Bhavitha	2022-23
732	Mocherla Abhinay	2022-23
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737	Nandimandalam Venkatesh	2022-23
738	Nandini	2022-23
739	Narayanaswamy.Vineetha	2022-23
740	Navab Rahul	2022-23
741	Obbu Chaitanya Sai	2022-23
742	P Deepthi	2022-23
743	Pacha.Sai Durga Prasad	2022-23
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747	Palumaru Rajesh Kumar	2022-23
748	Pamisetty Bhavani	2022-23
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750	Parnapalli.Sai Soumya	2022-23
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752	Pothupeta Mansoor	2022-23
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754	Prathipati Dharani	2022-23
755	R.Ramya Sree	2022-23
756	Rameswaram Aravind	2022-23
757	Roja V T	2022-23



758	S Uday Koushik	2022-23
759	Sadam Tharun	2022-23
760	Sadineni Srinivas Kalyan	2022-23
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765	Shaik.Ayesha Siddiqa	2022-23
766	Siravuri Srikar Varma	2022-23
767	Surinedi Pooja	2022-23
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769	Syed.Abdul Haq	2022-23
770	T Ashitha	2022-23
771	Talari Theja	2022-23
772	Tenneti. Lalitha Hiranmai	2022-23
773	Tharugu Mounika	2022-23
774	Thirthala.Vishnu Priya	2022-23
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776	U Keerthi	2022-23
777	V Rishitha	2022-23
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781	Varikuti Rahul	2022-23
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785	Vennapusa.Girish Kumar Reddy	2022-23
786	Viswaraju Bhanu Prakash Varma	2022-23
787	Vitta Naga Usha Sree	2022-23
788	Yashwant Dayanidhi Godesi	2022-23
789	Sahith	2021-22
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793	Y Manideep Reddy	2021-22
794	V. Rishitha	2021-22
795	Tharagalla. Bhagya Srivenkata Sai Nandini	2021-22
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798	M. Sowjanya	2021-22
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801	E T Gnana Samhitha	2021-22
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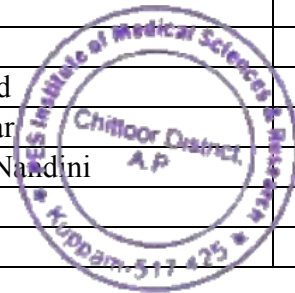
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807	Mudupuguntla Vedavyas	2021-22
808	K.Sujana Desai	2021-22
809	C Sree Vikas Reddy	2021-22
810	Bhaskara Gowthami	2021-22
811	Bandlapalle Sadhana Reddy	2021-22
812	Dharani Akepati	2021-22
813	Mahanth Kumar Derangula	2021-22
814	Kalpam Anjani Charishma	2021-22
815	Daggupati.Suhalasya Manaswini	2021-22
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824	S D Smarty Priyadarshini	2021-22
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835	Sharvani Yacham	2021-22
836	S V Charan Shakthi	2021-22
837	Preetham Siddharth B S	2021-22
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842	G . Jaswanth Yadav	2021-22
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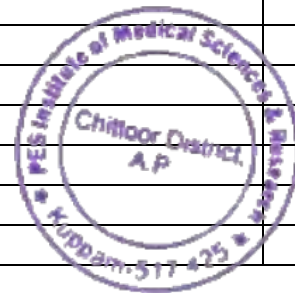
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852	B.Tilak Datta	2021-22
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855	Bukke Nishanth Kumar Naik	2021-22
856	Ch.Sahith	2021-22
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868	F.Azeez Ur Rahaman	2021-22
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879	Gunji Vedagiriharikrishnadileep	2021-22
880	Harika C	2021-22
881	Issac	2021-22
882	J Jayanth	2021-22
883	Jakkamputi Naga Bhargavi	2021-22
884	K Dheeraj	2021-22
885	K.Laxmanna	2021-22
886	Kalla Thigakanti Naidu	2021-22
887	Kancharana Kartheek	2021-22
888	Kandula Avinash	2021-22
889	Keerthana Chembeti	2021-22
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891	Kuruba Sandeep	2021-22
892	Lalam Hima Varshini	2021-22



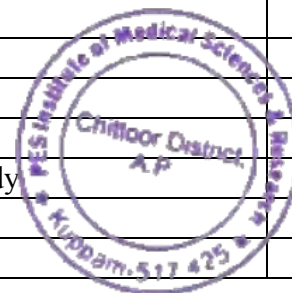
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915	R.Nithish Krishnaa	2021-22
916	Rahul Koticalapudi	2021-22
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932	Srikanth M	2021-22
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934	Talari Venkata Praveen Kumar	2021-22
935	Tharagalla Bhagya Srivenkata Sai Nandini	2021-22
936	V L D Anjali Batchu	2021-22
937	V Madhumitha	2021-22



938	V Roop Manikanta Reddy	2021-22
939	V.Saisree Reddy	2021-22
940	Varshini G	2021-22
941	Vinnamala Harsha Vardhan	2021-22
942	Y Manideep Reddy	2021-22
943	Y. Sai Kulwanth	2021-22
944	Y.Charankumar Reddy	2021-22
945	Yogyasree M	2021-22
946	A.Manasa Sai	2021-22
947	Addepalli Bindu	2021-22
948	Aditi.R	2021-22
949	Aheli Kundu	2021-22
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953	B. Archana	2021-22
954	B.Shahin Banu	2021-22
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958	Basireddy Rishitha	2021-22
959	Bathula Harideva Anurag	2021-22
960	Batthala Vikas	2021-22
961	Beerani Pavan Kumar	2021-22
962	Bharathala Bhavana	2021-22
963	Bharathwaj S	2021-22
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979	Durgasamudram Thanusha	2021-22
980	E. T. Gnana Samhitha	2021-22
981	E.Tharuna Sai	2021-22
982	Endluri Akhil Sai	2021-22



983	Epuri.Maheswari	2021-22
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986	Gandikota Chaitanya Krishna	2021-22
987	Gangala Sai Vamsi	2021-22
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989	Golla Jaahnavi	2021-22
990	Gopu Shailaja	2021-22
991	Harshitha R	2021-22
992	Indla Aparna	2021-22
993	J Vasantha Sai Kumar	2021-22
994	J.Mounika	2021-22
995	Jagili Vineetha	2021-22
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997	Jyothsna.M	2021-22
998	K.Jahnavi	2021-22
999	K.Meghana	2021-22
1000	K.Raj Prakash Reddy	2021-22
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1002	K.Sujana Desai	2021-22
1003	Kallu Mahendra	2021-22
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1005	Kare Snehalatha	2021-22
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1007	Konreddy Uday Kiran Reddy	2021-22
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1009	Kowthalam Manoj Kumar	2021-22
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1011	Kurukuntla Vishnupriya	2021-22
1012	L Mourya Reddy	2021-22
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1014	Lakkireddy Vaishnavi	2021-22
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1023	Menakuru Bhavitha	2021-22
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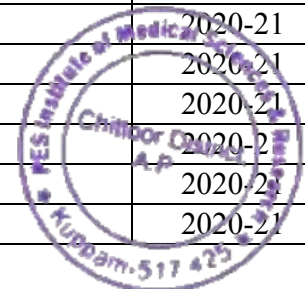
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1032	Navab Rahul	2021-22
1033	Obbu Chaitanya Sai	2021-22
1034	P Deepthi	2021-22
1035	Pacha.Sai Durga Prasad	2021-22
1036	Pachigalla Alekhya	2021-22
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1039	Palumaru Rajesh Kumar	2021-22
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1042	Parnapalli.Sai Soumya	2021-22
1043	Pattanam Farhana Banu	2021-22
1044	Pothupeta Mansoor	2021-22
1045	Prathakota Sindhu	2021-22
1046	Prathipati Dharani	2021-22
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1049	Roja V T	2021-22
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1051	Sadam Tharun	2021-22
1052	Sadineni Srinivas Kalyan	2021-22
1053	Sathish	2021-22
1054	Senthil Murugan S	2021-22
1055	Shaik Khasir Warish	2021-22
1056	Shaik. Mizba Sulthana	2021-22
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1058	Siravuri Srikar Varma	2021-22
1059	Surinedi Pooja	2021-22
1060	Swathy G	2021-22
1061	Syed.Abdul Haq	2021-22
1062	T Ashitha	2021-22
1063	Talari Theja	2021-22
1064	Tenneti. Lalitha Hiranmai	2021-22
1065	Tharugu Mounika	2021-22
1066	Thirthala.Vishnu Priya	2021-22
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1068	U Keerthi	2021-22
1069	V Rishitha	2021-22
1070	Vaddamanu Venkata Phanindra	2021-22
1071	Vanchanagiri Pranavi	2021-22
1072	Vanna Mahitha Reddy	2021-22



1073	Varikuti Rahul	2021-22
1074	Vedula Divya	2021-22
1075	Veeraballi Siva Prasad	2021-22
1076	Veluru Tejasvi	2021-22
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1082	A.Sahas Kumar	2020-21
1083	Abhirami Ananthan	2020-21
1084	Ammineni Kavya	2020-21
1085	Anjana Ajayan	2020-21
1086	Ashitha Haridas	2020-21
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1088	B Vijay Kumar	2020-21
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1198	Beerani Pavan Kumar	2020-21
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1202	Bodireddy Poorna Teja	2020-21
1203	Boyalla Venkata Siva Sai Kumar Reddy	2020-21
1204	C.Sree Brunda	2020-21
1205	Charanjit M	2020-21
1206	Chilluru Naveen Krishna	2020-21
1207	Chintaguntla Sai Pranavi	2020-21



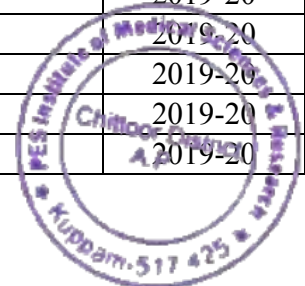
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1214	Donepati Blessy Nazarene	2020-21
1215	Doopam Hima Bindu	2020-21
1216	Durgasamudram Thanusha	2020-21
1217	E. T. Gnana Samhitha	2020-21
1218	E.Tharuna Sai	2020-21
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1220	Epuri.Maheswari	2020-21
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1231	J.Mounika	2020-21
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1233	Janvikabala Gurusamy	2020-21
1234	Jyothsna.M	2020-21
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1237	K.Raj Prakash Reddy	2020-21
1238	K.Rishika	2020-21
1239	K.Sujana Desai	2020-21
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1244	Konreddy Uday Kiran Reddy	2020-21
1245	Korapala Vyshnavi	2020-21
1246	Kowthalam Manoj Kumar	2020-21
1247	Kundanam Balaram Poornima	2020-21
1248	Kurukuntla Vishnupriya	2020-21
1249	L Mourya Reddy	2020-21
1250	Lakkam Lokesh Kumar Reddy	2020-21
1251	Lakkireddy Vaishnavi	2020-21
1252	Lekkalapudi Manoj Naidu	2020-21



1253	Lolla Yashaswini	2020-21
1254	M Phaneendhar Reddy	2020-21
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1256	M.Rajashekar	2020-21
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1263	N. Poojitha Sivani	2020-21
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1266	Nandimandalam Venkatesh	2020-21
1267	Nandini	2020-21
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1279	Parnapalli.Sai Soumya	2020-21
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1282	Prathakota Sindhu	2020-21
1283	Prathipati Dharani	2020-21
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1288	Sadam Tharun	2020-21
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1290	Sathish	2020-21
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1292	Shaik Khasir Warish	2020-21
1293	Shaik. Mizba Sulthana	2020-21
1294	Shaik.Ayesha Siddiqa	2020-21
1295	Siravuri Srikar Varma	2020-21
1296	Surinedi Pooja	2020-21
1297	Swathy G	2020-21



1298	Syed.Abdul Haq	2020-21
1299	T Ashitha	2020-21
1300	Talari Theja	2020-21
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1305	U Keerthi	2020-21
1306	V Rishitha	2020-21
1307	Vaddamanu Venkata Phanindra	2020-21
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1310	Varikuti Rahul	2020-21
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1312	Veeraballi Siva Prasad	2020-21
1313	Veluru Tejasvi	2020-21
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1315	Viswaraju Bhanu Prakash Varma	2020-21
1316	Vitta Naga Usha Sree	2020-21
1317	Yashwant Dayanidhi Godesi	2020-21
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1321	Aditi.R	2019-20
1322	Aheli Kundu	2019-20
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1325	Atmuri Sree Sai Spoorthy	2019-20
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1327	B.Shahin Banu	2019-20
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1330	Bannela Mahesh	2019-20
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1335	Bharathala Bhavana	2019-20
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1337	Bhogala Vishnugovardhan Reddy	2019-20
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1341	Charanjit M	2019-20
1342	Chilluru Naveen Krishna	2019-20



1343	Chintaguntla Sai Pranavi	2019-20
1344	Chintamakula Meghana	2019-20
1345	D Gayathri	2019-20
1346	Dadigala Sravan Kumar	2019-20
1347	Dasari Sahithi	2019-20
1348	Dhiddi Haritha	2019-20
1349	Dixit Sushrita	2019-20
1350	Donepati Blessy Nazarene	2019-20
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1365	Indla Aparna	2019-20
1366	J Vasantha Sai Kumar	2019-20
1367	J.Mounika	2019-20
1368	Jagili Vineetha	2019-20
1369	Janvikabala Gurusamy	2019-20
1370	Jyothsna.M	2019-20
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1372	K.Meghana	2019-20
1373	K.Raj Prakash Reddy	2019-20
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1388	Lekkalapudi Manoj Naidu	2019-20
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