

## NAAC Criterion 4: Infrastructure and Learning Resources

### 4.1 Physical Facilities

**4.1.2: The institution has adequate facilities to support physical and recreational requirements of students and staff – sports, games (indoor, outdoor), gymnasium, auditorium, yoga centre, etc. and for cultural activities**





# PES Institute of Medical Sciences & Research

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## List of available sports and cultural facilities



## Facilities for Sports, Games, and Cultural Activities at PESIMSR

### 1. Outdoor Sports Facilities:

PES Institute of Medical Sciences and Research (PESIMSR) provides comprehensive outdoor sports facilities to ensure holistic development and physical well-being of its students and staff.

- **Cricket Ground:** The cricket ground is meticulously maintained and is large enough to host full-scale matches. It serves as a practice field for the college's cricket team and is also used for inter-college tournaments.
- **Football Field:** The football field is equipped with standard goalposts and a well-maintained pitch. It supports regular training sessions and matches.
- **Basketball Court:** PESIMSR has a full-sized basketball court with proper marking and lighting, facilitating both practice sessions and competitive games.
- **Tennis Courts:** The institution boasts several well-maintained tennis courts, encouraging students to engage in this sport.

### 2. Indoor Sports Facilities:

To cater to the needs of students during inclement weather and for indoor sports enthusiasts, PESIMSR has developed several indoor sports facilities.

- **Badminton Courts:** The indoor badminton courts are of standard size and equipped with proper lighting, allowing for year-round play.
- **Table Tennis:** Multiple tables are available for students to play table tennis, fostering competitive and recreational play.
- **Chess and Carrom:** Designated areas for chess and carrom are provided, promoting strategic thinking and relaxation.

### 3. Gymnasium:

The gymnasium at PESIMSR is well-equipped with modern fitness equipment, catering to a variety of fitness needs. It includes:

- **Cardio Machines:** Treadmills, elliptical trainers, and stationary bikes for cardiovascular workouts.
- **Strength Training Equipment:** Free weights, resistance machines, and functional training gear for strength and conditioning.
- **Yoga and Aerobics Area:** A spacious area dedicated to yoga and aerobics, promoting mental and physical wellness.

#### **4. Cultural Activities and Auditorium:**

Cultural development is a vital part of student life at PESIMSR. The institution provides ample facilities to support a range of cultural activities.

- **Auditorium:** The auditorium is a central venue for cultural events, seminars, and guest lectures. It is well-equipped with advanced audio-visual equipment, a spacious stage, and comfortable seating to accommodate a large audience.
- **Open-air Theater:** An open-air theater is available for organizing cultural fests, dramas, and musical events. This venue fosters creativity and provides a platform for students to showcase their talents.

#### **Recreational Spaces and Yoga Centre:**

To ensure the mental well-being and relaxation of students and staff, PESIMSR offers various recreational spaces.

- **Yoga Centre:** A dedicated yoga centre provides a serene environment for practicing yoga and meditation. Regular yoga sessions are conducted by trained instructors.
- **Recreational Rooms:** Lounges and recreational rooms are available where students can unwind and socialize.

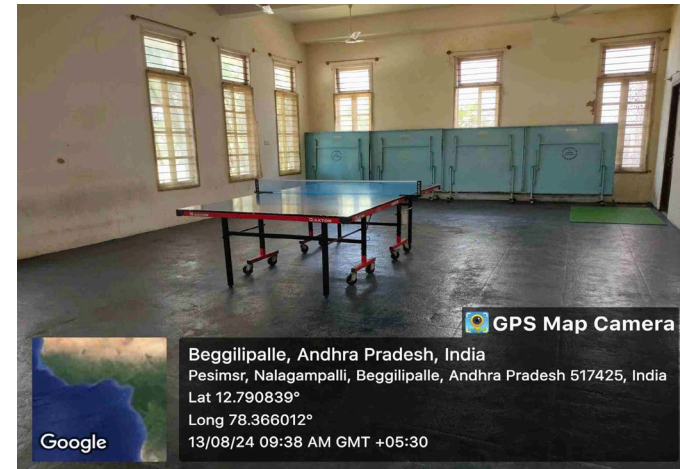
# PES Institute of medical Sciences and Research

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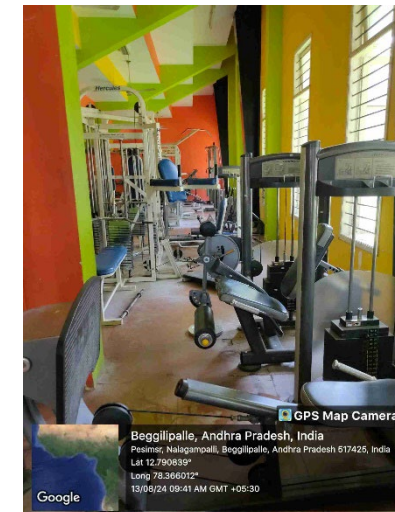
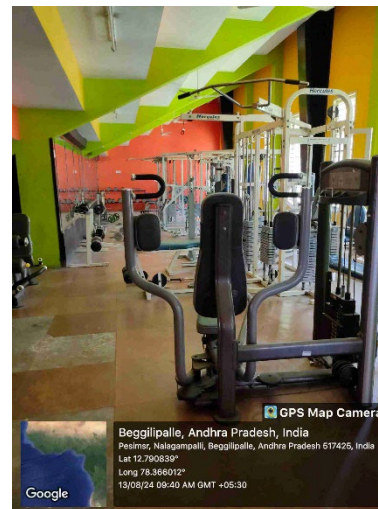
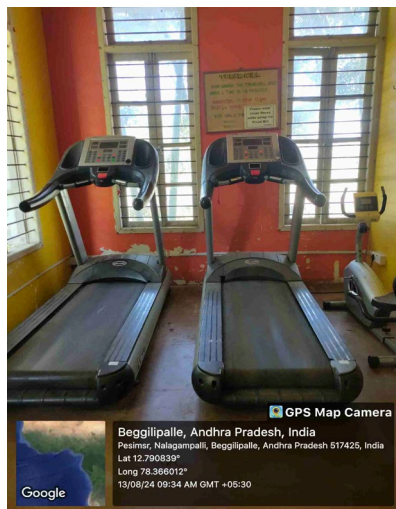
## PESIMSR Cricket Ground



## Indoor Sports Facilities



## PESIMSR Gymnasium



Detailed information of geotagged facilities is uploaded in the Additional information